MDISA Varsity Championship
SCC is the Organizing Authority
Hosted by
Sailing Center Chesapeake
15 November 2026

SAILING INSTRUCTIONS

1 RULES

The regatta will be governed by the rules as defined in the 2025-2028 Racing Rules of Sailing (RRS), the 2025-2028 ISSA Procedural Rules, the notice of race and these sailing instructions. In an event of a conflict between governing documents and the sailing instructions, the sailing instructions shall take precedence.

1.1 RRS Appendix P is in effect per PR13(c).

2 NOTICE TO COMPETITORS

Official notices including changes to the sailing instructions will be posted on the Notice Board on Techscore and on a whiteboard located on dock at SCC. Any changes to the Sailing Instructions will be posted before the first race in which they are to take effect. In the event of a conflict the white board will take precedence.

3 SCHEDULE OF EVENTS

Sunday, 15 November

Report Time	0900	
Competitors' Meeting	0930	
First Warning	1000	(approximately)
No Race Start After	1530	

4 BOATS & EQUIPMENT

4.1 SCC FJ's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Jib halyards tails shall remain rigged in front of the spreaders.

4.2 Mainsheets may be rigged with a 3:1 or 4:1 purchase.

4.3 The penalty for infringing upon 4.1 or 4.2 will be disqualification from all races sailed in contravention of those instructions.

4.4 Competitors shall report all damage or loss of equipment; however slight, to the beach/boat committee immediately after arriving on shore and to the Race Committee Finish Boat on the water immediately after all boats in that race have finished.

4.5 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except the Jury may grant redress for the failure of the main halyard masthead knot.

5 FORMAT

5.1 The format will be a single round robin, two division regatta.

5.2 Two A Division races will be sailed followed by two B Division races, unless an odd number of races is sailed by each division.

5.3 The Race Committee has the option of sailing three races in one rotation thus modifying the posted rotation.

6 COURSES AND MARKS

6.1 Standard **W4** course, with an optional windward offset and leeward gate above the start/finish line, will be utilized unless conditions require, or the race committee see fit to alter. A W**3** (or W5) course may be used to facilitate rotations by finishing near the rotation site.

6.2 The course to be sailed will be announced orally and taken from the course diagrams posted on the Techscore notice board and on these Sailing Instructions (appendix 1).

6.3 All rounding marks will be orange. The start finish marks will be orange, green or yellow balls.

6.4 In accordance with ISSA PR 7.8, after the starting signal, the race committee may change the position of any mark to maintain course configuration, if no boat is on that leg of the course. No signals are required (changes RRS 33).

7 SHORTENING OR ABANDONING RACE

In accordance with ISSA PR 7.8 (d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible.

8 START, FINISH AND RECALLS

Races will start in accordance with ISSA PR 7.9(a) except that RRS Appendix U- Audible-Signal Starting System will be modified as follows:

8.1 Individual Recall - When, at a boat's starting signal, any part of her hull is on the course side of the starting line, or she must comply with RRS 30.1, the race committee shall promptly display flag X (or a designated flag or device). The flag shall be displayed until the hull of each such boat has been completely on the pre-start side of the starting line or one of its extensions, and until all such boats have complied with RRS 30.1 if it applies, but not later than two minutes after the starting signal, whichever is earlier. The Race Committee may also attempt to notify individual boats by hailing their sail or bow numbers. (Changes RRS 29.1 and U4)

8.2 General Recall – The race committee may signal a general recall by multiple sounds and the hail of "general recall" and need not display the First Substitute. Following a general recall, the warning for any subsequent start may be initiated at any time. (Changes RRS 29.2) After a general recall, RRS 30.1 (I Flag Rule) shall apply and no signal need be given. (Changes RRS 30.1)

8.3 As a courtesy, the Race Committee will attempt to hail boats "On Course Side" (OCS) as soon as possible after the start. Failure of electronic equipment, failure to hear a hail, order of hail, or delay in hailing will not be grounds for redress. This modifies RRS 62.1 (a).

8.4 The "round the ends rule" provisions of RRS30.1 may apply for any start if hailed prior to the starting sequence. The signal will be made orally and with the display of flag "I". This changes RRS30.1

9 BREAKDOWNS

9.1 Breakdown requests shall be filed in the same manner as protest. There will be a bosun boat on the water.

9.2 Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 5

10 PROTESTS

10.1 Protest procedure will be in accordance with ISSA PR Part VI. Per Procedural Rule 8 (b), competitors may not communicate with a coach before reporting to the race committee their intent to protest.

10.2 Protest time limit for filing a request shall be 30 minutes after the last FJ comes ashore after the last race of the day.

10.3 Protest forms will be available on the beach.

11 SCORING

11.1 Scoring will be in accordance with ISSA PR 9.

12 COACHING

12.1 Coaches, team leaders, chaperones advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats,

competitors, and teams associated with the infringing personnel.

12.2 Coaches, team leaders, chaperones, advisors, parents, or other support personnel may go afloat in the sailing area while serving as an umpire or assisting with race management.

12.3 Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, on the water or while ashore.

13 SAFETY

13.1 Competitors and Coaches shall wear USCG approved Type III Personal Flotation Devices (PFDs). Inflatable type PFDs are not permitted.

13.2 Failure to comply with 13.1 will be grounds for disqualification from all races sailed in contravention of those instructions.

13.3 Competitors shall supply the equipment to meet the requirements of 13.1.

13.4 At its discretion, the Race Committee or Organizing Authority may require a competitor to retire from racing if the competitor is determined to be a risk to their own or others 'safety.

13.5 All competitors must wear closed toe shoes while sailing and launching/recovering boats.

14 TROPHIES

14.1 No trophies will be awarded.

15 WAIVER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 3, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

16 RIGHTS TO USE NAME AND LIKENESS:

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

17 CONTACTS

Danielle Moulds

SCC Regatta Director

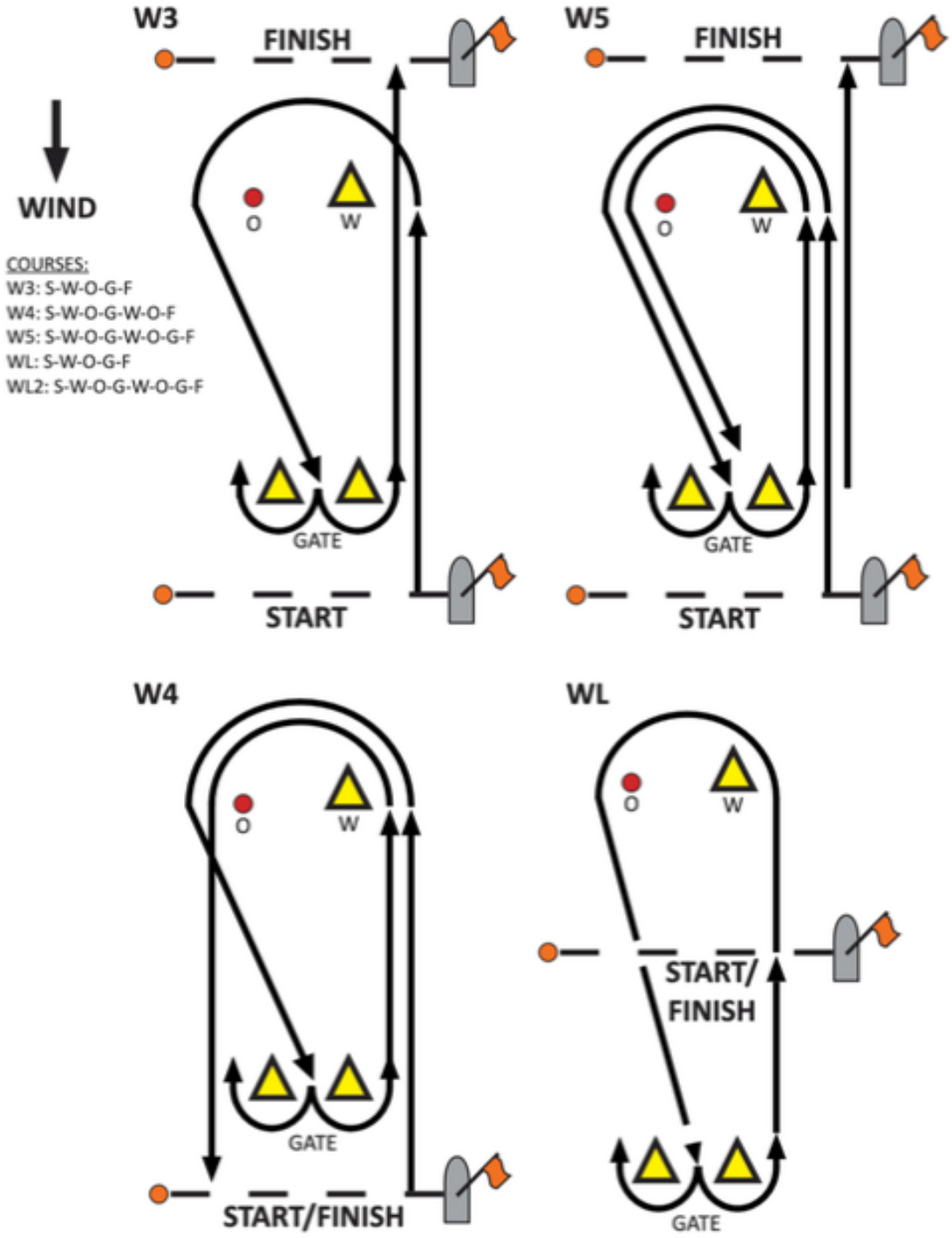
regattas@somdsailing.org

18 ANNOUNCEMENT

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during November 15, 2026 may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and at their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

COURSES FOR FLEET RACING

For fleet racing, the courses below are recommended.



COURSES:
W3: S-W-O-G-F
W4: S-W-O-G-W-O-F
W5: S-W-O-G-W-O-G-F
WL: S-W-O-G-F
WL2: S-W-O-G-W-O-G-F