

North Points #2 Regatta – Crosswinds Boating Center/Jordan Lake



October 18, 2025

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, the SAISA Supplemental Rules, the Notice of Race, and these Sailing Instructions.
- 1.2. ORGANIZING AUTHORITY: South Atlantic Interscholastic Sailing Association in conjunction with RTP High School Sailing Program & The Carolina Sailing Foundation
- 1.3. RRS appendix P is in effect per ISSA Procedural Rule 13(c). Specifically, when a boat is penalized under rule P1 (kinetics) her penalty shall be a One-Turn Penalty. This modifies rule 44.2. If skipper fails to take it, skipper shall be disqualified from that race without a hearing.
- 1.4. In accordance with rule 70.3(b), decisions of the protest committee are final. US SAILING's permission has been granted.

2. NOTICE TO COMPETITORS:

- 2.1. Official notices including changes to sailing instructions will be posted on the official notice board located at or near the Flag Pole in the parking lot at Crosswinds Boating Center.
- 2.2. Oral changes to the Sailing Instructions may be given on the water by a hail from the Signal Boat. Changes must be made before the warning signal. Code Flag "L" with one sound signal will be displayed on the Signal Boat to notify competitors of a change.

3. SCHEDULE:

Saturday

8:00-8:45 **Registration** at the Flag Pole in the Crosswinds Boating Center parking lot
9:00 **Competitors' Meeting** near the Flag Pole with racing immediately after
5:00 **Latest start time** for last A division race, B division will follow
 Awards After boats are derigged and stored, Awards at the flag pole

- 3.1. The number of races will be at the discretion of the Race Committee.
- 3.2. Three completed races per Division will constitute a Regatta.

4. SHORTENING AND ABANDONING RACES:

- 4.1. In accordance with ISSA PR 7.8(d) races will not be shortened.
- 4.2. A race may be abandoned at any time at the discretion of the race committee. No signals are required to abandon a race. Race committee will attempt to fly code flag N with 3 sound signals.

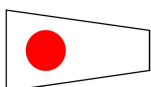
5. TIME LIMIT:

- 5.1. The race will be abandoned if no boats round the windward mark fifteen minutes after the start of the race or if the lead boat has not finished forty-five (45) minutes after the start of the race. Failure to meet the time limits will not be grounds for redress. (This changes RRS 62.1(a))
- 5.2. Any boats that fail to finish within ten (10) minutes of the lead boat's finish will be scored DNF without a hearing. (This changes RRS 35, A4 and A5)

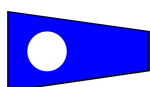
6. START, FINISH, AND RECALLS:

- 6.1. Races will start in accordance with ISSA PR 7.9(a), using RRS Appendix U “Audible-Signal Racing System”.
- 6.2. Individual Recall – When, at a boat’s starting signal, any part of her hull is on the course side of the starting line, or she must comply with RRS 30.1, the race committee shall promptly display flag X (or a designated flag or device). The flag shall be displayed until all such boats have sailed completely to the pre-start side of the starting line or one of its extensions and have complied with RRS 30.1 if it applies, but not later than two minutes after the starting signal, whichever is earlier. The Race Committee may also attempt, but is not required, to notify individual boats by hailing their sail or bow numbers (Changes RRS 29.1 and U4).
- 6.3. General Recalls – General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b). (This changes RRS 30.1.)
- 6.4. The Race Committee intends to attempt to hail boats over early (OCS). Failure of a boat to hear the hail, an untimely hail, or the order of boats in the hail will not be grounds for redress. (This changes RRS 62.1)
- 6.5. Boats starting more than 4 minutes after their starting signal will be scored DNS without a hearing.
- 6.6. The varsity teams will have a separate start from the JV/Composite/Split teams. The varsity start will be indicated by the One Pennant and the JV/Composite/Split start will be the Two Pennant.

Pennant 1



Pennant 2



7. BREAKDOWNS:

- 7.1. Breakdown requests shall be filed in the same manner as protests.
- 7.2. Breakdowns shall be scored in accordance with **ISSA PR 9(e)**. Compensation shall be consistent with ISSA PR Appendix 3.

8. PROTESTS:

- 8.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 8.2. ISSA PR 8(b) states “Before Protesting a competitor shall not communicate with anyone other than teammates or other competitors before reporting to the Race Committee an intention to file a protest. Breaking this rule may be grounds for closing the protest hearing”. (This changes RRS 61)
- 8.3. Protest Forms shall be completed and filed within 30 minutes of returning to the dock for the first boat rotation following the finish of the race in which the event at issue took place.
- 8.4. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest (From SAISA template).
- 8.5. The first two sentences of 44.1 are changed to: “A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing.

9. SCORING:

- 9.1 Scoring will be in accordance with **ISSA PR 9**.

10. COACHING:

- 10.1. Coaches, team leaders, chaperons, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 10.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or at the dock or areas designated by the regatta PRO.

11. SAFETY / FUNDAMENTAL RULES:

- 11.1. Per Procedural Rule 2.2, competitors shall wear USCG approved life jackets. Inflatable type life jackets are not permitted.

- 11.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 11.3. Competitors shall report any damage or loss of equipment, however slight, to the Race Committee immediately upon completion of the race. Absent a determined effort to comply, the penalty for infringement may be disqualification from the race or regatta, for the crew or entire team, subject to the decision of the Protest committee.

12. FORMAT:

- 12.1. This will be a two-division regatta. Varsity teams will rotate per a rotation chart found on TechScore. Varsity split, JV, and composite teams will not rotate boats and will have their own start. Competitors should expect several races.

13. COURSES AND MARKS:

- 13.1. The course designation will be posted near the stern of the RC boat.
- 13.2. Description of marks will be announced at the competitors meeting.
- 13.3. The starting line will be between the orange flag on the RC boat and the starting pin. The finish line will be between a Blue flag on the RC boat and the finish mark per the course identified for each race.
- 13.4. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on the leg of the course that precedes the mark. No signals are required (changes RRS 33).
- 13.5. Courses will be in accordance with ISSA PR 7.8.
- 13.6. Course diagrams showing the course designation, start/finish line, the order in which marks are to be rounded and the side on which each mark is to be left are shown below.

WD	Start – 1 - 1a - finish downwind (2 legs)
WD2	Start - 1 - 1a - 2s/2p – 1 - 1a - finish downwind (4 legs)
WL	Start, 1 – 1a - 2s/2p - finish upwind (3 legs)

