

Central Ohio High School Sailing Association

MISSA Girls Championship

September 19-20, 2026

4250 Smothers Rd Westerville, OH 43081

SAILING INSTRUCTIONS

1. Entries

Competing schools must be members in good standing of MISSA Membership will be verified prior to registration. This is a Tier 2 regatta. All teams must be accompanied by an adult advisor, coach or parent. Only one team per school may enter this event. All competitors must be female.

2. Notices to Competitors

Notices to Competitors will be posted on the Official Notice Board located on the East wall inside the clubhouse next to the white board.

3. Changes in the Sailing Instructions

Any change in the Sailing Instructions will be posted before 0900 on the day it will take effect. Other changes may be made to expedite the running of the event if Judges approve and all teams are notified before the race in which the change would take effect.

Changes to a sailing instruction may be made on the water in accordance with RRS 90.2(c) and ISSA PR 7.3 by hailing competitors of the change, flying code flag L and relaying the change via VHF to coaches and support personnel.

4. Schedule of Races

Saturday, September 19, 2026

0800- Check in and Registration

0800-0900- Rigging of boats

0900- Competitors meeting mandatory for all sailors

0945- First Warning. Races will continue throughout the day. Lunch will be served on shore between sets. Racing will not stop during the day.

1600- No race shall start after this time.

Sunday September 20, 2026

0800- Check in and rigging of boats

0845- Competitors meeting mandatory for all sailors

0930- First Warning race 1 of the day.

1300- No race shall start after this time.

1400- Awards and departure

5. Personal Flotation

Life Jackets shall be worn by all competitors shore to shore. This changes RRS 40.

6. The Course

We will run a W4 course with gates and a downwind finish on the 2nd run. A diagram of the course will be posted at the competitors meeting Saturday morning. The Race Committee may change the position of any mark after the starting signal provided that no boat is on that leg of the course. There will be no signal for any change. This changes RRS 33.

7. Marks

All marks will be orange spheres.

8. The Start

8.1 Sound-Signal Starting System shall be used.

8.2 The starting line will be between a staff with a Blue RC Flag on the Race Committee boat at the starboard end and the nearby mark at the port-end.

8.3 The Race Committee may attempt to notify individual boats by hailing their sail numbers. (This changes RRS 29.1 and S6) Failure to hail or the order of hails shall not be ground for redress.

9. The Finish

9.1 The finishing line will be between a staff with a blue Race Committee flag on the Race Committee boat at the starboard end and the nearby mark on the port end.

9.2 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position. A boat finished in place shall not be entitled to redress for the action of the RC to finish her in place.

10. Penalty System

Appendix V is in effect for this regatta.

11. Protests and Breakdowns:

Protest procedure will be in accordance with ISSA PR Part VI

The protest time limit is 30 minutes after the boat intending to protest returns to shore.

12. Scoring

Scoring will be according to ISSA PR 9.

13. Prizes

13.1. Prizes will be awarded to the Top 3 teams overall, as well as the top 3 A and B division teams.

13.2. Championship qualifying: The top four (4) overall finishing schools will qualify for the PCISA Girls Invitational Regatta at Mission Bay YC in San Diego, CA October 17-18.

Additional berths may be available. Schools earning berths must confirm in accordance with MISSA District Rule 5.11