

## **MASSA CoVID Protocols Fall 2021 (Revised 10/01/2021)**

All MASSA regattas shall follow the following protocols for the Spring 2021 season:

1. **No Competitors Meetings or Gatherings.** There shall be no Competitors' Meeting or other organized gathering of competitors. Instead, the information shared at the Competitor's Meetings shall be shared as follows:
  - a. The Sailing Instructions shall be contained in the MASSA District Rules. Addenda to the SI's and NOR's will be shared as google docs on-line setting forth the basic instructions governing the regatta.
  - b. Regatta Chairs shall provide each team representative or coach a copy of any host or venue specific requirements including logistics (where parking is allowed, where bathrooms are located, launching instructions, locations for viewing and substitutions, etc.) and any changes to the sailing instructions.
  - c. At the option of the PRO a virtual meeting may be considered.
2. **Boat Assignments - No Rotations.** Each team will be assigned specific boats, and teams shall not rotate through boats. Prior to each regatta, the MASSA President or designee shall review boat assignments to assure fairness.
  - a. A random selection process shall be employed.
3. **Pre-Regatta Procedures.**
  - a. The Competing Team duties include:
    - i. Administer CDC COVID screening questions (<https://www.cdc.gov/screening/paper-version.pdf>) to each person (spectator, coach, volunteer or sailor) entering the regatta venue before they may enter the venue.
    - ii. Require each person entering the regatta venue to wear an appropriate face covering (mask or gaiter).
4. **Arrival time.** Teams will be assigned staggered arrival/rig times by the host venue.
5. **Rig-up and Launching.** Each Regatta Host Venue shall provide regatta launch instructions that incorporate the following concepts:
  - a. Teams rigging boats shall be no less than 6 feet from other teams. This requirement will mean at most venues that only every-other boat

may be rigged at one time and that the teams rigging boats must launch and depart the dock before the adjoining boats may be rigged.

- b. Teams launching boats shall remain at least 6 feet from other teams.
- c. Teams shall rig, launch and depart the launching area promptly. Teams may be penalized if its delays cause delay to the regatta.

**6. Substitution Dock.**

- a. Each Team shall be set up in a space on the substitution dock or on land nearby with ample room for reasonable distancing among team members. Team areas shall be separated by a minimum of 8 feet.
- b. Team members, coaches and designated team representatives may be on the substitution dock. Spectators shall not be allowed on the substitution dock.

**7. Substitutions (A/B switches and other substitutions).** Boats may temporarily land at the substitution dock subject to the following rules:

- a. Boats may land only at locations where a seaman-like landing is appropriate (eg - downwind or cross-wind dock faces, etc.).
- b. Teams shall land only when (i) a space 6 feet from any other boat is available and (ii) team-mates to be substituted into the boat are present and prepared to make substitutions.
- c. Team-members shall promptly switch into the boats and depart the dock if any boats are waiting to dock for substitutions. If repairs are required, repairs may be made at the substitution dock or at such other locations as the regatta host designates.
- d. Coaches shall not delay substitutions with coaching or instructions if any boat is waiting to land for a substitution.

**8. Coaching from the Substitution Dock.**

- a. Coaches shall not delay substitutions with coaching instructions.
- b. If available, given wind conditions and directions, coaches may find other areas to coach from the dock provided they do not infringe on individual team spaces.
- c. Coaches shall maintain team social distancing of no less than six (6) feet from other teams.

**9. De-rig.**

- a. Boats returning to be hauled and de-rigged shall not approach the dock or ramp until ample space of at least 6 feet from all other boats is available.

- b. Teams shall promptly haul, de-rig and depart from the dock in order to allow others space to haul and de-rig.

**10. Face Covering.**

- a. Masks or gaiters are required by MASSA at all indoor spaces within the regatta venue and outdoors when within ten feet of other individuals, except while sailing or within the Team's designated space on the dock, or on land.
- b. Face coverings are not required by MASSA while competitors are sailing (but may be required by coaches or teams dependent on testing, coach, school, parent and other internal team considerations).

**11. Protest hearings.**

- a. Regatta hosts may require that protests be heard after the event by zoom or other remote video access.
- b. If protests are to be heard on-site at the regatta, ample room shall be provided to adhere to appropriate social distancing and only out-door or other well ventilated spaces may be used. Face coverings must be worn indoors.

**12. Spectators.**

- a. Spectators are not allowed in rig-up/launch areas, on substitution dock or in individual Team Designated Areas.
- b. Venues may designate a spectator area.
- c. Spectators shall be required to wear face coverings within all allowed indoor areas of the regatta venue and shall be required to practice appropriate social distancing. Consenting adults may forgo face coverings in proximity of one another outdoors, but must remain ten feet from other individuals/groups.

**13. Venues**

- a. Participants and coaches may be required to sign venue specific COVID waivers.
- b. Venues may have additional specific protocols that must be adhered to.

**14. Team responsibility**

- a. Individual teams are welcome to develop protocols in addition to these which may include face coverings (gaiters) on the water, consistent skipper/crew pairs, social distancing within your group, symptom surveys, etc.

- b. It is recommended that teams have a designated adult (not coach) at each event responsible for ensuring that MASSA and team protocols are adhered to.

### **15. Positive and Suspected CoVID Cases**

- a. If an individual sailor or coach either tests positive prior to the event or has a suspected case of CoVID or CoVID-like illness, the sailor's guardian or coach will immediately notify their league in writing.
- b. The individual sailor or coach who either tests positive or has a suspected case of CoVID or CoVID-like illness, will be prohibited from attending regattas for the period recommended by the current CDC guidelines, or until they present written medical clearance to return to social activities to MASSA.
- c. The team of a positive or suspected case of CoVID or CoVID-like illness shall not attend MASSA regattas for a period after last contact with the ill sailor as prescribed by the current CDC guidelines. This prohibition from regatta attendance extends to any team that practices, with the positive or suspected case, with the exception of on the water drills and racing.
- d. If an individual sailor or coach either tests positive within 1 week after attending a MASSA event or has a suspected case of CoVID or CoVID-like illness, the sailor's guardian or coach will immediately notify the District in writing.
- e. Current CDC guidelines:  
<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>