Larchmont Yacht Club on-the-water EMERGENCY Procedure

PREREQUISITES

- Once on the water, coach(es) should assume they will not be supported by shore-side personnel / assets.
- All personnel participating in LYC-sanctioned events have been trained on and are familiar with the procedure defined below.
- All coaches are certified in First Aid and CPR, and will serve as on-the-water First Responders.
- All coach/safety boats are properly equipped, and all coach(es) are properly outfitted.
- Coaches are within 2 miles of LYC – outside of this range, hailing Mamaroneck Marine Police on VHF channel 16 may be the most appropriate course of action.

PROCEDURE

Injured Sailor(s) Signal For Help

- Any sailor who experiences an accident or injury that requires assistance from the coaching staff will signal for help using a whistle and/or by slowly and repeatedly raising and lowering both arms and/or by lowering sails.

Coach(es) Assist Injured Sailor(s)

- The coach closest to those in need will proceed to the scene and render assistance.
- While enroute to the scene, communicate with other coaches (if available) and the Front Desk via VHF radio and inform them of the nature of the emergency. Have them prepare to call for assistance. Front Desk SOP is to call Larchmont Police / EMS from landline.

If Required, call (914) 834-2440 to obtain assistance from Front Desk. Only if Front Desk unavailable call Larchmont PD Directly (914) 834-0016

- If it becomes obvious that assistance will be required from shore-side emergency personnel, direct another coach to CALL FRONT DESK. If alone, direct an available sailor to board the safety boat and task them to CALL **FRONT DESK VIA VHF OR BY PHONE IF NECESSARY**. Continue to render assistance to the injured sailor(s).
- The person making the call shall inform Front Desk / Emergency Personnel of the nature of the emergency and what assistance is required. For example:

  I am currently rendering assistance to an injured sailor. (*See Chart On The Reverse*)

  I require the support of emergency medical personnel. I am transporting the injured sailor to the Larchmont Yacht Club at **1 Woodbine Avenue, Larchmont, NY 10538**.

  My contact information is: _____ (*Give Cell Phone Number) or Junior Program Director cell 203-257-4706.*

If required, transport injured sailor(s) to the LYC Launch Dock (Front of Clubhouse), and inform shoreside personnel of the situation.

- Waterfront Director cell phone number (203) 524-7740
- Using techniques appropriate to the injury, bring the injured sailor(s) aboard the safety boat.
- Proceed at maximum safe speed (traffic dependent) to the **Launch Dock.**
- Continue to render assistance to the injured sailor(s).

Debrief incident with Junior Program Director and/or Waterfront Director

OPTIONS **If LYC Shore-Side Support (Front Desk) Is Available:** Call for support by cell phone or VHF radio.

If Other Sailing Activity Is Occurring In The Vicinity of the Accident: Call for support from others in the vicinity using the VHF channels and/or cell phones. (Contact information is provided on the reverse).

Larchmont Harbor, Surrounding Area and Detail of Larchmont Yacht Club

Organization	VHF Channel	Phone	Alt. Phone
US Coast Guard / Emergency	16		
Larchmont Police Department / EMS		(914) 834-0016	
Larchmont Yacht Club Front Desk	72	(914) 834-2440	
LYC Marine Facilities / Launch	72	(914) 468-7742	
LYC Sailing Office	72 / 65A	(914) 468-7735	
LYC Junior Sailing Office	65A / 72		(203) 257-4706
LYC Waterfront Director	72	(203) 524-7740	
LYC Sailing Director	72		(508) 317-0053