

**Casco Bay Open
Portland High School
September 5, 2026
SAILING INSTRUCTIONS**

1. RULES:

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing, the ISSA Procedural Rules and the ISSA National Championship General Conditions and the Scholastic Dinghy Class Rules.
- 1.2. In accordance with RRS 70.3(b) decisions of the protest committee are final. US SAILING's permission has been granted.
- 1.3. The Organizing Authority (OA) is SailMaine.

2. NOTICES TO COMPETITORS:

- 2.1. Official notices will be posted on the official notice board located at the SailMaine office.
- 2.2. Changes to the sailing instructions shall be approved by the NESSA representative and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. CODE OF CONDUCT: Competitors and support persons shall comply with the SailMaine Code of Conduct. <https://www.sailmaine.org/conduct>

4. SCHEDULE:

- 4.1. Report times each day are listed in the NOR.
- 4.2. The number of races each day will be at the discretion of the regatta chair, Sam Scribner.
- 4.3. Rotation schedules and boat assignments will be posted on Tech Score after the competitor's meeting.

5. BOATS: Boats will be sailed as provided, except that mainsheets may be rigged 3:1 or 4:1. Bow lines should be kept free to use quickly, if needed.

6. COURSES AND MARKS:

- 6.1. Courses will be in accordance with Appendix A
- 6.2. The race committee may designate course selection orally.
- 6.3. All marks will be inflatable marks.

7. START/FINISH AND SIGNALS:

- 7.1. Races will start in accordance with ISSA PR 7.9.
- 7.2. The start/finish line will be between a flag on the race committee boat and a mark, except on course W3 and W5 where the finish line will be separate from the start line (see Appendix A)

8. BREAKDOWNS:

- 8.1. Breakdown requests shall be filed in the same manner as protests.

8.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 5.

9. PROTESTS: Protests procedure will be in accordance with ISSA PR Part VI.

10. SCORING: Scoring will be in accordance with ISSA PR 9.

11. SAFETY:

11.1. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11.2. In the event of a capsize, collision, or potential injury causing incident, the race committee and support boats may provide assistance to any affected boats at the race committee personnel's discretion.

11.3. If a boat is provided outside assistance from a support boat, the race committee reserves the right to direct a competitor back to land to sit out the following races of that set if they deem the boat is likely to need assistance again. If the incident is deemed to be related to wind/water conditions, the race committee may require this team to remain on the dock for subsequent sets if those conditions have not significantly improved.

Appendix A: Course Diagram

Course	Mark Rounding Order
W3	Start-1-1a-2s/2p-Upwind Finish*
W4	Start-1-1a-2s/2p-1-1a-Downwind Finish
W5	Start-1-1a-2s/2p-1-1a-2s/2p-Upwind Finish*

*Upwind finish will be between marks 1 & 1a and will be sighted by a RC boat that may not be anchored. The RC boat will not mark an end of the upwind finish line

