



**ISSA Atlantic Coast Championships
November 8-9, 2025
St. Mary's College of Maryland
SAILING INSTRUCTIONS**

1 RULES

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the [ISSA Procedural Rules](#), the [Scholastic Dinghy Class Rules](#), [The MASSA District Supplemental Rules](#) and [Code of Conduct](#), the NOR and these Sailing Instructions.

1.2. The Organizing Authority (OA) is the Mid-Atlantic Interscholastic Sailing Association in conjunction with the Maryland Interscholastic Sailing Association (MDISA) with host Saint Mary's College of Maryland.

1.3 Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 13(c) will be in effect.

1.4. Rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or

2 NOTICES TO COMPETITORS

2.1 Notices will be posted on the rolling white board on the lower deck of the River Center and electronically on the Tech Score notice board as soon as possible thereafter.

3 CHANGES IN SAILING INSTRUCTIONS

3.1 Any changes in the sailing instructions will be announced orally and posted as soon as practicable.

4 SCHEDULE OF EVENTS

Saturday, November 8

0900 Report Time
0910 Competitors' Meeting
0930 First Warning

Sunday, November 9

0900 Report Time
0930 First Warning
1400 No starting signal after

5 FORMAT

5.1 A division will sail in 420's Sat and FJ's Sun. B division will sail in FJ's Saturday and 420's Sunday

6 BOATS & EQUIPMENT

6.1 School/Collegiate Version Dinghy 420's and FJ's will be provided for competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2 The standing rigging shall not be adjusted.

6.3 Competitors shall report any damage or loss of equipment, however slight, to a member of the Race Committee on the water or immediately after arriving ashore.

7 ROTATION

7.1 The rotation of boats will be posted in Techscore.

8 THE COURSE

8.1 The courses will be announced orally and taken from the course diagrams on the official regatta notice board.

8.2 Rounding marks will be red or green marks.

9 START/FINISH

9.1 Races will be started in accordance with ISSA PR 7.9.

9.2 The start line will be between an orange staff on the Race Committee Start Boat and an orange staff on the Pin-end Boat.

9.3 The finish line will be between an orange staff on the Race Committee Finish Boat and a yellow mark.

10 PROTESTS

10.1 Protests shall be filed in accordance with the ISSA Procedural Rule 15.

10.2 Written protests, including requests for redress and breakdowns, shall be filed with the organizing authority within 30 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.

11 SAFETY

11.1 Competitors who require assistance from rescue boats should signify so by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

12 COACHING

12.1 ISSA PR 8 will apply.

12.2 The piers and floating docks shall be considered "Field of Play" areas which are restricted to team members including any team staff, coaches, facility staff, race officials, and regatta organizers.