



2026 ISSA Singlehanded Championship

For the

CRESSY TROPHY

Hosted by American Yacht Club

499 Stuyvesant Ave, Rye NY 10580

Oct 30 - Nov 1, 2026

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2025-2028, the ISSA Procedural Rules, the ISSA Code of Conduct, the ISSA National Championship General Conditions and the Scholastic Dinghy Class Rules.
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association (ISSA) in conjunction with American Yacht Club (AYC).
- 1.3. Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 13(c) will be in effect.
- 1.4. The first sentence in rule P1.2, Appendix P, is changed to: "If an observer appointed under rule P1.1 decides that a boat has broken rule 42 or rule 31 without taking an appropriate penalty for breaking 31, the boat may be penalized by, as soon as reasonably possible making a sound signal, pointing a yellow flag at her, and clearly identifying her by hailing, even if she is no longer *racing*."
- 1.5. Rule 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"
- 1.6. A protesting boat shall, at the first reasonable opportunity after finishing, notify the race committee of its intent to protest. Failure to do so makes her protest invalid. This changes rule 60.4 and ISSA PR 15b.

2. NOTICE TO COMPETITORS:

- 2.1. Official notices will be posted on the official Notice Board located on Techscore. Order of protests, time limits, and other jury action will be posted on a physical board on the front porch of the AYC Clubhouse.
- 2.2. Changes to the sailing instructions shall be approved by the chief judge and the ISSA representative and shall be posted on the official Notice Board, with an announcement prior to taking effect.

3. SCHEDULE:
 - 3.1. Report times each day are listed in the NOR.
 - 3.2. The number of races each day will be at the discretion of the regatta chair and the ISSA representative.
4. 4. COURSES AND MARKS:
 - 4.1. The courses will be announced before each race and will be taken from the Course Description on the official Notice Board.
 - 4.2. All marks will be orange inflatables, except the starting and finishing mark which will be yellow.
5. START/FINISH AND SIGNALS:
 - 5.1. Races will start in accordance with ISSA PR 7.9.
 - 5.2. The starting line will be between an orange flag on the signal boat and the course side of the port end yellow mark.
 - 5.3. The finish line will be between a blue flag on the signal boat and the course side of the port end yellow mark.
 - 5.4. The ILCA 7 fleet class flag is a white flag with the ILCA logo. The ILCA 6 girls' fleet class flag is a yellow flag with the ILCA logo. The ILCA 6 boys' class flag is a green flag with the ILCA logo.
6. FORMAT:
 - 6.1 The race committee will attempt to complete 12 races in each fleet.
 - 6.2 Each fleet is a different regatta, therefore the number of races in each fleet do not necessarily need to match.
7. PROTESTS:
 - 7.1. Protest forms will be available at the protest desk location on the American Yacht Club front porch.
 - 7.2. Video, data and/or photographs taken from any source shall not be presented by the competitors as evidence at protest hearings. This changes RRS 63.4(b).
8. SCORING: Scoring will be in accordance with ISSA PR 9, with the exception that ISSA PR 9(e) is deleted.
9. COACHING: ISSA PR 8 will apply. Coaching will take place from shore, or a host-provided boat.

10. SAFETY: A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
11. REGATTA CONTACTS
Kevin Broome – Event Chair – americanycsailing@gmail.com
Giff Constable – Regatta Chair – giff.constable@gmail.com
Rob Hurd – ISSA Representative – RSHurd@hotmail.com

COURSE DESCRIPTION

Races will be W4 with the following rounding order:

Start - W - O - gates GS/GP - W - O - GP (to port) - Finish

Note 1: A boat is not required to go between GS and GP to finish. She may leave GS to port.

