

2015 MISSA CRESSY QUALIFIER

White Bear Sailing School

September 19-20, 2015

SAILING INSTRUCTIONS

1. RULES:

The regatta will be governed by the 2013-2016 Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association, the International Laser Class Rules, the Interscholastic Sailing Association Procedural Rules, MISSA procedural rules, the Notice of Race, and the Sailing Instructions.

2. BOATS:

Laser Radial, Laser Standard. Provide your own boat.

3. ELIGIBILITY and ENTRY:

Competing schools must be members in good standing of ISSA and meet ISSA eligibility rules as prescribed in the ISSA Procedural Rules. ISSA membership will be verified prior to registration. Students in grades 9 - 12 are eligible to compete.

4. CHANGES TO SAILING INSTRUCTIONS:

Any changes to the schedule or Sailing Instructions will be posted on the Official Notice Board which will be found inside the WBYC Lakeside Pavilion.

5. SCHEDULE

Saturday, September 19th

<i>8:00 - 8:45am</i>	Registration & Boat set-up at WBSS
<i>8:45 - 9:00am</i>	Mandatory Coaches Meeting
<i>9:00 - 9:15am</i>	Mandatory Competitors Meeting
<i>9:45am -</i>	Starting time for first race (changes to the first start time may be announced at Competitors Meeting). Sailing will continue throughout the day. No races will be started after 5:00pm

Sunday, September 20th

<i>8:30 - 9:00am</i>	Boat Set-up
<i>9:00 - 9:15am</i>	Mandatory Competitors Meeting
<i>9:45am</i>	Starting time for first race (changes to the first start of the day may be announced the night before or at the Competitors Meeting)
<i>1:30pm</i>	NO RACE will be started after this time. Awards Presentation – 1 hour after the last race

6. RACING AREA:

The Racing Area will be the waters of White Bear Lake.

7. COURSES:

ISSA approved courses. All marks will be orange and green inflatable cylinders and balls. Starting sequence shall be 3-minute dingy starts per RRS appendix S. See Appendix A & Appendix B.

8. SCORING:

The regatta will be scored using ISSA Procedural rules. No scores will be excluded.

9. INDIVIDUAL/ GENERAL RECALLS:

Code Flag "X" may be displayed for individual recalls. It is the responsibility of the yacht to make a proper start. Failure of the Race Committee to make these signals or failure of a starter on the course side to see or hear these signals shall not relieve the offending yacht from restarting and is not grounds for redress.

After a General Recall, the "Round-the-Ends Rule" RRS 30.1 shall apply.

Code flag "I" need not be displayed.

10. PROTESTS:

A boat intending to protest must hail the word "Protest" and hail the sail number of the boat they intend to protest at the first reasonable opportunity.

A competitor shall not communicate with anyone other than teammates or other competitors before reporting to the Race Committee on the signal boat an intention to file a protest. Breaking this rule may be grounds for closing the protest hearing.

Upon finishing and before the next warning signal or before the single boat pulls anchor, a boat intending to protest shall inform the signal boat of their intention to protest and file a protest form as soon as they reach shore.

A hearing may be re-opened under RRS 66 at the discretion of the Protest Committee.

11. COACHING:

All coaches must be registered in accordance with MISSA By-Laws, Section 3 "Registration Coaches." The Race Committee shall designate the area, which may be on shore or from a boat, where competitors may receive coaching, assistance or sustenance, provided at least one coach from each team has equal access to the area. Contact with competitors shall be limited to an area designated by the RC. It is the responsibility of the coaches to know the limits of their competitors, and thus pull said competitor from racing if conditions exceed their limitations.

12. PERSONAL FLOTATION AND SAFETY:

All competitors, coaches, and regatta officials shall wear USCG approved lifejackets, shore to shore. No exceptions. This changes RRS 40. All student athletes competing in MISSA/ISSA regattas shall wear a uniform designating their high school. Team uniforms for Team Identification, shall be worn, properly, by all competitors while on the water.

13. REGATTA CONTACTS:

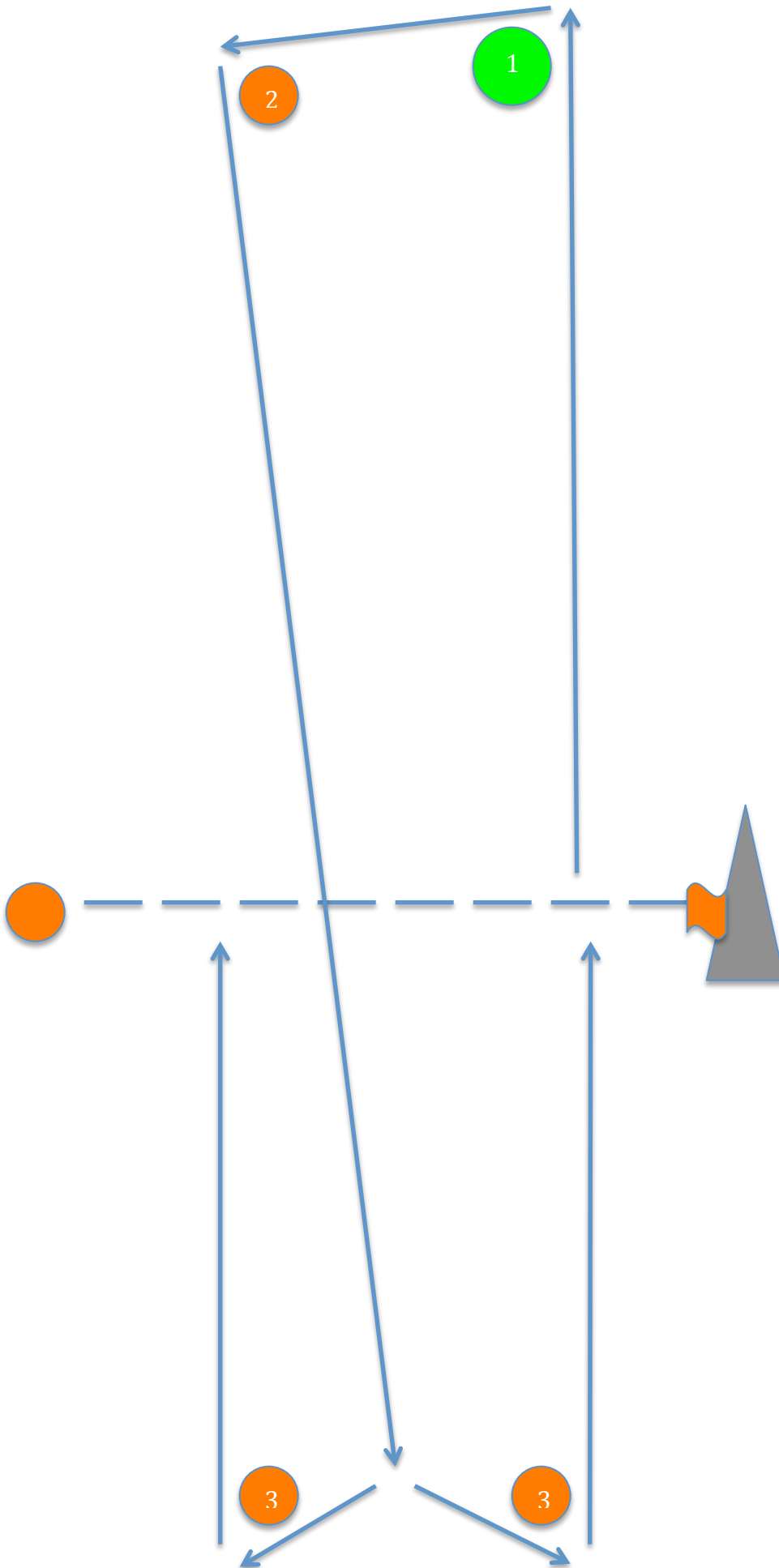
Regatta Chairperson: Nick Hovland
sailwbss@gmail.com 651-429-8395

PRO: John Weiss

APPENDIX A

The Start will be between mark "Start/Finish" and an ORANGE flag on the RC boat. After start is as follows:

After Start the Laser Radial and Full class will head to mark "1," mark "2", mark "3" (Leeward Gate), then back to mark "Start/Finish"



APPENDIX B

The Start will be between mark "Start" and an ORANGE flag on the RC boat. After start is as follows:

After Start the Laser Radial and Full class will then head to mark "W1," mark "W2," continue to mark "L1," mark "W1," mark "W2," mark "L1," then head to Finish. The finish will be on the Starboard side of the RC boat between a BLUE flag and mark "Finish." All mark rounding will be made to port.

Leeward gate may be added to if PRO deems necessary. If there a gate is added, competitors will be required to pass between the two buoys before proceeding to the finish.

