

# On the Water Emergency

## Serious/Life Threatening Injury Steps:

1. Ensure the area is safe
2. Make contact with program staff (VHF 68)
3. Contact EMS
4. Administer first-aid as required until relieved by EMS
5. Complete Incident Report

## Be prepared to tell 911:

Current location of injured person  
Description of boats (if applicable)  
Evacuation Point (SEE BACKSIDE)  
Age/gender/number of injured  
Type of injury/situation  
Your name and call back number

All official statements will come directly from EYC. Coaches, RC, sailors will not issue statements to reporters or post on social media

| Contact Name                       | Emergency Number   |
|------------------------------------|--------------------|
| Alameda Emergency (911 equivalent) | (510) 522-2423 VHF |
| Local Coast Guard                  | #16 (415) 894-7800 |
| Jr. Sailing Director (Cazzie)      | (925) 366-6054     |
| Barb Grove                         |                    |

## Serious/Life Threatening Injury:

Follow steps on top of page and meet EMS  
at **NEAREST EXTRACTION** point  
**SEE BACKSIDE OF SHEET**

### Examples:

Severe Head Trauma  
Unconscious/Unresponsive  
Not Breathing  
Heart Attack/Stroke  
Severe Bleeding  
Spinal/Neck Injury

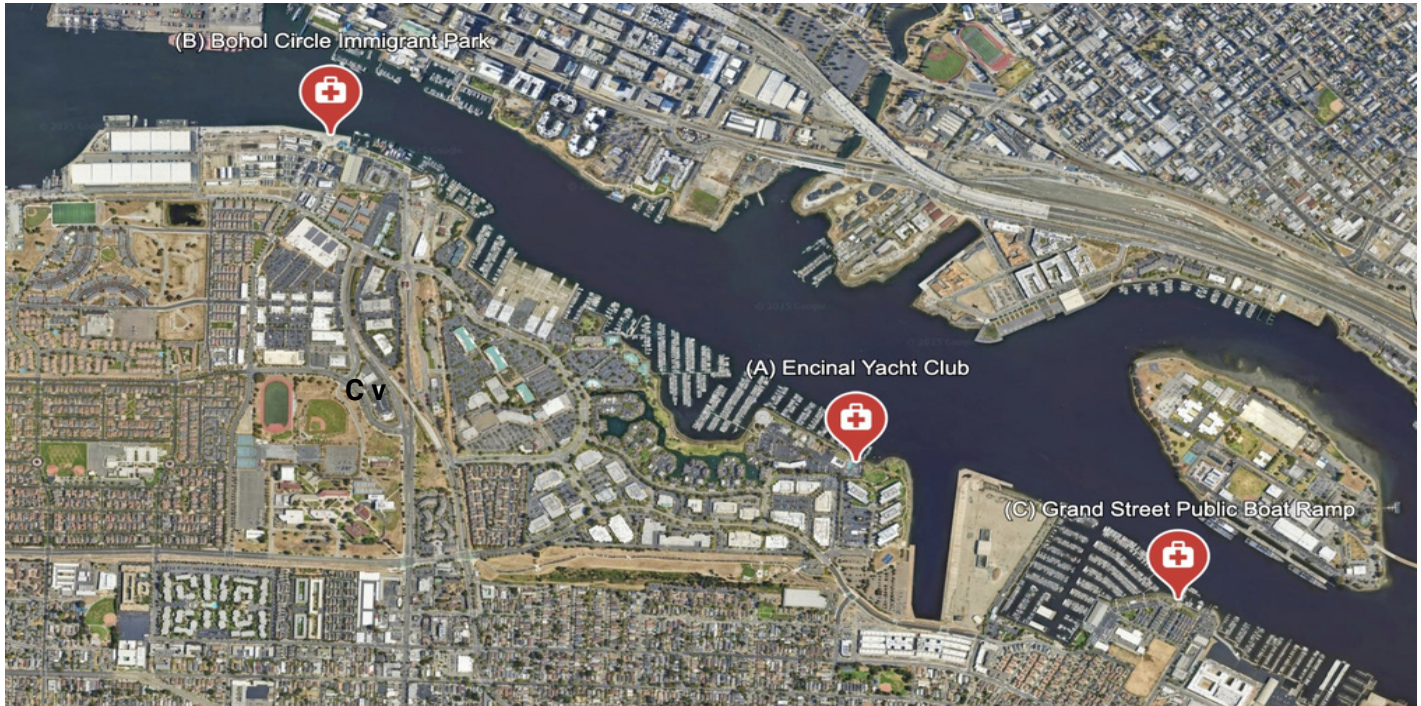
## Non-Life Threatening:

1. Ensure the area is safe
2. Render assistance
3. Coordinate dropoff at EYC
4. File incident report

### Examples:

Heat Exhaustion  
Hypothermia  
Suspected Concussion  
Broken Bone/Sprain  
Allergic Reaction (non-anaphylactic)  
Asthma Attack

# Medical Extraction Points



|   | Name                          | Address                                 | Description                                              | Cross street:  |
|---|-------------------------------|-----------------------------------------|----------------------------------------------------------|----------------|
| A | Encinal Yacht Club            | 1251 Pacific Marina<br>Alameda CA 94501 | Last dock before basin                                   | Pacific Marina |
| B | Bohol Circle Immigrant Park   | 687 Sentinel Dr, Alameda, CA<br>94501   | In between waterfront and Target                         | 5th Street     |
| C | Grand Street Public Boat Ramp | 2094 Grand Street, Alameda CA<br>94501  | Across Coast Guard Island, past gray<br>building on dock | Grand Street   |

## REMEMBER:

Proceed to the closest extraction point

Coordinate or delegate person(s) to meet and flag down EMS

Continue to provide care until relieved by EMS