

2019 Michigan High School Singlehanded State Championship



Macatawa Bay Junior Association
2157 South Shore Drive
Macatawa, Michigan 49434



October 20, 2019

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the US Sailing Association, the International Laser Class Rules, the ISSA Procedural Rules (PR), the MISSA By-laws and District Rules, the NOR, and these Sailing Instructions (SI).
- 1.2. The Laser Standard and Laser Radial shall be sailed singlehanded, this modifies Laser Class 7(a).
- 1.3. The RRS are changed as follows:
 - 1.3.1 Race Signals – Flag AP is changed in SI 2.
 - 1.3.2 The United States Sailing Association prescription to RRS 63.4 will not apply.
 - 1.3.3 RRS 32.1 is modified by SI 6.6
 - 1.3.4 RRS 29 and 30.1 are changed in SI 9
 - 1.3.5 RRS Appendix P will apply as described by ISSA Procedural 14(c) in SI 11
 - 1.3.6 RRS 66 – is changed in SI 13
 - 1.3.7 RRS Appendix A is modified in SI 15

2. SIGNALS MADE ASHORE AND CHANGES TO SAILING INSTRUCTIONS:

- 2.1 When Flag AP is displayed ashore, "1 minute" is replaced by "thirty minutes". This changes RRS Signal AP.
- 2.2 Any changes to these Sailing Instructions will be posted on the Official Notice Board inside the Junior Sailing Center. Changes may also be announced at the Competitors Meeting.

3. SCHEDULE:

Sunday October 20, 2019

0900- Registration & Rigging

0930- Competitors meeting mandatory for all sailors

1030- First Warning

1500- No race shall start after this time, awards to follow.

4. CLASS FLAGS:

Laser Full: White Class Flag. Laser Radial: Red Class Flag.

5. RACING AREA

The Racing Area will be the waters of Lake Macatawa.

6. COURSES:

- 6.1 Course diagrams will be selected from the options illustrated in Appendix A.
- 6.2 Course selection will be displayed on the Signal Boat prior to or with the first warning signal for each race. Display will be a large numeral "2", "3" or "4".
- 6.4 All mark rounding's will be made to port (except Leeward Gate).
- 6.5 Marks shall be rounded as follows:
 - Course "2": Start, mark 1, mark 2, mark 3b, Signal Boat Finish.
 - Course "3": Start, mark 1, mark 2, between marks 3a & 3b, Upwind Finish.
 - Course "4": Start, mark 1, mark 2, between marks 3a & 3b, mark 1, mark 2, mark 3b, Signal Boat Finish.
- 6.6 Courses will not be shortened. This changes RRS 32.1

7. MARKS:

Marks will be orange inflatable cylinders and red balls as described in Appendix A.

8. THE START:

- 8.1 The starting sequence shall be 3-minute audible-signal starts per RRS appendix U.
- 8.2 The Start will be between an inflatable mark and an orange flag on the Signal boat.
- 8.3 RC will announce the start order and the course on a loudhailer.
- 8.4 The first start of the regatta will be the Laser Full class.

9. INDIVIDUAL RECALLS / GENERAL RECALLS:

- 9.1 Recalls will be made in accordance with RRS Appendix U except as modified here in Sailing Instruction 9.
- 9.2 Individual Recalls will be signaled by a single sound. The RC will attempt to hail OCS boats via loud hailer and may display code Flag "X". The following are not grounds for redress: failure of RC to display Flag "X", failure of the RC to hail any or all boats, failure of RC to accurately hail one or more boats, failure of a boat to hear its hail, timeliness of the hail, or the order of boats within the hail.
- 9.3 General Recalls will be signaled by a series of short sounds. RC may but is not required to display code Flag "First Substitute". After a General Recall, the "Round-the-Ends Rule" RRS 30.1 shall apply except that Code flag "I" need not be displayed in accordance with ISSA Procedural Rule 7.8(b). This changes RRS 29 and 30.1. However, RC may display code flag "I" as a courtesy.

10. THE FINISH:

The finish line will be between a Blue flag on the Signal Boat or Finish Boat and a nearby mark as described in Appendix A.

11. PENALTY SYSTEM:

RRS Appendix P will apply as prescribed in ISSA Procedural Rule 14(c).

12. TIME LIMITS:

- 12.1 The time limit for any race will be forty-five (45) minutes for the first boat to finish.
- 12.2 Boats not finishing within fifteen (15) minutes of the first boat to finish will be scored Did Not Finish (DNF) as prescribed in RRS Appendix A.
- 12.3 Boats starting more than five (5) minutes after her starting signal will be scored DNS without a hearing.

13. PROTESTS AND REQUESTS FOR REDRESS:

- 13.1 After finishing each race, all competitors shall stop by the Leeward side of the RC boat to report any association with a protest, any contact or damage between boats or marks, and/or Penalty Turns taken.
- 13.2 The protest time limit is thirty (30) minutes after the RC boat docks. This dock time will be posted on the official notice board.
- 13.3 Per ISSA Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the Race Committee their intent to protest.
- 13.4 Notices will be posted soon after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and of the location of the hearings.
- 13.5 A request for reopening a hearing shall be delivered — (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day or (b) no later than thirty (30) minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.
- 13.6 Protest forms can be found on the registration table next to the Sailing Director's office.

14. COACHING:

- 14.1 It is the responsibility of the coaches to know the limits of their competitors, and thus pull said competitor from racing if conditions exceed their limitations.
- 14.2 The Race Committee shall designate the area where competitors may receive coaching, assistance or sustenance, provided at least one coach from each team has equal access to the area. Contact with competitors shall be limited to the designated area.
- 14.3 Team-leaders, chaperones, advisors, coaches and other support personnel shall not go afloat outside the designated area, unless granted permission by the RC or Event Chairperson.

15. SCORING

- 15.1 Scoring will be according to RRS Appendix A as modified by ISSA Procedural Rule 9.
- 15.2 A boat's series score will be the total of her race scores. This changes RRS Appendix A2.
- 15.3 One race is required to be completed to constitute a regatta.

16. SAFETY

- 16.1 Competitors and coaches are required to wear US Coast Guard personal flotation devices from dock-to-dock as prescribed in ISSA Procedural Rule 2. This changes the preamble to RRS Part 4 and RRS 40.
- 16.2 All student athletes competing in MISSA/ISSA regattas shall wear a uniform designating their high school. Team uniforms for Team Identification, shall be worn, properly, by all competitors while on the water.
- 16.3 Sailors are asked to check-in before the first warning signal by sailing past the stern of the Signal Boat and hailing their sail #. There will be no penalty for not checking in.
- 16.4 A boat that retires from a race or leaves the racing area is requested to notify the RC either on the water or ashore. A boat that subsequently returns to the racing area is asked to check in with the Signal Boat as in 17.3. There will be no penalty for not checking out or back in.

17. SCORING:

Prizes may be awarded upon the completion of the regatta.

18. GREEN INITIATIVE:

The Organizing Authority asks that all sailors, coaches and parents bring and use refillable bottles.

19. OFFICIAL NOTICE FOR ALL TEAMS:

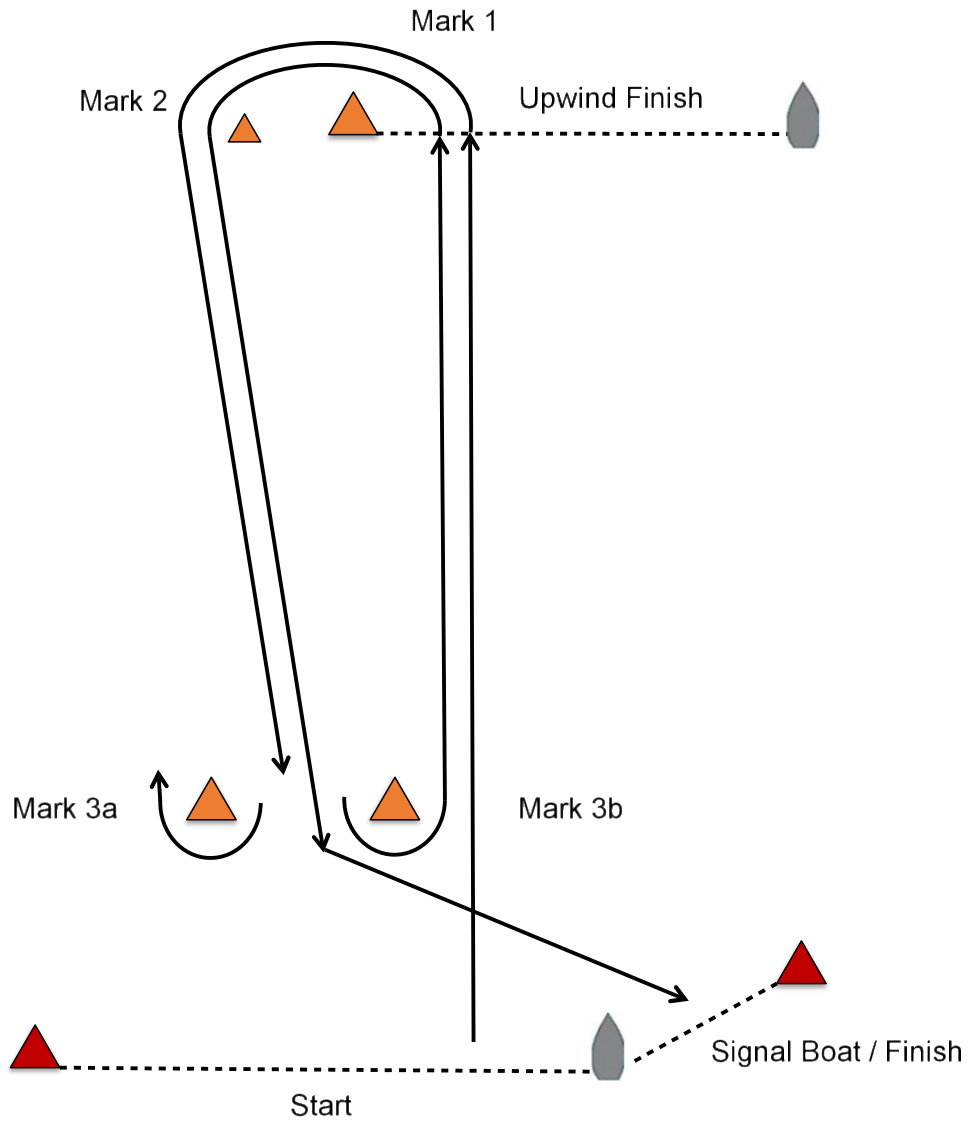
Macatawa Bay Junior Association and Macatawa Bay Yacht Club and its officers, members, employees, and race committee assume and accept no responsibility for property damage to any boat or personal injury to any skipper, crew, or friends incurred while participating in this regatta, including pre- and post-race activities. It is the responsibility of the skipper, along with his/her coach, advisor, and/or parent(s) to assess the condition of his/her boat, whether he/she owns said boat, and its suitability for the weather expected during the race, and to decide whether to start or continue any race.

20. REGATTA CONTACTS:

Regatta Chair/OA: Nick Hovland - nick@mbja.org - 701.388.6612

PRO: Scott Corder - scorday@pathwaynet.com - 616.485.3400

APPENDIX A



Course Descriptions and rounding order:

Course "2": Start, Mark 1, Mark 2, Mark 3b, Finish

Course "3": Start, Mark 1, Mark 2, Mark 3a or 3b, Upwind Finish

Course "4": Start, Mark 1, Mark 2, Mark 3a or 3b, Mark 1, Mark 2, Mark 3b, Finish