



MISSA Cressy Qualifier

September 16 & 17, 2023

Hosted by Lake Forest Sailing & MISSA

Sailing Instructions

1. Rules

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the [ISSA Procedural Rules](#) , [MISSA District Rules](#), the [ISSA Championship Conditions](#) , the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.
- 1.2. The Organizing Authority is the Midwest Interscholastic Sailing Association in Conjunction with the host, Lake Forest Sailing.

2. Notice to Competitors

- 2.1. Official Notices will be posted on the official notice board located on Techscore. Order or protests, hearing schedule and RC dock time will be posted on the whiteboard under the LF Launch Basin Pavilion.
- 2.2. Changes to the sailing instructions shall be approved by the MISSA Director and will be posted to the official notice board on Techscore with an announcement before taking effect.

3. Schedule

- 3.1. Report times and schedule are listed in the NOR.
- 3.2. Number of races each day will be at the discretion of the regatta chair and MISSA Rep.

4. Courses and Marks

- 4.1. The course diagram is shown in Appendix A

5. Start/Finish and Signals

- 5.1. Races will start in accordance with ISSA PR 7.9(a).
- 5.2. The starting line will be between an orange flag on the signal boat and the windward side of an anchored pin buoy. The finish line will be between a blue flag on the starboard side of the race committee boat and a red sphere with a silver strip to starboard of the race committee boat.
- 5.3. The ILCA 7 & ILCA 6 class flags will be shown at the Competitor's meeting on 9/16/2023.
- 5.4. ILCA 6 boys and ILCA 6 girls fleets will start/ race together and be scored separately.

6. Format

- 6.1. The committee will attempt to complete 18 races.

7. Protests

- 7.1. Protests shall be filed within 30 minutes of the last boat reaching shore at the of the day or any other break in racing taken ashore. Changes ISSA PR 16(d). Protest forms will be available in the LFS Shed and handed to a regatta official.

7.2. Video, data, and/or photographs taken from any source shall not be presented by the competitors as evidence at protest hearings. This changes RRS 63.6.

8. Scoring

8.1. Scoring will be in accordance with ISSA PR 9.

9. Coaching

9.1. Coaching will take place on the water. Coaches are responsible for bringing a coach boat capable of handling Lake Michigan conditions. Coaches may communicate with competitors in between races and provide sustenance & hydration. Coaches must stay 50 yards below the starting line during starting sequences and 100 yards away from any boat racing. This changes ISSA PR 8(a).

10. Safety

10.1. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore. (DP)

11. Additional

11.1. Headsail numbers may be issued the morning of Saturday 9/16. Headsail numbers shall be placed so that the starboard number is below the top batten and the port number is above the top batten.

12. Regatta Contacts

Will Howard Sailing Director, LFS. MISSA Central Rep.

HowardW@cityoflakeforest.com

Appendix A

Course Diagram

Windward / Leeward (2x)

With windward offset,
Gates, dog leg finish to
Starboard of RC

