



# PCISA GIRLS HIGH SCHOOL INVITATIONAL

Hosted by San Diego Yacht Club & the  
Pacific Coast Interscholastic Sailing Association



October 18-19, 2014

## SAILING INSTRUCTIONS

### 1. RULES

The regatta will be governed by *The Racing Rules of Sailing 2013-2016 (RRS)*, the current ISSA Procedural Rules, the Notice of Race, and these Sailing Instructions (including Attachments A & B).

### 2. ENTRIES

Teams must check-in between 0900-1000 hours on Saturday, October 19th.

### 3. COMMUNICATION WITH COMPETITORS

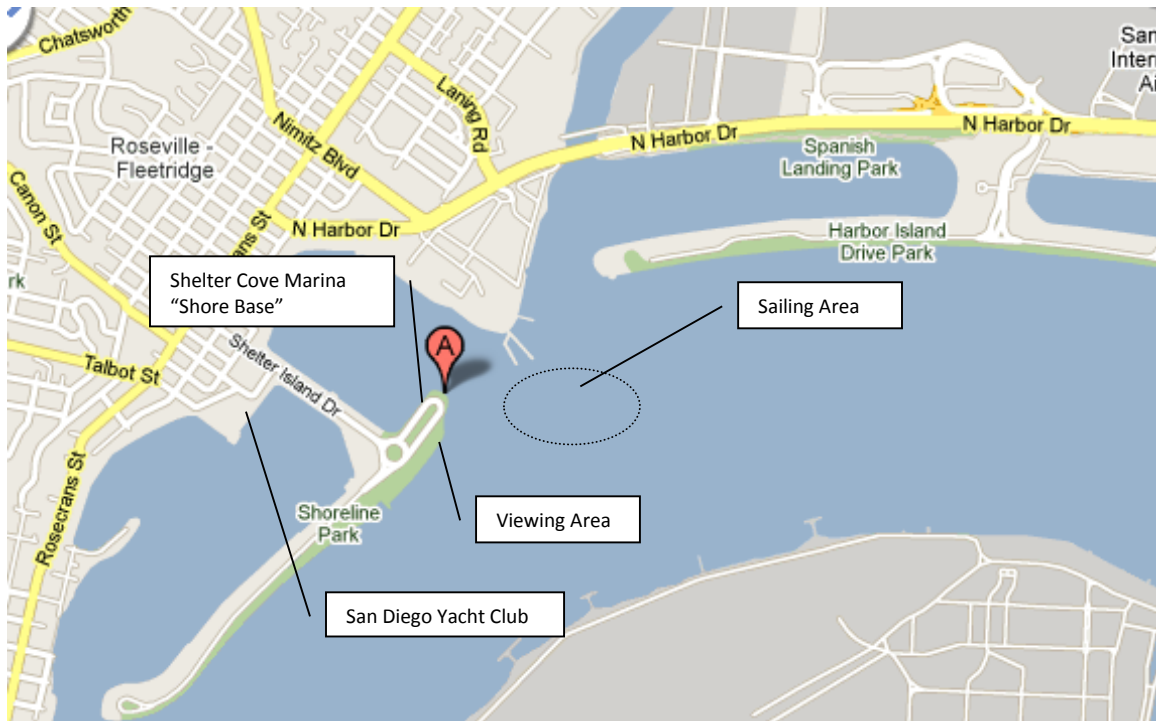
- 3.1** A MANDATORY Sailor's Meeting will be held at SDYC outside the Jessop Classroom on Saturday, October 18th at 1000 hours.
- 3.2** Official Notices will be posted on the Official Regatta Notice Board located on the east side of the Malin Burnham Sailing Center. There may be an unofficial Notice Board located near the Shelter Cove Marina (hereafter referred to as "Shore Base"). Shore Base is also the location for the boat rotation.
- 3.3** Changes to the Sailing Instructions will be posted by 1000 hours on the day they are to take effect, except any changes to Sailing Instruction 4, Number & Schedule of Races, will be posted by 1900 hours on the day before they take effect.

### 4. SCHEDULE

Saturday, October 18, 2014	
0900-1000	Rigging and Final Registration, Hosted Breakfast
1000	MANDATORY Sailor's Meeting ( <i>Jessop Classroom at SDYC</i> )
1100	First Warning - racing will continue throughout the day ( <i>no lunch break</i> )
Sunday, October 19, 2014	
0900	Hosted Breakfast
0930	Sailor's Meeting ( <i>Jessop Classroom at SDYC</i> )
1000	First Warning - racing will continue throughout the day ( <i>no lunch break</i> )
1500	No race will be started after this time
After Racing	Awards Presentation at San Diego Yacht Club

### 5. RACING AREA

The intended racing area will be in San Diego Bay between Shelter Island and Harbor Island. The nearest viewing point is the north end of Shelter Island (either side of the Bali Hai restaurant). If necessary due to weather conditions, a secondary racing area may be used in La Playa basin (beside SDYC).



**6. COURSES & MARKS**

- 6.1 Courses will be in accordance with ISSA PR 7.7. See Attachment A for the course chart.
- 6.2 The Race Committee may designate course selection orally.
- 6.3 All marks will be orange balls.
- 6.4 In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.

**7. SHORTENING AND ABANDONING RACES**

- 7.1 In accordance with ISSA PR 7.7(d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible.

**8. START, FINISH, AND RECALLS**

- 8.1 Races will start in accordance with ISSA PR 7.8(a).
- 8.2 Individual recalls will be made in accordance with RRS Appendix S6.
- 8.3 General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b).
- 8.4 The start line will be between an Orange Flag on the Finish boat and an Orange ball. The start line may also serve as a finish line, depending on the course selected. The start line is not restricted during racing.
- 8.5 The finish line will be between an Orange Flag on the Finish boat and an Orange ball.

**9. TIME LIMIT**

- 9.1 A boat failing to finish within 10 minutes after the first competitor sails the course shall be scored "Did Not Finish (DNF)" by the Race Committee. This changes RRS 35.
- 9.2 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

## **10. JUDGING**

Judges or observers may be on the water. They will act in accordance with ISSA PR, Appendix 4. Jury will hear protests either at the Shore Base or in the Malin Burnham Sailing Center at SDYC.

## **11. PROTESTS & BREAKDOWNS**

11.1 Protests procedure will be in accordance with ISSA PR Part VI, as amended by PCISA.

11.2 Competitors shall not communicate with a coach before reporting to the Race Committee their intent to protest.

11.3 Protests and requests for redress shall be written on Protest Forms, available at the Shore Base. Protests shall be filed within 30 minutes of the last boat reaching the rotation site after the set the incident occurred. If it is the final set of the day, protests will be filed within 30 minutes of the last boat reaching the SDYC dock.

11.4 Breakdown requests shall be filed in the same manner as protests and shall be scored in accordance with ISSA PR 9(f). Compensation shall be consistent with ISSA PR Appendix 3.

## **12. SCORING:**

12.1 Scoring will be in accordance with ISSA PR 9.

## **13. COACHING**

13.1 Team-leaders, chaperones, advisors, coaches and other support personnel shall not have any contact with the competitors while afloat in the sailing area from October 18, 2014 through October 19, 2014 unless with the permission of the Race Committee. All coaching, crew rotation, exchange of clothing/food/drink and communication shall only occur on the rotation dock unless otherwise instructed by the Race Committee. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

13.2 Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore.

## **14. SAFETY**

14.1 Competitors shall wear USCG approved Type III lifejackets on top of all clothing while on the water except when adding or removing clothes.

14.2 A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

## **15. DISPOSAL OF WASTE OR TRASH**

15.1 No boat shall discharge trash of any kind into the San Diego Bay. Any boat observed breaking this rule is subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. This changes RRS 60.1(a) and 64.1(a).

## **16. PRIZES**

16.1 Take home awards will be provided to the top three placing teams.

## **ATTACHMENT B**

### **COMMERCIAL TRAFFIC, SAFETY**

- B1** Boats shall not impede the passage of commercial vessels and shall comply with the U.S. Inland Navigation Rules Act of 1980.
- B2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta.  
This changes RRS 60.2(a) and 61.3.
- B3** A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- B4** A boat may be penalized independently under B1, B2 and/or B3. A violation of any part this attachment shall not be exonerated by a Scoring Penalty, and a resulting disqualification shall not be excludable under RRS A2. SDYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules.

## ATTACHMENT A OFFICIAL DESCRIPTION OF MARKS AND COURSES

<u>MARK</u>	<u>DESCRIPTION</u>
<b>1</b>	Inflatable orange buoy set as a Windward mark.
<b>2</b>	Inflatable orange buoy set as a Leeward mark. Two buoys may be set as a leeward gate.
<b>3</b>	Inflatable orange buoy set as a Reach mark.
<b>F1</b>	Finish to Windward with Mark 1 serving as the finish pin. Between orange flag on the Finish Line Boat and the Pin End of the Finish Line.
<b>F2</b>	Finish between orange flag on the Race Committee Start/Finish Line Boat and the Pin End of the Start/Finish Line.

*\*If any of the above marks are off station, they may be replaced by a temporary orange buoy*

<u>COURSE</u>	<u>ROUNDING ORDER</u>
<b>1</b>	Start → 1 → 2 → F1
<b>2</b>	Start → 1 → 2 → 1 → 2 → F1
<b>3</b>	Start → 1 → 2 → F2
<b>4</b>	Start → 1 → 2 → 1 → 2 → F2
<b>5</b>	Start → 1 → 3 → 2 → 1 → 3 → 2 → F1
<b>6</b>	Start → 1 → 3 → 2 → 1 → 3 → 2 → F2

