



CYC Clinic + Tier 3 Regatta
Chicago Yacht Club
September 20 - 21, 2025
Belmont Station
Sailing Instructions

1 RULES

1.1 The regatta will be governed by the rules as defined in:

1. The Racing Rules of Sailing (RRS).
2. This Notice of Race (NOR).
3. The Sailing Instructions (SI).
4. The ISSA Procedural rules located at <https://hssailing.org/resources/rules/>
5. The MISSA Supplemental rules located at <https://missa.hssailing.org/about/missa-district-rules>

1.2 In the event of a conflict between the governing documents and the Sailing Instructions, the SIs shall take precedence.

1.3 The Organizing Authority (OA) is the Midwest Interscholastic Sailing Association (MISSA). The Host Organization is Chicago Yacht Club in conjunction with host schools: New Trier High School, St. Ignatius College Prep, DePaul College Prep, Walter Payton College Prep..

1.4 [DP] Drones shall not be flown in the racing area, except as authorized by the OA.

2 CHANGES TO SAILING INSTRUCTIONS

2.1 Official notices including changes to sailing instructions will be posted on the official notice board located at <https://theclubspot.com/regatta/8AiUK6HCVH/#notice-board> or on tech score..

2.1 Any change to the sailing instructions will be posted:

1. By 1800 on the day before a schedule change will take effect,
2. Before 0930 on the day it will take effect or,
3. In the event of AP posted ashore, no later than 15 minutes before AP is lowered ashore.

2.2 Changes to sailing instructions may be made on the water: Oral changes may be given on the water per RRS 90.2(c) using the following procedure:

1. The signal boat will blow a series of brief horns and hail coaches over the radio on VHF 78.
2. Competing boats may come within hailing distance of the signal boat for verbal instructions. Coaches are responsible for communicating changes to their competitors.

3. Any changes that will affect future races in the series will be posted once ashore.

3 COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the official notice board online at <https://theclubspot.com/regatta/8AiUK6HCVH/#notice-board> or on tech score. Notices may also be posted on the windows of either barge as a courtesy.

3.2 On the water, the Race Committee intends to monitor and communicate with coaches via VHF radio on channel 78.

3.3 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

3.4 [NP] Errors and omissions in courtesy broadcasts are not grounds for a request for redress. This changes RRS 62.1(a).

4 CODE OF CONDUCT

[DP] Competitors, Coaches and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the main flagpole at the northeast of the Belmont Station barge.

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

5.3 [DP] Competitors in boats shall not leave Belmont Harbor before a Race Committee vessel or CYC safety vessel.

6 SCHEDULE OF RACES

Saturday, September 20

1000	Clinic Arrival
1600	Clinic Departure

Sunday, September 21

0830 - 0915	Registration, Rigging of Boats
0915	Mandatory Competitor's Meeting
1000	First Warning, Racing to Continue throughout the day
1500	No Racing After This Time
1530	Regatta Debrief + Awards

7 RACING AREA

The racing area will be either inside Belmont Harbor, or the open waters of Lake Michigan, east of the Belmont Harbor entrance as announced by the RC at the day's competitors meeting.

8 COURSES AND MARKS

8.1 Courses will be in accordance with ISSA PR 7.8.

- 8.2 The Race Committee may designate course selection orally.
- 8.3 Marks will be inflatable marks.
- 8.4 In accordance with ISSA PR 7.8(c) after the starting signal, the Race Committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required. This changes RRS 33.
- 8.5 The diagram in SI Addendum A shows the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.6 For all courses, Mark 1 may have an offset. If the offset is not in place, the single windward mark shall be left to port.
- 8.7 Mark 2 will be a gate. If the gate is not in place, the single leeward Mark 2 shall be left to port.
- 8.8 Routine movement of robotic marks will not be grounds for redress. This includes marks returning to station after having been pushed away by a boat or competitor and collisions with marks that do not cause damage. RRS 31 still applies.

9 THE START, FINISH AND RECALLS:

- 9.1 Races will start in accordance with ISSA PR 7.9(a).
- 9.2 RRS US Sailing Prescription Appendix U - Sound-Signal Starting System shall be used.
- 9.3 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard-end and the course side of the port-end starting mark.
- 9.4 Individual recalls will be made in accordance with ISSA PR 7.9(b).
- 9.5 General recalls will be signaled by a series of short whistles. After a general recall, RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.9(c). This changes RRS 30.1.
- 9.6 The finishing line is between a staff displaying a blue flag on the signal vessel at the starboard-end and the course side of the port-end finishing mark.

10 BREAKDOWNS

- 10.1 Breakdown requests shall be filed in the same manner as protests.
- 10.2 Breakdowns shall be scored in accordance with ISSA PR 9(e).
- 10.3 Compensation shall be consistent with ISSA PR Appendix 3.

11 PROTESTS & HEARING REQUESTS

- 11.1 Protest procedure will be in accordance with ISSA PR Part VI - 16.
- 11.2 Per ISSA PR 8(b), competitors shall not communicate with a coach before reporting to the Race Committee their intent to protest.
- 11.3 Protests and requests for redress shall be filed in person at the front desk at Chicago Yacht Club Belmont Station Member Barge within the appropriate time limit.
- 11.4 A boat's protest time limit is 30 minutes after the competitor returns to the dock after completing the rotation when the incident occurred.
- 11.5 Hearings will be held in person at Belmont Station.

12 SCORING

- 12.1 The scoring system is as follows: Scoring will be in accordance with ISSA PR 9.

12.2 One (1) race is required to be completed to constitute a regatta.

13 SAFETY

13.1 Competitors shall wear USCG approved life jackets as outlined in ISSA PR 2.2.

13.2 **[DP]** A boat that retires from a race shall notify the Race Committee either before leaving the course, or if that is impossible, immediately after arriving ashore. Coaches may relay retirements to the Race Committee on behalf of competitors.

14 FORMAT

14.1 The Race Committee will attempt to complete as many races as reasonable during the time limit. There will be no rotation of boats for this event.

15 [DP] SUPPORT TEAMS AND COACHING

15.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal of the start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.

15.2 Coaching may take place below the finish line or to starboard of the finish line. Coaching is also permitted for the back 50% of the fleet. All coaches shall assist when and where necessary for safety or at the request of the Race Committee. Failure to do so may result in exclusion from the racecourse.

16 RISK STATEMENT

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

17 PRIZES

Prizes will be awarded to schools placing 1st, 2nd, and 3rd in the regatta.

18 REGATTA CONTACTS

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