



# ISSA Singlehanded Championship for The Cressy Trophy

Hosted by Old Dominion University

Norfolk, Virginia

October 29-30, 2022

## Notice of Race

### 1. RULES

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), the current Inter-Scholastic Sailing Association (ISSA) Procedural Rules (PR), The Scholastic Dinghy Class Rules, the ISSA Cressy Championship Conditions and General Championship Conditions, this Notice of Race, and the Sailing Instructions.
- 1.2. The US Sailing Prescriptions to RRS 63.1 and 63.2 shall not apply.
- 1.3. The Organizing Authority is the ISSA, Mid-Atlantic Scholastic Sailing Association (MASSA), and Old Dominion University Sailing.
- 1.4. RRS Appendix P is in effect modified per ISSA Procedural Rule 14(c).

### 2. ELIGIBILITY

- 2.1. Competing schools must be members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.
- 2.2. Selection of competing schools will be by district elimination. The regatta has 18 ILCA 6, and 18 ILCA 7 berths. Allocations are determined by the ISSA Board. Schools should contact their district directors to find out details on district qualifiers.

### 3. REGISTRATION AND ENTRY FEE

- 3.1. The Entry Fee is \$150 per competitor payable during online registration via credit card. Entry fee includes racing, post racing snacks on Saturday, post racing pizza on Sunday, and regatta souvenir.
- 3.2. Eligible schools and sailors must enter by submitting an official online entry form at <https://hssailing.org/schedule-results/details/2022-2023-issa-cressy-singlehanded-national-championship>, and making payment
- 3.3. The entry deadline is October 21, 2022.
- 3.4. Teams unable to compete must notify the Regatta Chairperson and ISSA via the MASSA Director below as soon as possible. ISSA will reallocate vacant district quotas. The first open allocation will go to the host district. A berth becomes vacant when the qualifying district becomes unable to fill the berth.

### 4. Equipment

- 4.1. There will be 2 divisions ILCA 6, and ILCA 7
- 4.2. Class legal ILCA 6 & 7 equipment shall be used.
- 4.3. Provided sails shall be used.
- 4.4. Up to 12 ILCA 7, and 12 ILCA 6 boats and rigs will be available for charter from official supplier, Zim Sailing. These charters will be allocated based on geographic parameters

by the OA. The ISSA has preauthorized charter distribution as follows until 11:59pm EDT October 12, 2022:

These are first come, first serve within each district's allocated boats.

<u>DISTRICT</u>	<u>ILCA 6 Allocation (pre-10/12)</u>	<u>ILCA 7 Allocation (pre-10/12)</u>
PCISA	3	3
NWISA	1	1
NESSA	2	2
MISSA	3	3
SEISA	1	1
SAISA	1	1
MASSA	1	1

4.5. After 12:00am Oct. 13, any unclaimed charter boats will be available for charter to all competitors regardless of district on a first-come, first-serve basis. Unclaimed charter boats may be chartered as either ILCA 6 or ILCA 7 rigs

4.6. Charter information can be found at <https://zimsailing.com/Cressy/>

4.7. ILCA Class legal electronic or analog compasses are permitted. This changes PR 7.11.

4.8. Boats will not be rotated.

## 5. SCHEDULE OF EVENTS

### Friday October 28, 2022

1:00-5:30pm On-site Registration at ODU Sailing Center, Charter boat pick-up, and sail assignment. Venue is open for practice.

### Saturday October 29, 2022

9:00am Report Time, On-site registration.

9:15am Competitors' Meeting

10:15am First Warning

Post racing snacks

### Sunday October 30, 2022

9:00am Report Time

10:00am First Warning

4:00pm No Warning Signal will be sounded after this time.

Trophy presentation and pizza will be ASAP after racing concludes.

## 6. SAILING INSTRUCTIONS and OFFICIAL NOTICE BOARD

Sailing Instructions will be available at on Techscore.

**7. RACING AREA**

The Racing Area will be in the Elizabeth River west of the Old Dominion University campus near the mouth of the Lafayette River.

**8. EVENT SITE**

Physical address:

[Old Dominion University Sailing Center](#)  
[4551 Powhatan Avenue](#)  
[Norfolk VA 23529](#)

Mailing Address:

Old Dominion University Sailing  
Athletic Administration Building  
Norfolk, VA 23529

**9. SAFETY**

ISSA PR 2 applies, including 2.4 and 2.5, requiring team uniforms to be worn.

**10. PRIZES**

Prizes will be awarded for 1st, 2nd, and 3rd in the regatta for each fleet. The top school will have its name engraved on the perpetual Cressy Trophy.

**11. TRANSPORTATION AND HOUSING**

A curtesy event room block has been reserved at the **SpringHill Suites Norfolk Old Dominion University** (4500 Hampton Blvd. Norfolk VA 23508) Phone: 757-423-4100

Reference "Sailing Championships"

Housing is not provided.

The Norfolk International Airport (ORF) is 9 miles from ODU's campus.

Newport News Airport (PHF) is 27 miles from ODU's campus.

**12. COACHING**

ISSA PR 8 will apply. Coaching may only take place from shore or a host provided boat.

**13. PHOTOGRAPHY CONSENT**

By entering the Championships competitors accept that they may be photographed and/or videotaped participating in the races and/or using the host's facilities and they consent to taking of such images and to the use, reuse, publication, and republication of such images in any media, in conjunction with the competitor's name or not, without compensation and without competitor approval of such images or any use thereof. Boats may be required to carry cameras, sound equipment or positioning equipment.

**14. OFFICIAL NOTICE**

No contestant shall use, either on or off the water, marijuana, or any other controlled substance, as defined in 21 U.S. Code 802, the possession of which is unlawful under U.S. Code 841, or alcoholic beverages (distilled spirits, wine, and beer, each as defined in Chapter 51 of the U.S. Internal Revenue Code and intended for beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source, alleging such a breach a protest committee consisting of the

regatta chairperson, a member of the ISSA Board of Directors, and the chairperson of the protest committee, shall follow the process described in RRS 69.1(b). If a hearing under RRS 69 is held, a competitor found to have breached this procedural rule shall be excluded from the remaining races of the series and, where practical, be removed from the regatta venues and sent home. Additional penalties consistent with RRS 69.2 may be imposed on the competitor or the competitor's team. This regulation is in effect during the entire event from the date and time of arrival through the date and time of departure from the regatta site.

**15. WAIVER OF LIABILITY**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

**16. REGATTA CONTACT**

Mitch Brindley  
Head Coach Old Dominion University  
757-683-3387 [mbrindle@odu.edu](mailto:mbrindle@odu.edu)

Dr. Randall Nunn  
*MASSA District Director* - [MASSADistrict@gmail.com](mailto:MASSADistrict@gmail.com), 732-581-1100