

## **2024 FALL NESSA Singlehanded Championship (Healy Trophy)**

American YC

September 21-22, 2024

### **SAILING INSTRUCTIONS**

#### **1. RULES:**

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the [ISSA Procedural Rules](#) and the [ISSA National Championship General Conditions](#) and the [Scholastic Dinghy Class Rules](#) and the [NESSA District Procedural Rules](#).
- 1.2. In accordance with RRS 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.
- 1.3. The Organizing Authority (OA) is NESSA in conjunction with the Host (American YC)
- 1.4. Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 14(c) will be in effect.

#### **2. NOTICE TO COMPETITORS:**

- 2.1. Official notices will be posted on the official notice board located on Tech Score.
- 2.2. Changes to the sailing instructions shall be approved by the protest committee and the NESSA Representative and posted no later than one half hour prior to the first warning signal on the day it will take effect.

#### **3. CODE OF CONDUCT:** [DP] Competitors and support persons shall comply with reasonable request from race officials.

#### **4. SCHEDULE:**

- 4.1. Report times each day are listed in the NOR.
- 4.2. The number of races each day will be at the discretion of the regatta chair.

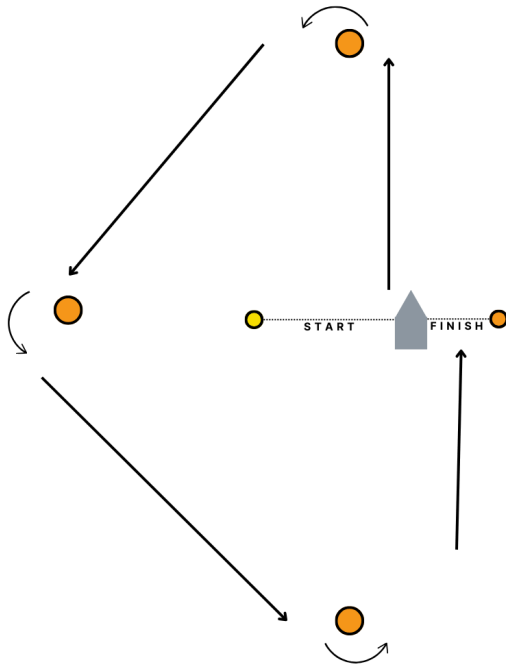
#### **5. COURSES AND MARKS:**

- 5.1. Courses will be in accordance with ISSA PR 7.8 (see appendix A)
- 5.2. The start/finish area is closed except to start and finish

- 5.3. The race committee may designate course selection orally.
  - 5.4. Rounding marks will be Orange inflatables; start mark will be a Yellow inflatable, finish marks will be orange inflatables.
6. **START/FINISH AND SIGNALS:**
- 6.1. Races will start in accordance with ISSA PR 7.9.
  - 6.2. The start line will be between an orange flag on the race committee boat and yellow mark
  - 6.3. The finish line will be between a blue flag on the race committee boat and an orange mark.
7. **BREAKDOWNS:**
- 7.1. Breakdown requests shall be filed in the same manner as protests.
  - 7.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.
  - 7.3. ISSA PR 9.e (IV) is re-written as follows for this regatta.  
Limit on Redress for Breakdowns - The award of breakdown points (BKD) to a school shall be limited to one per division. If a boat breaks down in a race and cannot be repaired or replaced in time for the subsequent race(s), the school(s) assigned to that boat shall be scored DNS(s) for the race(s).
8. **PROTESTS:** Protests procedure will be in accordance with ISSA PR Part VI.
9. **SCORING:** Scoring will be in accordance with ISSA PR 9.
10. **SAFETY:** A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

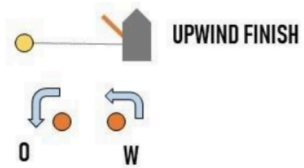
Appendix A: Course M

## Modified Triangle



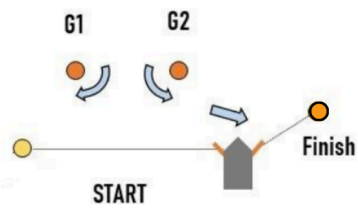
Appendix B: Course W4/W3

## W4 or W3



Course Diagram

W4: START-W-O-(G1 or G2)-W-O- FINISH  
 W3: START-W-O-G1 or G2-UPWIND FINISH



Appendix C: Course Z

### Trapezoidal Course (Port Rounding)

