2026 High School Atlantic Coast Championship

Hosted by

Old Dominion University

November 14-15, 2026

SAILING INSTRUCTIONS

1. **RULES:** The regatta will be governed by the rules as defined in 2025-2028 *The Racing Rules of Sailing*, the ISSA Procedural Rules, the Scholastic Dinghy Class Rules, the NOR, and these SI's.

1.2 In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.

1.3 RRS 60.4(a)(2) is changed as follows: "2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"

2. **NOTICE TO COMPETITORS:**

2.1 Official notices will be posted on the official notice board located on Techscore. Order of protests and other jury action may be posted on the waterside glass entryway of the Sailing Center.

2.2 Changes to the sailing instructions shall be posted on the official notice board, with an announcement prior to taking effect.

3. **SCHEDULE:**

3.1 Report times each day are listed in the NOR.

3.2 The number of races each day will be at the discretion of the regatta chair.

4. **COURSES AND MARKS:**

4.1 The courses will be announced before each race and will be taken from the Course Description on the Notice Board.

4.2 All marks will be orange round spheres, except for the starting and finishing mark which will be yellow.

5. **START/FINISH AND SIGNALS:**

5.1 Races will start in accordance with ISSA PR 7.9.

5.2 The starting line will be between an orange staff on the signal boat and a yellow buoy at the port end. The finish line will be between the same orange staff and yellow buoy as the starting line.

6. **FORMAT:**

6.1 The committee will attempt to complete 14 races.

7. **PROTESTS:** Protests shall be filed within 30 minutes of the last boat reaching shore at the end of the day or any other breaks in racing taken ashore including during rotations. Changes ISSA PR 15e. Protest forms will be available in the ODU Sailing classroom and handed to a protest committee official.

7.1 Video, data and/or photographs taken from any source shall not be presented by the competitors as evidence at protest hearings. This changes RRS 63.4.

8. **SCORING:** Scoring will be in accordance with ISSA PR 9.

9. **COACHING:** ISSA PR 8 will apply. Coaching will take place from shore, or a host provided boat.

10. **SAFETY:** A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11. **REGATTA CONTACTS:** Mitch Brindley Head Coach Old Dominion University mbrindle@odu.edu or Tyler Colvin, Associate Head Coach. 757-683-3387. Dr. Randall Nunn MASSA District Director - MASSADistrict@gmail.com 732-581-1100