



WRSC FALL 2026 HS Varsity REGATTA

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the 2024-2028 Racing Rules of Sailing (RRS), the 2024-2028 ISSA Procedural Rules, the notice of race and these sailing instructions. In an event of a conflict between governing documents and the sailing instructions, the sailing instructions shall take precedence.
- 1.2 RRS Appendix P is in effect per PR13(c).

2 NOTICES TO COMPETITORS

- 2.1 Official notices including changes to the sailing instructions will be posted on the Notice Board on Techscore and on the glass wall (Notice Board Window) facing the water.
- 2.2 An attempt will be made to post/ hail changes to the sailing instructions near the rotation dock prior to the first race they are to take effect. However, RC can make changes by announcement and need not post in order to take effect.

3 SCHEDULE OF EVENTS

- 3.1

<u>Sunday</u>	<u>September 20, 2026</u>
0930	Competitor's Meeting
1000	First Warning Signal
1600	No Race Start After
- 3.2 There will be food and snacks for sale throughout the day. 100% of proceeds go towards the High School Sailing Fundraiser.

4 FORMAT

- 4.1 A full round robin will be attempted (12 races). After that, as many races as the RC decides before the "no start after" time
- 4.2 Two A-Division races will be sailed followed by two B-Division races, unless an odd number of races is sailed by each division. The Race Committee has the option of sailing one or three races in one rotation thus modifying the posted rotation
- 4.3 3 races in each division will constitute a regatta.

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5 BOATS & EQUIPMENT

- 5.1 Z420s will be provided. Competitors shall not modify any boat or cause them to be modified in any way. The tail of the jib halyard shall be led behind the spreader. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 5.2 The Standing Rigging shall not be adjusted.
- 5.3 The penalty for infringing instruction 5.1 or 5.2 will be disqualification from all races sailed in contravention of those instructions.
- 5.4 Competitors shall report all damage or loss of equipment, however slight, to the WRSC member appointed at the Competitor's meeting immediately after arriving on shore or to the Race Committee Signal Boat on the water.
- 5.5 Breakdowns will be decided using ISSA Procedural Rules. Loss of cotter pins and rings will not be considered a breakdown. Failure of knots (except at the head of the main when it was determined there was not an opportunity to check it) will not be considered a breakdown.
- 5.6 Do not stand in the boats while on land, dolly, or on the floating dock. Doing so, will result in a 10 point penalty per incident.

6 ROTATION

- 6.1 The rotation of boats will be in accordance with the rotation sheets available on the Notice Board and also available on Techscore.
- 6.2 Rotation will be made off the WRSC dock. Please dock/rotate on the leeward side.

7 RACING AREA

- 7.1 The racing area will be in the waters off of the WRSC dock.

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8 COURSE AND MARKS

- 8.1 Standard W4 course, as pictured in Appendix D, will be utilized unless conditions require, or the race committee sees fit to alter. A W3 (or W5) course may be used to facilitate rotations by finishing near the rotation site. The use of a windward offset mark and/or gates will be at the discretion of the race committee.
- 8.2 Course Diagrams will be posted on the Official Regatta Notice Board, located on the window of the waterfront glass wall. The race committee, before the warning signal of each race, will hail the course to be sailed for that race.
- 8.3 All rounding marks will be red/orange/pink inflatable balls. The start and finish lines will be between an orange flag on the Race Committee Boat and a nearby mark.
- 8.4 In accordance with ISSA PR 7.8c, after the starting signal, the race committee may change the position of any mark to maintain course configuration, if no boat is on that leg of the course. No signals are required (changes RRS 33).
- 8.5

9 STARTING SYSTEM AND RECALLS

- 9.1 Races will be started in accordance with ISSA PR 7.9
- 9.2 RRS US Sailing Prescription Appendix U – Sound-Signal Starting System shall be used.
- 9.3 Individual Recall – When, at a boat's starting signal, any part of her hull is on the course side of the starting line, or she must comply with RRS 29.1, the race committee shall promptly display flag X (or a designated flag or device). The flag

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shall be displayed until the hull of each such boat has been completely on the pre-start side of the starting line or one of its extensions, and until all such boats have complied with RRS 29.1 if it applies, but not later than two minutes after the starting signal, whichever is earlier. The Race Committee may also attempt to notify individual boats by hailing their sail or bow numbers. (Changes RRS 29.1 and U4)

- 9.4 General Recall – The race committee may signal a general recall by multiple sounds and the hail of “general recall” and need not display the First Substitute. Following a general recall, the warning for any subsequent start may be initiated at any time. (Changes RRS 29.2) After a general recall, RRS 30.1 (I Flag Rule) shall apply and no signal need be given. (Changes RRS 30.1)
- 9.5 As a courtesy, the Race Committee will attempt to hail boats on course side (OCS) as soon as possible after the start. Failure of electronic equipment, failure to hear a hail, order of hail, or delay in hailing will not be grounds for redress. This modifies RRS 62.1 (a).
- 9.6 The “round the ends rule” provisions of RRS30.1 may apply for any start if hailed prior to the starting sequence. The signal will be made orally and with the display of flag “I”. This changes RRS30.1

10 PROTESTS AND REQUESTS FOR REDRESS

- 10.1 A boat need not fly a red flag immediately after an incident to signify a protest, but she must comply with PR 15(a) and RRS 60.2. A boat must notify the Race Committee immediately after finishing about her intention to protest and must identify the party or parties being protested. This modifies PR 15(b).
- 10.2 Protests and requests for redress (including breakdowns) must be submitted to the Race Committee at the regatta desk within 30 minutes of the protestor reaching the beach following the set of races involved in the incident. Forms will be available at the regatta desk.
- 10.2 Hearings will be held either in the Conference Room as soon as possible and may be held between sets of races.

11 SCORING

- 11.1 Scoring will be in accordance with ISSA PR 11.

12 SAFETY

- 12.1 Competitors shall wear USCG approved Type III or V personal flotation devices (PFDs) at all times while in a boat after departure from the dock until return to the

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dock. Inflatable type PFDs are not permitted.

12.2 Competitors should wear a drysuit or a wetsuit at all times while in a boat after departure from the dock until return to the dock when the water temperature is less than 60°F or the combined water and air temperature is less than 120°F.

12.3 At its discretion, the Race Committee or Organizing Authority may require a competitor to accept assistance and/or retire from racing if the progress of the regatta is affected or if the competitor is determined to be a risk to their own or others' safety

13 SEAMANSHIP

13.1 Contestants are expected to handle boats and equipment in a safe and seamen like manner. Sailing the boats up to the fixed pier or floating docks at more than a dead slow speed will be considered unseamanlike. The Race Committee, afloat or ashore, will protest such actions. Violation of this provision may be grounds for disqualification from the last race sailed or for excluding a team from any or all of the remaining parts of the event.

13.2 Contestants are expected to roll sails on the grass and not drag them on the dock at any time

14 COACHING

14.1 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

14.2 Coaches, team leaders, chaperones, advisors, parents, or other support personnel may go afloat in the sailing area while assisting with race management.

14.3 Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, only while on or near the WRSC Docks.

14.4 All support personnel are encouraged to bring their own portable chairs and foul weather gear. Spectators and observers will be ashore without any cover.

15 TRASH DISPOSAL

15.1 Boats shall not put trash in the water. Sailors ashore shall place trash in the appropriate receptacles. There are recycling and trash bins on the brick patio, inside the clubhouse, and near the front gate.

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15.2 Breach of this rule will be grounds for disqualification.

16 SUBSTANCE ABUSE & BEHAVIOR

16.1 Participants are expected to act in a sportsmanlike manner at all times on and off the water throughout the entire event.

16.2 Immediately before, during, and immediately after, no contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation or other discipline expectations occurring during the event may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the MASSA Board of Directors, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

17 DISCLAIMER OF LIABILITY

17.1 Competitors participate in the regatta entirely at their own risk. See RRS Part 1 – Fundamental Rules, #4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta, or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18 RIGHTS TO USE NAME AND LIKENESS

18.1 By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

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APPENDIX D

Courses will be W4s - Windward-Leewards as drawn below. "W4" indicates windward, leeward, windward, then finish to leeward). The race committee reserves the right to add an offset at the windward mark, gates, or start and finish in the middle. The race committee also reserves the right to run a W3 by hailing before the warning signal.

