

St. Mary's Ryken Ladies Fleet Race
St. Mary's Ryken High School
is the Organizing Authority
Oct 13, 2024
SAILING INSTRUCTIONS

1 RULES

The regatta will be governed by the rules as defined in the 2021-2024 Racing Rules of Sailing (RRS), the 2021- 2024 ISSA Procedural Rules, the notice of race and these sailing instructions. In an event of a conflict between governing documents and the sailing instructions, the sailing instructions shall take precedence.

1.1 RRS Appendix P is in effect per PR14(c).

2 NOTICE TO COMPETITORS

Official notices including changes to the sailing instructions will be posted on the Notice Board on Techscore and on a whiteboard located next to the Boat House. Any changes to the Sailing Instructions will be posted before the first race in which they are to take effect. In the event of a conflict the white board will take precedence.

3 SCHEDULE OF EVENTS

Report time 0915

Skipper Meeting 0930

First Warning 1000

No Start after 1600

4 BOATS & EQUIPMENT

4.1 Ryken's FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.

4.2 Mainsheets may be rigged with a 3:1 or 4:1 purchase.

4.3 The penalty for infringing upon 4.1 or 4.2 will be disqualification from all races sailed in contravention of those instructions.

4.4 Competitors shall report all damage or loss of equipment; however slight, to the dock/boat committee immediately after arriving on shore and to the Race Committee Finish Boat on the water immediately after all boats in that race have finished.

4.5 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except the Jury may grant redress for the failure of the main halyard masthead knot.

5 FORMAT

5.1 Two divisions will be utilized in a single round robin format.

5.2 Two A Division races will be sailed followed by two B Division races, unless each division sails an odd number of races.

5.3 The Race Committee has the option of sailing three races in one rotation thus modifying the posted rotation.

6 THE COURSES

6.1 Standard W4 course, with leeward gate(s) above the start/finish line, will be utilized unless conditions require the race committee to alter. A W3 (or W5) course may be used to facilitate rotations by finishing closer to the dock. Depending on the number of teams, there may be one or two leeward gates.

- 6.2. The course to be sailed will be announced orally and taken from the course diagrams posted on the notice board and on these Sailing Instructions.
- 6.3. In accordance with ISSA PR 7.7, after the starting signal, the race committee may change the position of any mark to maintain course configuration, if no boat is on that leg of the course. No signals are required (changes RRS 33).

7 SHORTENING OR ABANDONING RACE

In accordance with ISSA PR 7.7 (d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible.

8 START, FINISH AND RECALLS

Races will start in accordance with ISSA PR 7.8(a) except that RRS Appendix S - Sound-Signal Starting System will be modified as follows:

- 8.1 Individual Recall - When, at a boat's starting signal, any part of her hull is on the course side of the starting line or she must comply with RRS 30.1, the race committee shall promptly display flag X with one sound. The flag shall be displayed until all such boats have sailed completely to the pre-start side of the starting line or its extensions and have complied with RRS 30.1, if it applies, but not later than two minutes after the starting signal, whichever is earlier. The Race Committee will attempt to notify individual boats by hailing their sail numbers.
- 8.2 General Recall – The race committee may signal a general recall by multiple sounds and the hail of “general recall” and need not display the First Substitute. Following a general recall, the warning for any subsequent start may be initiated at any time. (Changes RRS 29.2) After a general recall, RRS 30.1 (I Flag Rule) shall apply and no signal need be given. (Changes RRS 30.1)
- 8.3 As a courtesy, the Race Committee will attempt to hail boats "On Course Side" (OCS) as soon as possible after the start. Failure of electronic equipment, failure to hear a hail, order of hail, or delay in hailing will not be grounds for redress. This modifies RRS 62.1 (a).
- 8.4 The “round the ends rule” provisions of RRS30.1 may apply for any start if hailed prior to the starting sequence. The signal will be made orally and with the display of flag “I”. This changes RRS30.1

9 BREAKDOWNS

- 9.1 Breakdown requests shall be filed in the same manner as protest. There will be a bosun boat on the water.
- 9.2 Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3

10 PROTESTS

- 10.1 Protest procedure will be in accordance with ISSA PR Part VI. Per Procedural Rule 8 (b), competitors may not communicate with a coach before reporting to the race committee their intent to protest.
- 10.2 Protest time limit for filing a request shall be 30 minutes after the race committee boat returns to the dock after the last race of the day.
- 10.3 Protest forms will be available on the notice board at SSA.

11 SCORING

- 11.1 Scoring will be in accordance with ISSA PR 9.

12 COACHING

- 12.1 Coaches, team leaders, chaperones advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of

all boats, competitors, and teams associated with the infringing personnel.

12.2 Coaches, team leaders, chaperones, advisors, parents, or other support personnel may go afloat in the sailing area while serving as an umpire or assisting with race management.

12.3 Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, near the docks or while ashore.

13 SAFETY

13.1 Competitors and Coaches shall wear USCG approved Type III Personal Flotation Devices (PFDs). Inflatable type PFDs are not permitted.

13.2 Failure to comply with 13.1 will be grounds for disqualification from all races sailed in contravention of those instructions.

13.3 Competitors shall supply the equipment to meet the requirements of 13.1.

13.4 At its discretion, the Race Committee or Organizing Authority may require a competitor to retire from racing if the competitor is determined to be a risk to their own or others' safety.

13.5 Only coaches and competitors are allowed on the dock.

14 TROPHIES

14.1 No trophies will be awarded.

15 WAIVER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

16 RIGHTS TO USE NAME AND LIKENESS:

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

17 CONTACTS

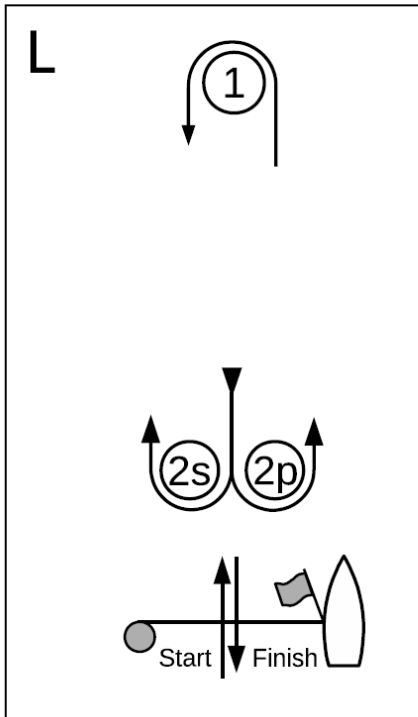
Thomas Hane
Head Sailing Coach
240-561-0229
Tom.hane@smrhs.org

18 ANNOUNCEMENT

No contestant shall use, either on or off the water, alcoholic beverages, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during May 13 and 14, 2017 may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and at their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

Windward/Leeward Courses

COURSE DIAGRAMS



Course L – Windward/Leeward, Leeward Finish	
<i>Signal</i>	<i>Mark Rounding Order</i>
L2	Start – 1 – 2s/2p – 1 – Finish
L3	Start – 1 – 2s/2p – 1 – 2s/2p – 1 – Finish
L4	Start – 1 – 2s/2p – 1 – 2s/2p – 1 – 2s/2p – 1 – Finish