

ISSA
Keelboat National Championship
St Pete YC
December 8-10, 2023

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta is governed by the current Racing Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with the St Petersburg Yacht Club.
- 1.3. If the Race Committee signal boat flies code flag Y prior to any start, spinnakers will not be permitted during that race.
- 1.4. Teams will draw for boats at regatta check in and will remain in the same boat until the end of sailing on Saturday. At that point in time, teams will move up one boat for racing on Sunday. Each team will be assigned a spinnaker at check in and that spinnaker will remain with that team for the duration of the event.
- 1.5. J 70 Class rules C3.3 and C9.4b are in effect.
- 1.6. RRS 44.1 is changed to require a boat to take a one-turn penalty for breaking a rule of part 2.
- 1.7. Appendix 1, 2 and 3 of these Sailing Instructions are in effect for the entire duration of the event.

2. NOTICE TO COMPETITORS:

Official notices including changes to sailing instructions will be posted on the official notice board located at www.scores.hssailing.org. Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. SCHEDULE:

- 3.1. Report time will be 0830 both Saturday and Sunday and the first warning signal will be at 1000.
- 3.2. The race committee will attempt to complete 10 races.

4. COURSES AND MARKS:

- 4.1. Courses will be in accordance with ISSA PR 7.7. The race committee may designate course selection orally.
- 4.2. Course Marks will be orange inflatable balls.
- 4.3. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

5. SHORTENING AND ABANDONING RACES:

In accordance with ISSA PR 7.7(d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.

6. START, FINISH, AND RECALLS:

- 6.1. Races will start in accordance with ISSA PR 7.9(a).
- 6.2. Individual recalls will be made in accordance with RRS Appendix U4 except that an X Flag will be displayed.
- 6.3. General recalls will be signaled by a series of short horns. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).
- 6.4. The start line will be between an orange flag on the RC signal boat at the starboard end and yellow cylinder at the port end of the starting line.
- 6.5. The finish line will be between a blue flag on the RC Signal boat and the windward side of a yellow cylinder.

7. BREAKDOWNS:

- 7.1. Any boat suffering a breakdown shall fly an L flag from her backstay immediately after finishing. Breakdowns shall be scored in accordance with **ISSA PR 9(e)**. Compensation shall be consistent with ISSA PR Appendix 3.

8. PROTESTS:

- 8.1. Protest procedure will be in accordance with **ISSA PR Part VI**. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

9. SCORING:

Scoring will be in accordance with **ISSA PR 9**.

10. COACHING:

- 10.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 10.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or areas designated by the regatta chairperson.

11. SAFETY:

- 11.1. Per Procedural Rule 2.2, competitors shall wear USCG approved Type III or V lifejackets. Inflatable type lifejackets are not permitted.
- 11.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

12. FORMAT:

The regatta will be a single division series of 10 races. Teams will draw for boats at regatta check in and will remain in the same boat till the end of sailing on Saturday. At that point in time, teams will move up one boat for racing on Sunday.

13.1. TROPHIES:

- 13.2. The top placed team will receive the Mendelblatt Family Trophy for High School Keelboat Racing. Trophies will be awarded to the teams placing 1st through 3rd.

14. WAIVER OF LIABILITY:

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

15. RIGHTS TO USE NAME AND LIKENESS:

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

Appendix 1

Handling of the boats

1 General

While all reasonable steps are taken to equalize the boats, variations will not be grounds for granting redress (changes rule 62).

2 Prohibited items and actions

Except in an emergency or in order to prevent damage or injury, or when directed by the RC otherwise, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth or mooring without having permission from the RC, or, on race days, while "AP" is displayed ashore.
- 2.11 Attaching lines to the fabric of spinnakers.
- 2.12 Perforating sails, even to attach tell tales.
- 2.13 Radio transmission while racing (including mobile telephones), except to report damage or in response to a request from the RC.
- 2.14 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.15 Using a reef line as an outhaul.
- 2.16 Omitting any headsail car or turning block before sheeting.
- 2.17 The use of electronic instruments other than compass and watches.
- 2.18 The use of kelp cutters on the keel.
- 2.19 Marking directly on the hull or deck with permanent ink.
- 2.20 Using a compass, other than the boat's compass or a handheld compass. The handheld compass shall not be affixed to the boat or rigging. A handheld compass is permitted to be electronic, but shall have no tactical capability. GPS compasses are specifically prohibited.
- 2.21 The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited. Penalties for breaches of this rule will be RC initiated.

3 Permitted items and actions

The following are permitted:

- 3.1 Taking a bag on board containing:
 - (a) basic hand tools
 - (b) adhesive tape (non-residue-leaving)
 - (c) line (elastic or otherwise of 4 mm diameter or less)

- (d) marking pens (not permanent markers)
- (e) tell tale material
- (f) hand held compass
- (g) shackles and clevis pins
- (h) velcro tape
- (i) spare flags

3.2 Using the contents of the bag to:

- (a) prevent fouling of lines, sails and sheets
- (b) attach tell tales
- (c) prevent sails being damaged or falling overboard
- (d) mark control settings
- (e) make minor repairs

3.3 Changing the purchase of the mainsheet, provided it is restored to its original configuration before leaving the boat.

4 Mandatory items and actions

The following are mandatory:

4.1 At the conclusion of sailing each day, the skipper shall complete and sign a written damage report and submit it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters that could cause damage or disadvantage to the boat in future races.

4.2 At the end of each sailing day:

- (a) Folding or rolling, bagging and placement of the sails as directed
- (b) Leaving the boat in the same state of cleanliness as when first boarded that day.

4.3 At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash and removing all tape and marks.

4.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes or no answer.

4.5 Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth.

4.6 Infringement of items 4.2 and 4.3 will be considered damage and the cost of rectification will be deducted from the damage deposit.

Appendix 2

Equipment List

The following non-fixed items provided by the OA, are to be carried on board at all times while racing in their designated space. Any loss is to be reported to the OA during the daily filing of damage reports.

Sails and Equipment:

- Mainsail and set of battens
- Headsail
- Spinnaker
- 3 sail bags
- Headsail cover
- One spinnaker sheet
- One Tack line
- One jib sheet
- Two headsail cars
- One lifejacket per person
- Two mooring lines
- Two fenders

Appendix 3

PENALTIES FOR DAMAGE RESULTING FROM CONTACT BETWEEN BOATS RACING

This addendum explains how damage will be assessed and prescribes the appropriate level of penalties. The Protest Committee may impose additional penalties if it has good reasons to do so. There are a number of things we are trying to achieve with penalties for damage:

- Minimize damage to keep costs down and avoid delays while boats are repaired.
- Ensure that penalties are consistent and fit the breach.
- Keep race results 'on the water'.

Damage Levels

Level	Extent	Effect
Level A – Minor Damage	Up to 1 man-hour to fix	Boat may race without repair
Level B – Significant damage	More than 1 and up to 5 man-hours to fix	Boat may need some (temporary) work before racing again
Level C – Major Damage	More than 5 man-hours to fix	Significant work required before racing again

Deductions from Damage Deposits

Any deductions from damage deposits are a matter for the Organizing Authority and do not affect any race results.

Appendix 4

(Course Diagram not to Scale)



1a



1



2g



Start/Finish

Start-1-1a-2g-1-1a-Finish

