

Duxbury Fall Invite
Duxbury Bay Maritime School
457 Washington St. Duxbury, MA 02332
SEPTEMBER 13, 2026

SAILING INSTRUCTIONS

1. RULES:

1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing, the ISSA PR

Rules and the ISSA National Championship General Conditions and the Scholastic Dinghy Class Rules, and

the NESSA District Rules.

1.2. In accordance with RRS 70.3(b), decisions of the protest committee are final. US SAILING's permission has been granted.

1.3. The Organizing Authority (OA) is the Duxbury High School Sailing Team and Duxbury Bay Maritime School. . 1.4. Rule 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"

1.5. A protesting boat shall, at the first reasonable opportunity after finishing, notify the Race Committee of its intent to protest. Failure to do so makes her protest invalid. This changes rule 60.4 and ISSA PR 15b.

1.6 RRS Appendix V1, Alternative Penalties shall be in effect - Two turns for fouls in the zone, one turn otherwise. Refer to the rulebook for exact wording.

2. NOTICE TO COMPETITORS:

2.1. Official notices will be posted on the official notice board located on Tech Score. 2.2.

Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning

signal on the day it will take effect.

3. CODE OF CONDUCT:

3.1 The ISSA Code of Conduct (Procedural Rules Appendix 1, ISSA PR) applies to all competitors and event officials participating in and attending this event, as well as support persons, coaches, parents, and spectators who are ultimately responsible for their students.

3.2 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

4. SCHEDULE:

4.1. Report time is listed in the NOR.

4.2. The number of races will be at the discretion of the regatta chair, Phil Morse 4.3. Rotation schedules and boat assignments will be posted on [Tech Score](#) by the Sailor's meeting.

4.3 Rotations will be done by hull numbers.

5. COURSES AND MARKS:

- 5.1. Courses will be in accordance with ISSA PR 7.8
- 5.2. The race committee may designate course selection orally.
- 5.3. All marks orange balls and high flyer start pin
- 5.4. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.
- 5.5. In accordance with ISSA PR 7.8(d) races will not be shortened, but a race may be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.
- 5.6. If a boat is delaying the finish of a race, the race committee may end the race and score the boat in its current position.

6. BOATS: Boats will be sailed as provided, except that mainsheets may be rigged 3:1 or 4:1. Bow lines should be kept free to use quickly, if needed. Bridles may not be used.

7. START/FINISH AND SIGNALS:

- 7.1. Races will start in accordance with ISSA PR 7.9.
- 7.2. The start/finish line will be between a flag on the race committee boat and a mark (high flyer).

8. BREAKDOWNS:

- 8.1. Breakdown requests shall be filed in the same manner as protests.
- 8.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

9. PROTESTS:

- 9.1. Protests procedure will be in accordance with ISSA PR Part VI
- 9.2. Protestors may name the accused by hull number or sail number, but they must specify.
- 9.3. There are some overlapping sails, differentiated by a burgee or a "D". Sails with a burgee may be referred to as B#, while sails with a "D" may be referred to as D#. So hull #12 will have sail B10, and hull #14 will have sail D10.

10. SCORING: Scoring will be in accordance with ISSA PR

11. SAFETY: A boat that retires from a race shall notify the race committee either before leaving the course, or
if that is impossible, immediately after arriving ashore

12. PRIZES: The top three schools will win berths to compete in the Roy Williams Invitational (NESSA ACC Qualifier)

- **NOTE TO COACHES:**

- Coaches will be provided with powerboats. Therefore, coaching is permitted between races and to assist with rotations. Check under your seat for gas before departing.
- Rotations will be done off of the gray plastic float.
- A launch will bring sailors out at the beginning and end of the day. Coaches are responsible to get their sailors to and from land.
- Any powerboat operators are expected to be wearing a safety lanyard (kill cord) any time they are operating a powerboat.
- Our Whaly powerboats can be difficult to maneuver at low speed. In order to initiate a sharp turn when docking, stop momentum before beginning a turn.
- At the end of the day, boats 1-6 and 13-18 shall be pulled up on the wood floats in order. 7-12 may be de-rigged on the gray plastic float, but will be towed in after sailing.

- **OBSTRUCTIONS & HAZARDS:**

- Please do not dock or land boats on the weather side of any floats. There are chains and other components which will damage the boats.
- Approach the lee side of the float, head to wind at a low speed.

12. REGATTA CONTACTS/REGATTA CHAIR:

Phil Morse

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