



SEISA

**SEISA District 2026 Single Handed Championship Regatta
(Qualifier for the Cressy High School Singlehanded Championship)**

ILCA 6 Girls, ILCA 6 Boys, and ILCA 7 Open

September 26-27, 2026

Organizing Authority: SEISA

**Hosted by: Jesuit High School Sailing at
Southern Yacht Club**

**NOTICE OF RACE
POSTED (9/14/2025)**

1. RULES

1.1 The Organizing Authority will govern the regatta by the rules as defined in the 2025-2028 edition of *The Racing Rules of Sailing* (RRS), the [ISSA Procedural Rules](#), [the SEISA District Rules](#), [the Cressy Conditions](#), this Notice of Race, and the Sailing Instructions.

1.2 RRS Appendix P is in effect modified per ISSA Procedural Rule 13(c).

1.3 Rule 60.4(a)(2) is changed as follows: “(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or”

1.4 Changes to PR 15 (b) “A protesting boat shall, at the first reasonable opportunity after finishing, notify the Race Committee of its intent to protest. Failure to do so makes her protest invalid. This changes rule 60.4.”

1.5 Per ISSA PR 18 and RRS 70.3(b), all results are final. The right to appeal is denied.

2. CLASSES

2.1 Boat classes will be ILCA 7 Open, ILCA 6 Boys, and ILCA 6 Girls

3. SAFETY

3.1 All competitors must wear USCG approved, non-inflatable personal flotation device (PFD) in good repair, at all times on the water, except to quickly change clothing.

3.2 Per ISSA PR 2.5, a team uniform/pinnie shall be worn outside the PFD.

4. ELIGIBILITY

4.1 Competing schools must be current active members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules. If your team is not a current ISSA member, go to:

<https://registration.hssailing.org/>

4.2 Competitors shall be in 9th - 12th grade.

4.3 Competitors must be accompanied by a designated adult team leader/chaperone who is responsible for and must accompany the school's team at the regatta site. This adult may be an adviser, coach, or parent recognized by the school.

4.4 Competitors must be registered (names listed) under their High School in the ISSA database.

5. ENTRY

5.1 Entry fee is \$60.

5.2 Contact the Regatta Chairman to commit your team and arrange payment.

6. BOATS

This is a BYOB event with ILCA 7 (Standard) or ILCA 6 (Radial) Laser division. Boats and sails must meet class rules and may be inspected for compliance at any time during the event.

Boats will be launched only from the laser/dinghy ramp at Southern Yacht Club as designated by the Organizers.

7. SCHEDULE OF EVENTS

7.1

Friday, September 25, 2026	1700	Entry Deadline
Friday, September 25, 2026	1200	Venue Open for Practice
Saturday, September 26, 2026	0800-0900	Registration and check-in,
	0930	Competitors Meeting at Community Sailing NO
	1000	Harbor Start
	ASAP	First Gun
Sunday, September 27, 2026	0930	Competitor briefing at Community Sailing NO
	1000	Harbor start
	1400	No warning signal after this time
	ASAP	Results presentation at Southern Yacht Club

7.2 The Official Notice Board will be TechScore

7.3 We will attempt to post changes to schedule on the notice board by 1900 the day before a change goes into effect.

8. SAILING INSTRUCTIONS

Sailing Instructions will be available by 1700 hours Wednesday September 23, 2026.

9. RACING AREA

Races will be sailed on Lake Pontchartrain in the vicinity of Southern Yacht Club

10. SCORING

10.1 Scoring will be in accordance with ISSA Procedural Rule 9.

10.2 Twelve (12) races are scheduled; one (1) completed race will constitute a regatta

11. COACHING

11.1 Per ISSA Procedural Rule 8, on the water coaching is allowed from anchored boats only in the designated coaching area, provided at least one coach from each team has equal access to the area. Coach boats will not be provided. Please coordinate ahead of time to secure a spot on another coach's boat if you do not intend to bring your own. ISSA Procedural Rule 8(d) dictates that disqualification of the sailor is the result of breaking this rule.

11.2 Per ISSA PR 8(b), any sailor who intends to protest MUST report to the race committee BEFORE talking with any support personnel in coach boats.

12. PRIZES

12.1 First place in each fleet will qualify for the 2026 ISSA CRESSY HIGH SCHOOL SINGLEHANDED CHAMPIONSHIP date held at American Yacht Club in Rye, NY October 31-November 1, 2026 organized by ISSA.

13. IMPORTANT NOTICE TO ALL REGATTA CONTESTANTS:

ISSA Code of Conduct per ISSA Procedural Rules Appendix 1 is in effect before, during and after the event and applies to all competitors and event officials, as well as support persons, coaches, parents, and spectators.

14. REGATTA CONTACTS

Regatta Chairs: –

Christopher R. Teske— cteskenola@gmail.com- 504-261-0102

SEISA representative – Dan Zwerg dzwerg@ststan.com – (228)-327-4557