

# PCISA Nor Cal 1-2

September 23-24, 2023

Richmond Yacht Club

## SAILING INSTRUCTIONS

### 1. RULES

The regatta will be governed by the rules as defined in the 2021-2024 Racing Rules of Sailing, the ISSA Procedural Rules and the PCISA District Rules.

### 2. NOTICES TO COMPETITORS

2.1 Notices will be posted on the official regatta notice board located inside the Junior Room at Richmond Yacht Club.

2.2 Notices to competitors can also be announced from the race committee boat.

### 3. CHANGES IN THE SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted before 1030 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

### 4. ROTATION and FLEET ASSIGNMENT

4.1 There will be one Gold Fleet and one Silver Fleet.

4.2 Gold Fleet boats are required to display a yellow ribbon from the headboard of their mainsail. Ribbons will be distributed at check in.

4.3 Competitors shall sail the same boat throughout the regatta.

### 5. BOATS & SAILS

5.1 Each team is responsible for supplying one class legal CFJ.

5.2 Each team will be responsible for supplying their own class legal sail with assigned Nor Cal League sail numbers. Starboard sail number should be above the compression batton two inches from the leach. Port sail number should be below the compression batton two inches from the leach.

### 6. COMPETITOR'S MEETING

A mandatory Competitor's meeting will be held each day on the deck adjacent to the hoist.

### 7. SCHEDULE OF EVENTS

#### Saturday, Sep. 23th and Sunday, Sep. 24th

0930 Check-in

1030 Check-in closes

1030 Competitor's meeting and Coaches' Meeting

1130 First Warning signal

1530 No warning signal after this time

1700 Awards (or soon as possible after racing)

### 8. RACING AREA

The racing area will be in Keller's Cove or on the Southampton Shoals, or other venue at the discretion of the Race Committee.

### 9. MARKS

9.1 Marks 1 and LG will be orange balls.

9.2 Mark 1a will be a small yellow ball.

### 10. START/FINISH

10.1 The starting sequence will be a standard 3-minute starting sequence, as described in the RRS Appendix U.

10.2 The start line will be between a staff displaying an orange flag on the race committee boat and a large orange buoy.

10.3 The Finish line will be between an orange flag on the race committee boat and a large orange buoy.

10.4 The Start/finish line is restricted, except when starting or finishing.

## **11. THE COURSE**

11.1 Mark 1 and 1a shall be rounded to port.

11.2 Mark LG shall be treated as a gate.

11.3 The illustration in Attachment A shows the approximate courses.

11.4 The course to be sailed will be hailed or displayed from the Race Committee boat.

## **12. INDIVIDUAL RECALL**

Individual recalls will be signaled in accordance with RRS Appendix U4 and U5. The Race Committee will hail a yacht's sail number; however, it is the responsibility of each yacht to make a proper start.

## **13. GENERAL RECALLS**

General recalls will be signaled and executed in accordance with ISSA PR 7.8 (Multiple whistles and no visual signal; Rule 30.1 of the RRS (the 1-minute rule) will automatically go into effect after any general recall (Code flag I need not be displayed).

## **14. RETIREMENT**

A yacht that retires from a race shall notify a Race Committee boat before leaving the race area. If that is impossible, then immediately after arriving on shore, the competitor shall notify a regatta representative.

## **15. ALTERNATIVE PENALTIES**

Rule 44.1 is changed to require only a One Turn penalty for any incident.

## **16. PROTESTS**

Protests must be filed in writing within 30 minutes after the last boat reaches the dock for your fleet.

## **17. SCORING**

17.1 Scoring will be in accordance with ISSA PR 9. Each yacht's total score will be the sum of her scores for all races.

17.2 Any yacht failing to sail the correct course shall be scored NSC without a hearing.

17.3 Any yacht that violates 10.4 by sailing through the Start/Finish line during racing shall be scored DNF without a hearing. This changes RRS A5

## **18. BREAKDOWNS**

Breakdowns will be in accordance with ISSA PR 9 and ISSA PR Appendix 3.

## **19. COACHING**

19.1 All coaching shall be done from the race course.

19.2 All boats containing Support Persons or spectators will remain on the port side of the course and at least 50 yards from the racecourse at all times unless otherwise directed by the race committee.

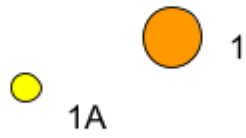
19.3 Any Support Persons on the water shall have no contact with any competitor except when rendering assistance under RRS Rule 1, or as instructed by the Race Committee. This shall not be subject to protest or redress from a competitor.

19.4 All Support Persons shall carry a VHF radio and monitor the designated channel.

## **20. TROPHIES**

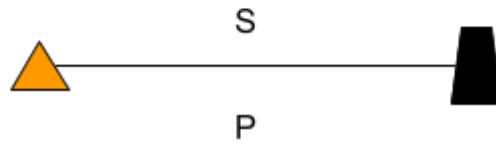
Trophies will be awarded to teams placing 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> in each fleet.

ATTACHMENT A



START/FINISH LINE  
IS RESTRICTED

COURSE 1:  
S-1-1A-LG-F



COURSE 2:  
S-1-1A-LG-1-1A-LG-F

