



Cascadia Cup
Sail Sand Point (SSP)
October 10th and 11th, 2026
7861 62nd Ave NE, Seattle, WA 98115

Notice of Race (NoR)

1 RULES

- 1.1 This regatta will be governed by the current ISSA Procedural Rules, the Racing Rules of Sailing, and this Notice of Race.
- 1.2 Under ISSA PR 18(a), the right of appeal is denied.
- 1.3 The US Sailing prescriptions to rule 63.1 are deleted and will not apply.
- 1.4 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 1.5 Rule 60.4 (a)(2) is changed as follows: “(2) if it is from a boat that alleges a breach of Part 2 or rule 31, but she was not involved in and did not see the incident, or”.

2 ELIGIBILITY

- 2.1 This regatta is designated as a ‘promotional’ event for high school and college sailors.
- 2.2 This is an ‘Open Regatta’ as described in the NWISA District Rules.
- 2.3 Teams shall be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school.
- 2.4 Teams shall be comprised of a minimum of 4 sailors.
- 2.5 Sailors must be registered and approved by NWISA prior to competing. The Fall priority deadline for NWISA Sailor Registration is 11:59pm on 9/11/2026. Any sailor registering after this date must alert the NWISA board (mailto:nwisaboard@nwisa.com) of their registration. The NWISA Board makes no guarantee of the timeliness of the approval of sailors registering after 9/11/2026, and no sailor registering after 11:59pm the Tuesday before an event will be approved.
 - 2.5.1 The penalty for sailing an unregistered sailor will be a GDQ penalty for all divisions with an unregistered sailor competing, and loss of all qualification/rankings points earned at the event.
- 2.6 High school teams will sail in Gold, Silver and Bronze fleets. College teams will sail in Gold and Silver fleets but will be scored separately.

- 2.7 Teams should enter in Gold, Silver or Bronze as determined by their coach. The regatta organizer may reallocate teams between Silver and Bronze fleets before the start of racing as needed.
- 2.8 Only one team per school is allowed in Gold fleet, plus one extra team in Gold fleet comprised exclusively of women or non-binary sailors. There is no limit on the number of teams per school in Silver or Bronze fleet.
- 2.9 Teams in Gold fleet should be made up of a majority of sailors from the school they represent, if reasonably possible.

3 ENTRY

- 3.1 Eligible schools shall register through the NWISA website. Registration is on a first come, first served basis if berths are limited. Registration is OPEN.
- 3.2 The registration deadline is **September 7th, 2026 @ 2200**.
- 3.3 Teams unable to compete once registration closes shall notify the regatta chair as soon as possible.
- 3.4 Each competitor must have a signed SSP waiver on file. The SSP waiver may be accessed through the SSP website or through the following link:
<https://waiver.smartwaiver.com/w/5a6a4392ca618/web/>
- 3.5 An entry fee of \$10 per sailor payable to 'Sail Sand Point' will be collected at check in.

4 BOATS

- 4.1 This regatta will be sailed in FJs.
- 4.2 The boat allocation process will follow that as described for Open Regattas in the NWISA District rules. Teams should plan to provide boats for their own teams.
- 4.3 This regatta will not have a round robin boat rotation. Teams will sail the same boat throughout the entire regatta.
- 4.4 Sail numbers should be recorded promptly in the registration sheet to prevent duplicates.
- 4.5 SSP will provide a breakdown boat.

5 SCHEDULE

Saturday, October 11th

0900 Report time and check-in opens

1015 Mandatory Competitors' Meeting
1100 First warning. Sailing will continue throughout the day.
Approximately 1600 College sailing forum will take place outside or in an indoor space, weather dependent

Sunday, October 12th

0900 Report time
1000 First warning. Sailing will continue throughout the day.
1500 No race will be started after this time.
1600 Awards

Any changes to the schedule will be posted on the Official Notice Board located outside the SSP office.

6 RACING

- 6.1 The racing area will be off the pier at Sail Sand Point.
- 6.2 Rotations will happen from the Sail Sand Point docks.

7 COURSES

- 7.1 Short collegiate style courses will be used.
- 7.2 Gold fleet will race on Alpha course.
- 7.3 Silver and Bronze fleets will race on Bravo course.

8 SCORING

- 8.1 Only one race is required to be completed to constitute a regatta.

9 COLLEGE SAILING FORUM

- 9.1 After racing on Saturday, all high school sailors will be invited to a short talk on collegiate sailing. Afterwards, each college team will be given time to promote their team.

10 PRIZES

- 10.1 Trophies will be awarded to teams placing 1st, 2nd, and 3rd in each fleet.
- 10.2 Additional trophies will be awarded to the top 1st, 2nd and 3rd placed WINB teams in Gold fleet.
- 10.3 High school and college teams will be scored separately.

11 COACHING:

- 11.1 Team leaders, chaperones, coaches, parents, advisors, and other support personnel shall not go afloat in the sailing area from Saturday morning to the end of racing Sunday unless an exception has been explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement

may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

11.2 Competitors may receive coaching including instructions, assistance, equipment, or sustenance only while on shore.

11.3 Alpha course race committee will use VHF channel 69.

11.4 Bravo course race committee will use VHF channel 72.

12 DRONES

12.1 The use of drones is expressly prohibited, as stated in ISSA Procedural Rule 5.2.

13 CONDUCT

13.1 No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which by that contestant is unlawful under 21 US Code 841.

13.2 Infringements of this regulation and/or other inappropriate conduct occurring during the regatta may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall, at a time and place selected by it, meet to hear said protest and may impose scoring penalties or other sanctions that it deems appropriate including summary removal from the regatta.

14 CONTACTS

14.1 Regatta Committee:

Ava Butterfield and Ayana Owen: huskysailing@gmail.com

Jack Killilea: jack@cyccommunitysailing.org

14.2 PROs:

Alpha Course: John Renehan

Bravo Course: Will Blakemore

14.3 SSP Point of Contact:

Levi Bailey: levibailey383@gmail.com