



2019 Atlantic Coast Championship Regatta

Hosted by

Toms River Yacht Club

Barnegat Bay Yacht Racing Association
and Ocean County College

1464 Riviera Avenue
Toms River, NJ 08753

9-10 November 2019

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, (RRS) the prescriptions of US Sailing, the Interscholastic Sailing Association (ISSA) Procedural Rules, the Mid-Atlantic Sailing Association (MASSA) Procedural Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
- 1.2. RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).
- 1.3. In accordance with RRS 70.5(a) decisions of the protest committee are final, US Sailing permission has been granted.
- 1.4. The Organizing Authority (OA) is the Mid-Atlantic Sailing Association (MASSA), in association with NJISA.
- 1.5. ISSA PR 2.5 requiring pinnies to be worn is in effect. A 20 point scoring penalty will be applied accordingly to each division affected. No hearing is required.
- 1.6. RECORD OF PARTICIPATION: Teams must complete the online RP forms in Techscore *before noon Monday, November 11, 2019*. This modifies ISSA PR 4.3 Failure to comply will result in a 20 point penalty per division affected. No hearing is required.
- 1.7. Autobailers will not be used on boats that are equipped - use will be grounds for protest.

2. **NOTICE TO COMPETITORS:** Official notices including changes to the Sailing Instructions will be posted on the Official Notice Board at the Toms River Yacht Club. Changes to the Sailing

Instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. **SCHEDULE:**

Saturday November 9, 2019

0900 Report Time and rigging of boats

0915 Competitors' meeting

Harbor Start will be announced at competitors meeting

First Warning will be as soon as possible after competitors' meeting

The number of races each day will be at the sole discretion of the Race Committee

Sunday November 10, 2019

0900 Report Time and rigging of boats

Harbor start will be announced

First warning as soon as possible after Harbor Start

1500 - No race will start after this time

Trophy presentation immediately following the stowing of the fleet

4. **COURSES AND MARKS:**

4.1. Courses will be in accordance with ISSA PR 7.7.

4.2. The race committee may designate course selection orally prior to each race.

4.3. All rounding marks will be red buoys.

4.4. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

4.5. In accordance with ISSA PR 7.7(d), races will not be shortened; they may be abandoned at any time at the discretion of the race committee.

5. **START, FINISH, AND RECALLS:**

5.1. Races will start in accordance with ISSA PR 7.8(a).

5.2. Individual recalls will be made in accordance with RRS Appendix U4 and U5.

5.3. General recalls will be signaled by a series of short whistles. After a general recall, the "round the ends" provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).

5.4. The start line will be between an orange staff on the Race Committee Boat,

5.5. The finish line will be between an orange staff on the Race Committee boat and an orange buoy on downwind finishes (W-4).

5.6. The finish line will be between an orange staff on the finish boat and an orange buoy on upwind finishes (W-3 & W5).

6. **BREAKDOWNS:**

6.1. Breakdown requests shall be filed in the same manner as protests.

- 6.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

7. **PROTESTS:**

- 7.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 7.2. Per ISSA Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.
- 7.3. Protests forms will be available near the Official Notice Board.
- 7.4. The protesting boat shall attempt to notify the protested boat immediately upon arriving ashore after the race (or set of races) in which the incident occurred. This modifies ISSA PR 16(b)¹ which requires notification “*at the first reasonable opportunity after finishing*”.
- 7.5. Written protests, including requests for redress and breakdowns, shall be filed with the scorer within **30** minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred. This time limit does not apply for a “normal rotation” but shall apply during a shore postponement, lunch break or at the conclusion of racing for the day. This modifies ISSA PR 16(c). Sailors should check the Notice Board for protests and other official announcements throughout the day.
- 7.6. The Protest Deadline Time will be posted on the Office Notice Board

8. **SCORING:** Scoring will be in accordance with ISSA PR 9 and posted online in TechScore

9. **COACHING:**

- 9.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 9.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only between sets on the dock or on shore.

10. **SAFETY:**

- 10.1. Competitors shall wear USCG approved personal flotation device as outlined in ISSA Procedural Rule 2.2.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 10.3. The race committee may ask a boat to retire from the race at any time should their safety be in question.

11. **FORMAT:**

- 11.1 The race committee will attempt to complete a full rotation.
- 11.2 A division will start in 420's & B division in FJ's. Divisions will swap boats on Sunday.

- 11.3 Skipper/crew rotations will occur only on the docks.
- 11.4 If conditions permit, both divisions will be on the water at the same time with separate start sequences announced on the water.

12. **TROPHIES:**

- 12.1. Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta.

REGATTA CONTACTS

PRO Dave Magno - la99magnumforce@gmail.com

Dr. Randall Nunn, MASSA District Director

MASSADistrict@gmail.com cell (732) 581-1100