



2025 MISSA Girls Championship
Organized by MISSA
Hosted by the Lake Minnetonka Sailing School
19802 Minnetonka Blvd
Excelsior, MN 55331
September 20th – 21st, 2025



Notice of Race (NOR)

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The Official Procedural Rules for the Interscholastic Sailing Competition and the MISSA By-laws and District Rules shall apply, available at missa.hssailing.org and hssailing.org.
- 1.3 In the event of a conflict between the governing documents, the Sailing Instructions shall take precedence.
- 1.4 In accordance with rule 70.5(a), decisions of the protest committee are final. US Sailing's permission has been granted.

2 SAILING INSTRUCTIONS

- 2.1 The sailing instructions will be available on techscore (scores.hssailing.org) by 1700 on Friday, September 19th, 2025.

3 COMMUNICATION

- 3.1 The official notice board is located online on techscore.
- 3.2 On the water, the race committee will make courtesy broadcasts to competitors & coaches on VHF radio channel 73.
- 3.3 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 This event is open to qualifying MISSA member schools in good standing. No 8th graders or mixed teams are eligible to compete. All competitors must be girls.
- 4.2 This is a MISSA Tier 1 regatta.
- 4.3 A team shall have no fewer than four sailors and a maximum of eight sailors.

4.4 Teams should register by submitting the official Entry Form by 1700 CST on Monday, September 15th, 2025 at <https://hssailing.org/machform/view.php?id=89961>.

4.5 Each school shall enter one team, with or without alternates.

5 FEES & DAMAGE DEPOSIT

5.1 The entry fee is \$150.00 per team. Breakfast and lunch will NOT be provided. Teams are responsible for bringing their own food, snacks, and reusable water bottles. A water filling station and coffee maker will be available on-site.

5.2 By registering for this event, teams agree to pay the full amount of any damage caused in an incident where damage is directly attributed to their actions. Team representatives and coaches will be contacted as soon as reasonably possible after the damage occurs to inform them of impending charges for damage.

6 BOATS AND CREW LIMITATIONS

6.1 LMSS will provide Club 420s and sails. Boats shall be sailed as provided. No other boats may be used in the regatta unless boat damage or breakdown requires the use of a spare boat.

6.2 No alterations shall be made to any boats sailed.

7 SCHEDULE

Saturday, September 20th, 2025

0745: Shuttles to Lighthouse Island (LHI) begin from 19800 Park Ave, Wayzata

0745: Check in and rigging of boats on LHI in the main clubhouse

0845: Coaches meeting

0900: Competitor's meeting

1000: First warning, races to continue throughout the day

Sunday, September 21st, 2025

0745: Shuttles to Lighthouse Island begin from Park Avenue

0745: Rigging of boats

0945: Warning signal for first race

1430: No warning signal after this time

****Awards will occur ASAP after racing concludes****

8 VENUE

8.1 The event headquarters will be on Lighthouse Island (LHI). Pontoon shuttles will be made available between LHI and Park Avenue (19800 Park Ave Wayzata MN 55391) during event hours. Please DO NOT go to the Minnetonka Yacht Club headquarters at their Carson's Bay Facility unless you are launching or retrieving your coach boat.

- 8.2 This event will be sailed in the vicinity of Lighthouse Island on Lake Minnetonka. The distance from shore will be determined by the wind direction.

9 SUPPORT VESSELS AND COACHING

- 9.1 Coaching will take place on the water. If reasonably possible, coaches shall bring a coach boat capable of rotating a complete team race team on the open waters of Lake Minnetonka. A limited number of coach boats are available to teams traveling from the MISSA Southeast & Northeast districts. Please contact Samuel Bartel to reserve a borrowed coach boat.
- 9.2 LMSS will not be responsible for rotating sailors.
- 9.3 Rotations will take place on the water and extra care is asked to be taken while rotating teams.
- 9.4 Coaches are required to wear approved flotation devices as required by ISSA PR 2.2.
- 9.5 Coaches are required to wear kill cords/devices on all vessels while afloat.
- 9.6 Spectator boat(s) may be made available at the discretion of the OA. If spectator boats are not made available, spectators are encouraged to view racing from the clubhouse and/or patio on Lighthouse Island.

10 RIGHTS TO USE NAME AND LIKENESS

- 10.1 By participating in this event, competitors automatically grant to the Organizing Authority the right, in perpetuity, to make, use and show, at their discretion, any photography, audio, and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

11 PHOTOGRAPHY, CAMERAS, AND ELECTRONIC EQUIPMENT

- 11.1 Individuals and their teams are permitted to use personal video/film/camera or sound recording equipment on their boats, however, the video and audio obtained by their personal cameras may not be used during a protest hearing. Video/film/camera equipment includes, but is not limited to, GoPro and other action cameras, U.A.V.s, and Drones. Any teams that use GoPro and other action cameras, U.A.V.s, and Drones during the event must make the content available to all competing teams within 48 hours of the final warning signal on Sunday, September 21st, 2025.
- 11.2 It is the intent of the OA to have a professional photographer on the water during racing on Saturday and Sunday. Photos will be made available to all competing teams.

12 RISK STATEMENT & DISCLAIMER OF LIABILITY

- 12.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
- 12.2 The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

13 AWARDS & QUALIFICATION

- 13.1 Prizes will be awarded to the top three teams. The top four teams will qualify for the 2025 PCISA Girls National Invitational in San Diego.
- 13.2 Per MISSA rules, berths not accepted by noon Central Time on the Tuesday following this regatta shall be rescinded and offered to the next eligible school by the MISSA District Director.

14 FURTHER INFORMATION

14.1 CONTACT INFORMATION

SAMUEL BARTEL
race@lmss.us
952-250-8378
Director of Racing & Operations at LMSS
MISSA Northwest League Representative

TED ANDERSON
sailingmissa@gmail.com
MISSA District Director

14.2 PARKING & SHUTTLES

LMSS is located on Lighthouse Island (LHI). Please look at the map below to understand transportation and parking logistics. LMSS will provide each visiting team with 1 temporary permit for parking at the Park Avenue lot. LMSS is not responsible for visiting

teams that receive parking tickets as a result of parking in permit-only areas without a permit. There is free street parking in the green areas shown on the map. If you do not have a Deephaven parking pass, the easiest place to park is on the shoulder of Park Avenue 2-3 blocks up the hill (East of the Park Avenue pick-up/drop-off lot).

LMSS will run pontoon shuttles from the Park Avenue dock starting at 0745 on Saturday and Sunday. Text and/or call Samuel Bartel (952-250-8378) to receive a shuttle if they are not running regularly.

Park Avenue dock address: 19800 Park Avenue Wayzata MN 55391
If this address does not work in your phone, try searching for the “Deephaven Beach”.

14.3 TRAILERS AND COACH BOATS

It is recommended that teams launch and retrieve coach boats at the “Carson’s Bay Boat Ramp” on Minnetonka Blvd.

Coach boats can be parked on the docks of LHI overnight.

Trailer storage will be made available for the duration of the event. More info will be sent out about this by the OA within 3 days of the event.

14.4 HOUSING

Limited housing may be available for teams/coaches. Please contact Samuel Bartel ASAP to request housing.

14.5 MAP OF AREA

