



**2018 MASSA Fall Fleet Race Championship
Youth Sailing Virginia
October 20-21, 2018**

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US Sailing (RRS), the Interscholastic Sailing Association (ISSA) Procedural Rules, the Mid-Atlantic Sailing Association (MASSA) Procedural Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
- 1.2. RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).
- 1.3. In accordance with RRS 70.5(a) decisions of the protest committee are final, US Sailing permission has been granted.
- 1.4. The Organizing Authority (OA) is the Mid-Atlantic Sailing Association (MASSA) in conjunction with hosts Virginia Interscholastic Sailing Association (VISA) and Youth Sailing Virginia (YSV).

- 2. NOTICE TO COMPETITORS:** Official notices including changes to Sailing Instructions will be posted on the official notice board located at the Youth Sailing Virginia Sailing Center on Fenwick Road, Hampton, VA. Changes to the Sailing Instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. SCHEDULE:

- 3.1. Report time for Saturday, Oct. 20, 2018 will be 8:00 AM. Report time for Sunday, Oct. 21, 2018 is 8:30AM. The number of races each day will be at the discretion of the regatta chairperson.
- 3.2. There is no cut-off time for racing on Saturday Oct. 20, 2018. No race will start after 2:00PM on Sunday Oct. 21, 2018. Trophy presentation will take place as soon as possible after all of the boats are secured and all protests are resolved.
- 3.3. The number of races each day will be at the discretion of the race committee.
- 3.4. Rotation schedules and boat assignments will be posted on Techscore.

4. COURSES AND MARKS:

- 4.1. Courses will be in accordance with ISSA PR 7.7.
 - 4.2. The race committee may designate course selection orally prior to each race.
 - 4.3. All rounding marks will be bright orange APS round marks. Starting and finishing marks will be white or orange round marks.
 - 4.4. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).
 - 4.5. In accordance with ISSA PR 7.7(d), races will not be shortened; they may be abandoned at any time at the discretion of the race committee.
5. **START, FINISH, AND RECALLS:**
- 5.1. Races will start in accordance with ISSA PR 7.8(a).
 - 5.2. Individual recalls will be made in accordance with RRS Appendix U4 and U5.
 - 5.3. General recalls will be signaled by a series of short whistles. After a general recall, the “round the ends” provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).
 - 5.4. The start line will be between a white or orange ball at the port end of the flag and an orange flag on the start boat.
 - 5.5. The finish line will be between a white or orange ball and an orange flag on the finish boat.
6. **BREAKDOWNS:**
- 6.1. Breakdown requests shall be filed in the same manner as protests.
 - 6.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.
7. **PROTESTS:**
- 7.1. Protests procedure will be in accordance with ISSA PR Part VI.
 - 7.2. Per ISSA Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.
 - 7.3. Protests forms will be available on a table near the notice board at the YSV Sailing Center.
 - 7.4. Protests shall be filed within 30 minutes of reaching shore at the conclusion of set, or sailing for the day, whichever comes first for the protestor.
8. **SCORING:** Scoring will be in accordance with ISSA PR 9.
9. **COACHING:**
- 9.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for

failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

- 9.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only between sets on the dock or on shore.

10. **SAFETY:**

- 10.1. Competitors shall wear USCG approved personal flotation device as outlined in ISSA Procedural Rule 2.2.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 10.3. The race committee may ask a boat to retire from the race at any time should their safety be in question.

11. **FORMAT:** The following format will be attempted:

- 11.1 The race committee will attempt to complete a full rotation.
- 11.2 The regatta will have two divisions, Navy rotation. Skipper/crew rotations will occur only on the dock.
- 1.3 The race committee may request a boat to retire from the race at any time should their safety be in question.

12. **TROPHIES:**

- 12.1. Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta.
- 12.2. Teams placing 1st through 6th will be awarded a berth at the Atlantic Coast Championship at the USNA, Annapolis, MD November 10-12, 2018
- 12.3. Teams must notify the MASSA Director as soon as possible after the regatta via email, but no later than Friday October 26 at 5:00pm, of their intention to attend the ACC's. Email: Dr. Randall W. Nunn - MASSADirector@gmail.com