

**ISSA HIGH SCHOOL MASSA GIRLS INVITATIONAL  
CHAMPIONSHIP  
Hosted by Georgetown University & Severn School  
Washington Sailing Marina  
SAILING INSTRUCTIONS**

**1. RULES:**

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with host Georgetown University/Severn School.
- 1.3. RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board located on Tech Score. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

**3. SCHEDULE:**

- 3.1. Report time for Saturday and Sunday will be 0900(Saturday) and 0900(Sunday). The number of races each day will be at the discretion of the race committee.
- 3.2. No race will start after 1400 Sunday except for a sail-off if needed.
- 3.3. Rotation schedules and boat assignments will be posted on Tech Score after the skipper's meeting.
- 3.4. There is no practice for any teams at the venue on Friday.

**4. COURSES AND MARKS:**

- 4.1. Course will be either W3, W4, or W5, with preference for W4.
- 4.2. The race committee may designate course selection orally.
- 4.3. n/a
- 4.4. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

**5. START, FINISH, AND RECALLS:**

- 5.1. Races will start in accordance with ISSA PR 7.8(a). W4 shall be a windward-leeward twice around, with a weather mark offset and a leeward gate (set to weather of the starting line). In a W4, the start line is also the finish line.
- 5.2. Individual recalls will be made in accordance with RRS Appendix S6.
- 5.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).

**6. BREAKDOWNS:**

- 6.1. Breakdown requests shall be filed in the same manner as protests.
- 6.2. Breakdowns shall be scored in accordance with ISSA PR 9(e) for Cressy and Mallory. Compensation shall be consistent with ISSA PR Appendix 3.

**7. PROTESTS:**

- 7.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 7.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

- 8. **SCORING:** Scoring will be in accordance with ISSA PR 9.

**9. COACHING:**

- 9.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel. Depending on racing location, we may attempt to spectator boats for coaches. This would strictly be 1 coach per team.
- 9.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or in between races on the water.
- 9.3. Substitution procedure will be discussed at the skippers meeting. Georgetown RIBS will be available to ferry sailors in and out as needed.

**10. SAFETY:**

- 10.1. Competitors shall wear USCG approved lifejackets as outlined in Procedural Rule 2.2.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

**11. FORMAT:**

The race committee will attempt to complete as many races as practicable.

A-Division will sail FJs on Saturday, or till race 8, whichever comes first, then switch into 420. B-Division will sail 420 on Saturday, or till race 8, whichever comes first, then switch into FJ.

**12. TROPHIES:**

- 12.1. Prizes will be awarded to schools placing 1st, 2<sup>nd</sup> and 3<sup>rd</sup> in the regatta.