2026 ANTEATER REGATTA

SAILING INSTRUCTIONS

November 7 – 8, 2026

Organizing Authority: Pacific Coast Interscholastic Sailing Association (PCISA)

Hosted by Newport Harbor Yacht Club & the UC Irvine Sailing Team

720 West Bay Avenue, Balboa, CA 92661 — www.nhyc.org

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1. RULES

1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), the prescriptions of US Sailing, and the ISSA Procedural Rules as modified by the PCISA, the rules of the CFJ Class (except as altered by the Sailing Instructions, or the ISSA Procedural Rules), the Notice of Race, and by these Sailing Instructions.

1.2 The US Sailing prescription to RRS 63.1(b) is deleted.

1.3 In accordance with RRS 70.3 and ISSA Procedural Rule 18, the right of appeal is denied. Decisions of the protest committee shall be final.

2. NOTICES TO COMPETITORS

2.1 Notices will be posted on the official regatta notice board located online at Techscore.

3. CHANGES IN THE SAILING INSTRUCTIONS

3.1 Any change in the sailing instructions will be posted before 1000 on the day it will take effect, except that any change in the schedule of races will be posted by 1900 on the day before it will take effect.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed from the flagpole at the top of the Newport Harbor Yacht Club launch ramp.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP. Competitors shall not leave the dock until AP is lowered.

5 ROTATION and FLEET ASSIGNMENT

5.1 Boats will be rotated between sets of races. A rotation schedule will be provided via Techscore.

6. BOATS & SAILS

6.1 Each team is responsible for supplying one class legal CFJ. Boats will be inspected by a designated regatta representative before launching or racing. Teams supplying boats that do not pass inspection will be responsible for supplying a replacement boat or make repairs as needed until the boat passes inspection.

6.2 Each team is responsible for rigging and unrigging the boat they sail in the first rotation of the regatta each morning and evening. Failure to properly care for boats and/or sails may subject a team to protest under this SI.

6.3 Each high school team will be issued a set of PCISA sails. Teams will be responsible for their original issued set of sails and for returning those sails at the end of racing on Sunday. Final race results will not be posted until all sets of sails have been returned.

6.4 Mainsails shall not be hoisted while ashore.

7. COMPETITOR'S MEETING

7.1 A Mandatory Competitor's meeting will be held on Saturday, November 7th at 1000 and Sunday, November 8th at 1000 at NHYC. A coaches' meeting will follow at 1015 each day.

7.2 The first warning signal each day is scheduled for 1100.

8. RACING AREA

8.1 The racing area will be in the harbor north of the Main Dock of the Newport Harbor Yacht Club.

8.2 Moored boats and their mooring balls and lines shall not be touched in any way.

9. MARKS

9.1 Marks 1, 2, 2s and 2p will be green inflatable cubes. The offset mark O will be an orange ball. The starting and finishing marks will be orange inflatable cubes.

9.2 Except at a gate, all rounding marks are to be left to port.

10. START/FINISH

10.1 The starting sequence will be a standard 3-minute starting sequence as described in the RRS Appendix U (Three-Minute Rule).

10.2 The start line will be between a staff displaying an orange flag on the Race Committee signal boat at the starboard end and an orange inflatable mark or a staff displaying an orange flag on an anchored Race Committee boat at the port end.

10.3 The windward finish line will be between a staff displaying a blue flag on the Race Committee finish boat and the nearby orange finishing mark. The leeward finish line will be between a staff displaying a blue flag on the Race Committee signal boat and the orange mark at the port end of the starting line.

10.5 No warning signal will be made after 1530 on Sunday, November 8th. There is no time limit on Saturday, November 7th.

11. THE COURSE

11.1 Courses will be as described in Addendum A. The Race Committee will hail or display the course number before the warning signal. The letter 'G' displayed with the course number means that a gate (2s and 2p) replaces mark 2.

12. INDIVIDUAL RECALL

12.1 Individual recalls will be signaled in accordance with ISSA Procedural Rules. The Race Committee will attempt to hail a boat's number; however, it is the responsibility of each boat to start properly. Failure to be hailed or hear a hail is insufficient cause for granting redress. Code Flag "X" shall be used to signal any premature starters.

13. GENERAL RECALLS

13.1 General recalls will be signaled and executed in accordance with ISSA Procedural Rules (multiple whistles and no visual signal). The one-minute rule shall apply after any general recall.

14. SAFETY & RETIREMENT

14.1 A yacht that retires from a race shall notify a Race Committee boat before leaving the race area. If that is impossible, notify a regatta representative immediately after arriving ashore.

14.2 Sailors must wear PFDs at all times while on the water, in accordance with ISSA Procedural Rule 2.2.

15. PROTESTS

15.1 Protests must be filed in writing within 30 minutes after the last boat returns to the dock for each rotation. All boats must notify the Race Committee Finish Boat on the water of their intent to protest immediately following the finish of the race in which the incident occurred. Protest forms will be available at the protest desk on the NHYC Sailing Patio.

16. SCORING

16.1 Scoring will be in accordance with ISSA Procedural Rules. Scores will be online at https://scores.hssailing.org

16.2 Any yacht failing to sail the correct course shall be scored NSC without a hearing.

16.3 Three (3) races for each division will constitute a series.

17. RECORD OF PARTICIPATION

17.1 Record of Participation must be completed online in Techscore (ts.hssailing.org) by 1700 on the last day of the regatta.

18. BREAKDOWNS

18.1 Breakdowns will be handled in accordance with ISSA Procedural Rule 9(e) and Appendix 5. Requests for breakdown redress must be filed within 30 minutes of returning ashore after the affected race.

19. COACHING

19.1 Coaching is not permitted on the water. All coaching shall take place from NHYC property, including the coaches' dock in the mooring field.

19.2 One (1) coach from each team will be permitted on the coaches' dock. No spectators shall be permitted on the coaches' dock.

19.3 Spectators and support persons shall remain off the course at all times and shall have no contact or communication with any competitor except when rendering assistance under RRS Rule 1 or as directed by the race committee.

20. PARTICIPATION

20.1 With the exception of RRS Rule 4, each school shall compete in all scheduled races. Any school breaking this rule, without permission of the Race Committee, is subject to severe disciplinary actions by the PCISA.

20.2 Unless competing, no competitor shall be on the water.

21. TROPHIES

21.1 Trophies will be awarded to teams placing 1st, 2nd, and 3rd in both Gold and Silver fleets as soon as possible after the last race.

22. ADULT IN CHARGE

22.1 Each sailor must be chaperoned at all times during this event by a designated Adult in Charge. That adult shall be responsible for the conduct of their sailors and for safety decisions. This Adult in Charge must also comply with ISSA Procedural Rule 1.3 (https://hssailing.org/documents/2025-2028-ISSA-Procedure-Rules.pdf).

23. DISCLAIMER OF LIABILITY & RISK STATEMENT

23.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform, and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes. The organizing authority will not accept any liability for material damage or personal injury sustained in conjunction with or prior to, during, or after the regatta.

24. HOUSE RULES

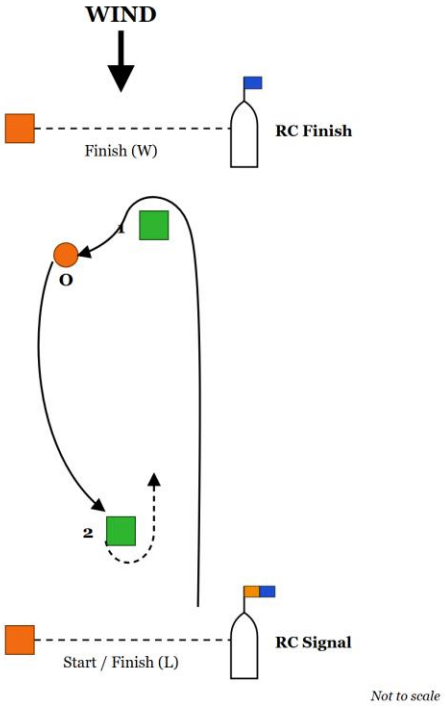
24.1 Competitors, coaches, and team supporters shall comply with the NHYC house rules listed in the Notice of Race.

Addendum A

Course #	Course
1	Start – 1 – O – Finish (L)
2	Start – 1 – O – 2 – Finish (W)
3	Start – 1 – O – 2 – 1 – O – Finish (L)
4	Start – 1 – O – 2 – 1 – O – 2 – Finish (W)

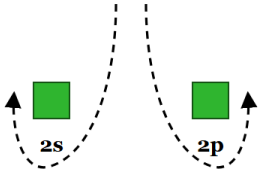
(W) = windward finish; (L) = leeward finish on the starting line. When the letter 'G' is displayed with the course number, a gate replaces mark 2: boats may round either Gate Port (2p) or Gate Starboard (2s) and proceed upwind or to the finish.

Mark	Description
Start / Finish	Orange inflatable cube
1, 2, 2s, 2p	Green inflatable cube
O (offset)	Orange ball



Not to scale

Leeward Gate (when 'G' is displayed)



Downwind approach from mark O