



SAISA North Points #3

CYC 1853 High School Sailing Teams
Carolina Yacht Club | Wrightsville Beach, NC
November 15 - 16, 2025

Sailing Instructions

1. RULES

1.1 The regatta will be governed by the Racing Rules of Sailing 2025-2028, the prescriptions of US Sailing, the ISSA Procedural Rules, the SAISA Supplemental Rules, this Notice of Race, and the Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.

1.2 RRS 60.4(a)(2) is changed as follows: "if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see the incident, or"

2. CHANGES TO SAILING INSTRUCTIONS

2.1 Changes to the Sailing Instructions may be made at any time and posted on the Official Notice Board.

2.2 Oral changes to the Sailing Instructions may be given on the water, in accordance with RRS 90.2(c), by the race committee making multiple sounds from the signal boat and hailing the competitors. Changes must be made before the warning signal.

3. NOTICES TO COMPETITORS

3.1 Notices will be posted on the official Notice Board:

Varsity <https://scores.hssailing.org/f25/saisa-np3-varsity/>

JV/Composite <https://scores.hssailing.org/f25/saisa-np3-jv-composite/>

4. SIGNALS MADE ASHORE:

4.1 Signals made ashore will be displayed from the main dock at the sailing area.

4.2 When code flag "AP" is displayed ashore, "1 minute" is replaced with "not less than 15 minutes" in the RRS Race Signal "AP."

5. BOATS

5.1 C420's will be provided for Varsity teams up to 18 boats. After 18 Varsity teams have registered, the remaining shall bring their own and will be put into the rotation of the fleet.

5.2 Competitors shall report any **damage, contact between boats, or loss of equipment**, however slight, to the OA representative immediately after returning the boat to the dock.

5.3 All Varsity Fleet C420s must foot the main sail onto the entire length of the boom and put on a provided mast float. All Varsity Teams bringing their own boats must bring and use C420 Class legal sails. This is preferred for all JV/Composite Teams.

5.4 No auto bailers shall be used on any of the C420s in the Varsity Fleet. If it is open on shore before racing, close it and leave it closed for the remainder of the weekend.

6. SCHEDULE OF RACES

6.1 Saturday:

1000 Report Time

1000-1030 Check-in / Registration

1030 Competitors Meeting

Racing to follow immediately after the Competitor's Meeting

6.2 Sunday:

0830 Report Time

0900 First Warning

1400 No warning signal after this time

Awards ceremony after racing

7. FLEET DESIGNATIONS and ROTATIONS

7.1 A pink flag will designate the Varsity fleet.

7.2 A green flag will designate the JV/Composite fleet.

7.3 Divisions will rotate boats at the CYC docks every **3 races**, unless told otherwise by race officials.

7.4 Competitors will be told which CYC dock to rotate from by race officials depending on the wind direction.

8. RACING AREA

8.1 Racing will be in Banks Channel just off the docks of the Club.

9. COURSES

9.1 Course Diagram shows the courses. The course number to be sailed will be posted on the Signal boat.

10. MARKS

10.1 Marks will be as follows:

Mark 1 and O will be both be a red ball

Mark 2a and 2b will both be a red ball.

The starting mark will be a yellow ball.

The finishing mark for course 2, 4, and 6 (downwind finish) will be a white ball on the side opposite of the starting line.

The finishing mark for course 3 and 5 (upwind finish) will be a red ball (Mark 1)

11. THE START

11.1 Races will be started using the Appendix U – Audible-Signal Racing System. Varsity and JV will be separate fleets.

11.2 The starting line will be between a staff displaying an orange flag on a race committee boat and the course side of the port-end starting mark (yellow ball).

11.3 A boat that does not start within 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

11.4 Individual recalls will be signaled by a display of Code Flag X with an accompanying sound signal. Individual boats will be hailed by **sail number** if possible. Code Flag X will remain hoisted until all boats have started properly, or for a period of no less than 2 minutes. This is in accordance with ISSA PR 7.9(b). Failure of a boat to hear the hail or sound signal shall not be grounds for redress.

11.5 After a General Recall, the “Round-the-Ends Rule” provisions of RRS 30.1 shall apply. Flag I need not be displayed. This is in accordance with ISSA PR 7.9(c).

12. THE FINISH

12.1 Downwind finish: The finish line will be between a staff displaying a blue flag on a race committee boat and the course side of the nearby finishing mark (white ball) located on the side opposite of the starting line as displayed on the course diagram A.

12.2 Upwind finish: The finish line will be between a staff displaying a blue flag on a race committee boat and Mark 1 as displayed on the course diagram B.

12.3 If one or more boats are unreasonably delaying the completion of a race, the race committee may score the boat(s) in place and terminate the race. This changes rules 35 and A4.

13. PENALTY SYSTEM

13.1 RRS 44.1 is changed so that the penalty is one full turn instead of two.

13.2 The penalty for breaking instruction 5.2 (failure to report damage), unless the protest committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

14. TIME LIMIT:

14.1 The time limit will be 30 minutes for the first boat to finish.

14.2 Boats failing to finish within 10 minutes after the first boat will be scored DNF.

15. PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest procedures will be in accordance with ISSA Procedural Rules. Protests should be filed as soon as sailors return to the dock. Hearings will take place between races and/or after racing is concluded for the day.

15.2 The protest time limit will be the end of the final race unless the race committee has been notified of additional protests.

15.3 Appendix T4 (a) and (b) is in effect for Redress.

16. SCORING

16.1 Scoring will be in accordance with ISSA-PR 9 and 11(c).

16.2 Three races in each division must be completed to constitute a regatta

17. SUPPORT AND COACH BOATS

17.1 Coaching will be in accordance with ISSA Procedural Rule 8.

17.2 One (1) Coach Representative will be appointed by the Carolina YC Waterfront Director. The Coach Representative will be allowed minimal communication with the Race Committee via VHF radio for feedback purposes only. Any suggestions from teams shall be directed to the Coach Representative. The penalty for failure to comply with this requirement may result in disqualification of all boats associated with the infringing team personnel.

18. ENVIRONMENTAL AND SAFETY

18.1 ISSA-PR 2.2 applies, requiring the wearing of approved PFDs.

18.2 A boat that retires from a race shall notify the race committee as soon as possible.

19. RECORD OF PARTICIPATION:

19.1 Record of Participation information must be entered on-line to Techscore by the adult representative. The time limit to submit this information is 30 minutes after the completion of the last race.

19.2 Failure to do may result in a 20 points per Division added to the total team score. This changes RRS 63.1.

20. GEAR REQUIREMENT

20.1 Appropriate sailing gear for the water temperature and air temperature will be required for all sailors. No cotton clothing such as jeans or sweatshirts will be allowed and proper footwear is required. Wet suits or dry suits are highly recommended. Coaches are asked to monitor gear of their team members. The organizing authority reserves the right to remove any sailor that they feel is not properly outfitted for conditions.

21. RISK STATEMENT:

21.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

21.2 The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

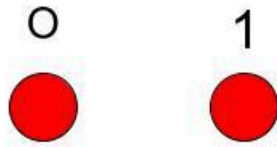


Diagram A

2: S - 1 - O - F(downwind)

4: S - 1 - O - 2a/2b - 1 - O - F(downwind)

6: S - 1 - O - 2a/2b - 1 - O - 2a/2b - 1 - O - F (downwind)

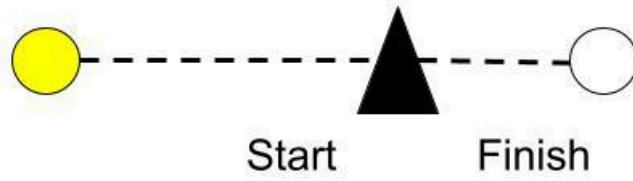


Diagram B

3: S - 1 - O - 2a/2b - F (upwind)

5: S - 1 - O - 2a/2b - 1 - O - 2a/2b - F (upwind)

