

SAILING INSTRUCTIONS

MISSA SINGLEHANDED CHAMPIONSHIP / CRESSY QUALIFIER

September 12–13, 2026

(OA)Midwest Interscholastic Sailing Association (MISSA) & Chicago Yacht Club
Chicago Yacht Club, 300 W. Belmont Ave, Chicago, Illinois

NOTATION

“[NP]” denotes a provision for which a boat may not protest or request redress. This changes RRS 60.1, 60.4(a)(2), and 61.1(a).

“[DP]” denotes a provision for which the penalty is at the discretion of the Protest Committee.

1 RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The ISSA Procedural Rules. https://hssailing.org/documents/procedural_rules.pdf
- 1.3 The MISSA Supplemental Rules apply. <https://missa.hssailing.org/about/missa-district-rules>
- 1.4 Blades, sails, spars, and sail-handling systems shall comply with the applicable class rules or approved equivalent equipment.
- 1.5 ISSA Procedural Rule 7.10 applies. The use of Digital or analog compasses is also prohibited.
- 1.6 In accordance with RRS 70.5(a) and ISSA Procedural Rule 18 (a), decisions of the Protest Committee are final. US Sailing permission has been obtained.
- 1.7 A boat may carry national letters or a sail number different from its assigned hull number.
- 1.8 RRS 60.4(a)(2) is modified as provided by the ISSA Procedural Rules.
- 1.9 ILCA 6 and ILCA 7 shall be sailed singlehanded.
- 1.10 The US Sailing Prescriptions to Rule 63.1(b) and the Preamble to Part 5, Section B shall not apply
- 1.11 In addition to other rules changed in this document, the following rules are changed:
 1. RRS 60.4 (a) adds, “(4) if the protest is by a boat and is based on a rule with the notation [NP]
 2. RRS 60.5(c) adds, “(5) the protest is based on a rule with the notation [DP] and the protest committee decides the penalty shall be more or less than a single Disqualification.”
 3. RRS 61.3 adds, “or is a request by a boat and is based on a rule with the notation [NP].”
 4. Rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or....
- 1.12 [DP] Drones usage will only be allowed subject to ISSA PR 5.2.

2 NOTICES TO COMPETITORS

- 2.1 Official notices including changes to sailing instructions will be posted on the official notice board located <https://scores.hssailing.org>.
- 2.2 Protest schedules, hearing times, jury actions, and other information may also be posted on the Courtesy Notice Board adjacent to the Regatta Office on the Members Barge

3 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Official notices including changes to sailing instructions will be posted on the official notice board located <https://scores.hssailing.org>.
- 3.1 Any change to the sailing instructions will be posted:
 - 1. By 1800 on the day before a schedule change will take effect,
 - 2. Before 0900 on the day it will take effect or,
 - 3. In the event of AP being posted ashore, no later than 15 minutes before AP is lowered ashore.
- 3.2 Changes to sailing instructions may be made on the water: Oral changes may be given on the water per RRS 90.2(c) using the following procedure:
 - 1. The signal boat will hoist Code Flag Lima (L) with one sound
 - 2. Boats shall come within hailing distance of the signal boat
 - 3. Oral changes will be made via VHF on channel 78 as a courtesy to coaches
 - 4. Any changes that will affect future races in the series will be posted once ashore.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the north yardarm of the main flagpole at the northeast corner of Belmont Station.
- 4.2 When flag AP is displayed ashore, “1 minute” is replaced with ‘not less than 30 minutes’ in Race Signals AP.
- 4.3 [DP] Competitors shall remain at the dock until released by Race Committee or CYC safety vessel.

5 SCHEDULE

- 5.1 The Schedule:

Saturday September 12	
0830	Registration, Rigging of Boats
0930	Mandatory Competitor’s Meeting
1030	Scheduled First Warning, Racing to continue throughout the day
Sunday September 26	0830 Rigging of boats
1000	First Warning Racing to continue throughout the day
1500	No initial warning after this time

- 5.2 There is no shore lunch break planned. Competitors and coaches should otherwise be prepared to carry sufficient water and snacks while afloat.
- 5.3 In consultation with the MISSA Representative, the Race Committee may modify or terminate any portion of the racing format when reasonably necessary because of entries, weather, time constraints, safety, or other relevant circumstances.

6 RACING AREA

The racing area will be east of the Belmont Harbor entrance.

7 COURSES AND MARKS

- 7.1 The course diagram in Addendum A shows the course configuration, approximate angles between legs, order of mark rounding's, and required side for leaving each mark.
- 7.2 No later than the warning signal, the Race Committee will display the applicable course designation on the signal board, or The Race Committee may designate course selection orally.
- 7.3 In accordance with ISSA PR 7.8(c) after the starting signal, the Race Committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required. This changes RRS 33.
- 7.4 The Race Committee may use either inflatable or robotic marks.
- 7.5 Routine movement of robotic marks will not be grounds for redress, this changes RRS 27.2, 61.1(a), and 61.4(b)(1). Routine movement includes marks maintaining the intended location and returning to station after having been moved by a boat. (Note Rule 31 still applies).

8 STARTING AND FINISHING AND RECALLS

- 8.1 Races will be started in accordance with the ISSA Procedural Rules 7.9(a).
- 8.2 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 8.3 RRS US Sailing Prescription Appendix U - Sound-Signal Starting System shall be used.
- 8.4 The starting line will be between an orange flag on the Race Committee signal vessel and a nearby starting mark.
- 8.5 The finishing line will be between a blue flag on the Race Committee signal vessel and a nearby finishing mark.
- 8.6 The fleet to be started next will be identified by displaying the applicable class flag before the attention signal and continuing through the start.

8.7 Fleet flags:

- ILCA 7:
Solid Yellow Flag
- ILCA 6 Boys:
Solid Light Blue Flag
- ILCA 6 Girls:
Solid Pink Flag

9 PROTESTS

- 9.1 Protests shall be filed in accordance with ISSA Procedural Rule Part VI-15
- 9.2 Protest forms will be available at the at the Belmonts member Barge front desk.
- 9.3 Video, GPS data, photographs, or similar recordings from any source may not be submitted by competitors as evidence at protest hearings. This modifies RRS 63.4.
- 9.4 A boat's protest time limit is 30 minutes after the Signal Vessel returns to the dock.
- 9.5 Protest hearings, hearing times, and jury actions will be posted on the Official Notice Board.

10 SCORING

- 10.1 Scoring will be conducted in accordance with ISSA Procedural Rule 9. Scoring will be in Techscore.
- 10.2 Final scores will determine Cressy qualification. The top two teams in each division will advance, with any additional berths awarded at the ISSA Director's discretion.

11 COACHING AND SUPPORT BOATS

- 11.1 [DP][NP] Unless expressly permitted or directed by the Race Committee, and other support persons shall remain outside areas in which boats are racing.
- 11.2 [DP][NP] Coaches shall properly wear an Emergency Cut-Off Switch (ECOS) and personal flotation device while operating watercraft throughout the event.
- 11.3 [DP][NP] Any support-person vessel action that the Race Committee believes is affecting racing or safety may result in modification of the designated coaching area. The Race Committee may require a coach or group of coaches to anchor, relocate, or remain ashore. Examples include, but are not limited to:
- Wake
 - Excessive noise
 - Communication with competitors
 - Improper vessel placement
 - Failure to use an ECOS
 - Failure to wear a PFD

- 11.4 [DP][NP] Support persons shall comply promptly with reasonable requests from race officials.
- 11.5 The Race Committee may modify the coaching area as conditions or course configuration change.

12 [DP] SAFETY

- 12.1 A boat that retires from a race shall notify the Race Committee before leaving the course whenever possible.
- 12.2 If notification on the water is impossible, the competitor shall notify the Race Committee immediately upon returning ashore.
- 12.3 Competitors shall comply with reasonable safety instructions from the Race Committee, MISSA Representative, Coast Guard, harbor authorities, and other emergency personnel.
- 12.4 The Race Committee may postpone, shorten, abandon, or terminate racing when conditions make continued racing unsafe or impractical.

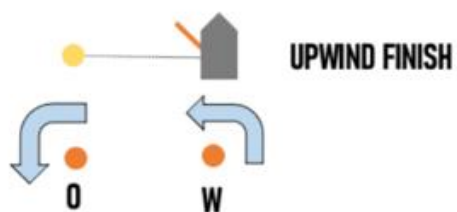
13 Regatta Contacts

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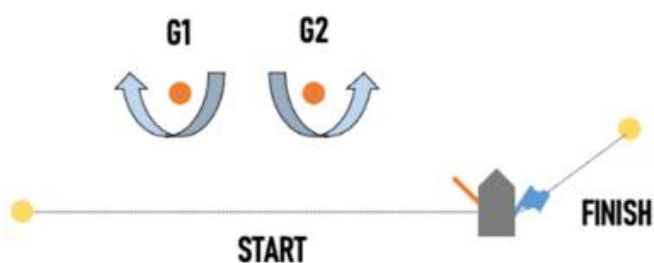
Addendum A: Diagram 1



W4: START-W-O-G1 or G2-W-O-G2-FINISH

W3: START-W-O-G1 or G2-UPWIND FINISH

W5: START-W-O-G1 or G2-W-O-G1 or G2-UPWIND FINISH



Coaching Box [is 300 feet or 90 meters leeward of the S/F line]