NorCal 3 & 4

October 31 and November 1st
Organizing Authority (OA): PCISA
Host: Encinal Yacht Club
1251 Pacific Marina, Alameda, CA 94501

Sailing Instructions

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1 RULES

1.1 The regattas will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), the current ISSA and PCISA Procedural Rules, the Notice of Series for the 2026-2027 Norcal Series, and these Sailing Instructions.

1.2 Each team must provide their own class legal CFJ, including sails and all rigging. Boats will not be rotated. Clubs and schools shall coordinate sail numbers to avoid duplicates.

1.3 All Silver Fleet boats shall fly an identifying ribbon at the top of their mainsail (provided at check-in).

2 NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board on the white board outside the EYC Regatta Room located downstairs

3 CHANGES MADE TO SAILING INSTRUCTIONS

3.1 Any change to the SIs will be posted before 1045 on the day it will take effect, except that any change in the schedule of races will be posted by 1800 on the day before it will take effect.

4 SCHEDULE

NorCal #3 - Saturday, October 31, 2026		NorCal #4 - Sunday, November 1, 2026	
9:30am - 10:30am	Registration & Rigging	**9:30am - 10:30am**	Registration & Rigging
10:30am	Competitors' Meeting	**10:30am**	Competitors' Meeting
11:30am	First Warning	**11:30am**	First Warning
4:00pm	No Starts After	**4:00pm**	No Starts After
4:30pm	Awards	**4:30pm**	Awards

5 NUMBER of RACES

5.1 A minimum of one race shall constitute a completed regatta.

6 RACING AREA, RIGGING AND BOAT/TRAILER STORAGE

6.1 The race course will be located inside the Oakland/Alameda Estuary in front of Encinal Yacht Club.

6.2 Boats will be rigged in the parking lot or in the EYC boat yard

6.3 Trailers will be stored in the EYC parking lot (see attachment B)

6.4 Boats will be kept in the EYC boatyard overnight (see attachment B)

6.5 All trailers must vacate the parking lot by 2200 on Sunday unless arrangements are made with EYC

7 COURSES

7.1 Diagrams in Attachment A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left. The number of the course to be sailed will be hailed or displayed from the Race Committee boat before each race.

8 MARKS AND START/FINISH LINES

8.1 The starting line will be between an orange flag on the RC Signal Boat at the starboard end of the line, and either an orange flag on the "pin" boat at the port end of the line or orange "pin" buoy.

8.2 The finishing line will be between a blue flag and a small orange buoy to starboard of the Signal Boat. In the case of a windward finish, the finishing line will be between a blue flag and an RC boat.

9 THE START & RECALLS

9.1 Races will be started in accordance with RRS Rule Appendix U.

9.2 Individual recalls will be made in accordance with RRS Appendix U4.

9.3 The RC may attempt to hail a yacht's sail number; however, it is the responsibility of each yacht to make a proper start. Failure to be hailed or hear a hail is insufficient cause for redress, in accordance with RRS Appendix U5.

9.4 A General Recall will be signaled by multiple sound signals. In accordance with ISSA Procedural Rules, after a General Recall, the "Round-the-Ends Rule" provisions of RRS 30.1 shall apply. Flag I need not be displayed (this changes RRS 30.1).

9.5 The intended starting order will be Gold Fleet first, followed by Silver Fleet. When fleets are waiting to start, their competitors shall not sail in the vicinity of a start in progress.

10 TIME LIMITS

10.1 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored DNF (Did Not Finish) without a hearing. This alters RSS rule35.

10.2 The race committee reserves the right to finish a boat in place to prevent a delay in racing.

11 ALTERNATIVE PENALTIES, PROTESTS AND REQUESTS FOR REDRESS

11.1 Competitors may clear themselves by taking a one-turn penalty after fouling another competitor; this changes rule 44.1.

11.2 Protests will be handled in accordance with ISSA Procedural Rules Section 16

11.3 Protest forms are available at the scoring table in the EYC Regatta Room. Completed protest forms shall be returned to the scoring table within the protest time limit.

11.4 The time limit for submitting protest forms is 20 minutes after the RC start boat arrives back at the dock at the end of racing each day.

11.5 The schedule of protest hearings will be posted on the official notice board and involved parties must remain within hailing distance. Hearings will be held in the Protest Room located just outside the EYC regatta room.

11.6 Decisions of the Protest Committee will be final as provided in rule 70.5.

11.7 Failure to hear a course, postponement, hearing or recall signal shall not be grounds for redress.

12 SCORING

12.1 Scoring will be in accordance with ISSA Procedural Rules

13 SAFETY REGULATIONS

13.1 All competitors must wear a USCG approved PFD.

13.2 A competitor who retires from racing shall notify the Race Committee as soon as possible.

13.3 Any boat interfering with commercial traffic will be disqualified from the race. The race committee also reserves the right to abandon any race due to vessel traffic. Boats must clear the racing area if instructed by the race committee or a support boat.

14 COACHING AND SUPPORT BOATS

14.1 After the preparatory signal for a race, coaching will not be permitted until a competitor has finished that race.

14.2 Coach and support boats must carry working VHF radios.

14.3 Coaches and on the water support personnel must wear a USCG approved PFD.

15 PRIZES

15.1 Awards will be given to the top three teams in each fleet (Gold and Silver) for each regatta.

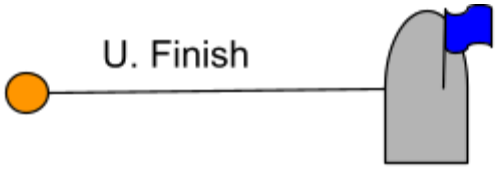
16 ADULT IN CHARGE

16.1 Each sailor must be chaperoned at all times during this event by a designated Adult in Charge. That adult shall be responsible for the conduct of the sailors on their team(s) and shall take responsibility for decisions regarding safety. All such adults are required to attend the parent/coach meeting immediately following the skippers' meeting on Saturday. The Adult in Charge must fully comply with ISSA procedural rule 1.3

17 DISCLAIMER OF LIABILITY

17.1 Competitors participate in the regattas entirely at their own risk. See RRS 3, Decision to Race. The team coach/parent/adult in charge is the final authority for each team. By participating in this event each competitor and their family agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform, and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophicinjuryordeathbydrowning,trauma,hypothermiaorothercauses. The organizing authority or host will not accept any liability for material damage or personal injury sustained in conjunction with or prior to, during, or after the regatta.

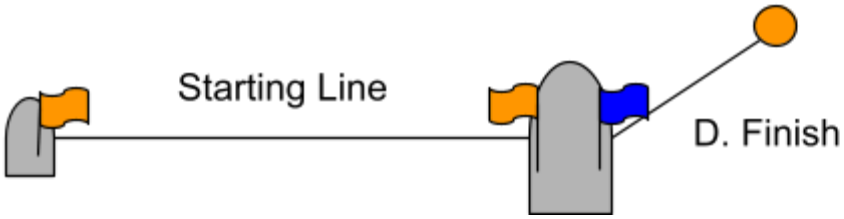
Attachment A - Course Chart



Windward, Offset (W/O)

Course 1:
St. - W/O - Gt - U. Finish
Course 2:
St. - W/O - Gt - D. Finish
Course 3:
St. - W/O - Gt - W/O - Gt - U. Finish
Course 4:
St. - W/O - Gt - W/O - Gt - D. Finish

Hint: Courses 1 & 2 are one lap, Courses 3 & 4 are two laps. Odd number courses finish upwind, even number courses finish downwind.



Description of Marks:

- *"W/O"* denotes a weather mark followed by an offset mark, both rounded to port.
- *"Gs* and *Gp"* denotes a gate, *"Gt"*. "*Gs*" is rounded to starboard and "*Gp*" is rounded to port.
- The weather mark will be an orange cylinder. The offset will be an orange ball.
- The gate marks will be orange cylinders
- The starting pin will be a boat with an orange flag, The finishing pins will be orange balls