1 <u>RULES</u>

This regatta will be governed by the current Racing Rules of Sailing and Procedural Rules of ISSA, the Notice of Race (when available) and these Sailing Instructions.

2 <u>NOTICES TO COMPETITORS</u> Notices will be posted on the official regatta notice board located inside the Junior Building at AYC.

3 <u>CHANGES IN SAILING INSTRUCTIONS</u> An attempt will be made to post chang

An attempt will be made to post changes to the sailing instructions prior to the first race they are to take effect. However, RC can make changes by announcement and need not post in order to take effect.

4 <u>SCHEDULE</u>

Saturday	
Report Time (AYC Junior Building)	0900
Competitors' Meeting	0910
First Warning	1000 (approximate)
Sunday	
Report Time	0900
First Warning	0945
No Start After	1600

5 <u>FORMAT</u>

A full round robin will be attempted.

6 <u>BOATS & EQUIPMENT</u>

- 6.1 Two sets of 14 420s will be provided for competitors, who shall not modify any boat or cause them to be modified in any way. The tail of the jib halyard shall be rigged behind the spreaders. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2 The standing rigging shall not be adjusted.
- 6.3 The penalty for infringing instruction 6.1 and/or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 A division will sail AYC 420s, B division will sail SSA 420s.
- 6.5 Competitors shall report all damage or loss of equipment, however slight, immediately after arriving on shore or to the Race Committee Finish Boat on the water.
- 6.6 Breakdowns will be decided using PR Appendix 3.

7 <u>ROTATION</u>

The rotation of boats will be in accordance with the provided rotation sheet available at the competitors' meeting. Rotation will occur in the outer basin at SSA. If this basin is occupied, rotation will occur in the middle basin.

8 <u>MARKS</u>

- 8.1 All rounding marks will be red, orange, or white balls.
- 8.2 The Race Committee may choose to trail an orange buoy off the stern of the signal boat. The mark and line shall be considered part of the signal boat.

9 <u>COURSES</u>

- 9.1 W4 will be preferred, with a leeward gate. (Appendix 1)
- 9.2 The starting and finishing lines will be between a boat with a staff from which an orange flag is displayed and a nearby mark.

10 <u>STARTS</u>

- 10.1 Races will be started in accordance with RRS Appendix S and PR 7.8.
- 10.2 The round the ends provision of RRS 30.1 may apply for any

start if hailed prior to the starting sequence. This signal may be made verbally. Flag I need not be displayed (Changes RRS 30.1).

11 <u>RECALLS</u>

- 11.1 RRS 29.1 is modified as follows: When at a boat's starting signal any part of her hull, crew or equipment is on the course side of the starting line or she must comply with rule 30.1, the race committee shall display flag X. The flag shall be displayed until all such boats have properly restarted, but no later than one minute after the starting signal.
- 11.2 RC will attempt to hail sail numbers along with displaying flag X. Not hailing and/or a vessel not hearing her number hailed shall not be grounds for redress.

12 <u>PROTESTS</u>

- 12.1 Protests must be filed in accordance with ISSA PR Part VI
- 12.2 Written protests, including requests for redress and breakdowns, must be filed within 15 minutes of the last competitor's arrival ashore. This applies during a rotation.
 12.2
- 12.3 Protest forms will be available at the official notice board.

13 <u>SCORING</u>

Scoring will be in accordance with ISSA PR 11.

14 <u>SAFETY</u>

- 14.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 14.2 Starts will not be delayed to accommodate capsized boats.
- 14.3 The RC reserves the right to require any competitor to retire from racing for safety reasons.
- 14.4 Un-seamanlike, unsafe, and/or reckless boathandling that damages and/or risks damage to boats and/or endangers competitors and/or spectators will be grounds for disqualification and removal from the event at the discretion of the Race Committee .
- 14.5 Competitors are required to wear a drysuit or a full length wetsuit. The penalty for infringing this will be disqualification from all races sailed in contravention of this instruction.

15 <u>SUPPORT BOATS</u>

Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

16 <u>TRASH DISPOSAL</u>

Boats shall not put trash in the water. Sailors ashore shall place trash in the appropriate receptacles. Refer to *RRS 55.*

16.1 Breach of *RRS 55* will be grounds for disqualification.

17 <u>COACHING</u>

PR 8 shall apply

18 <u>QUALIFICATION</u>

Qualification for the MASSA Fleet Race Championship (April 11-12,The Waterfront Center, Long Island) will be according to MDISSA and MASSA bylaws. Qualified teams will be notified by the MDISA League representative.

APPENDIX 1

COURSE W4



Course W4 with a leeward gate will be preferred. W refers to windwardleeward, 4 refers to number of legs. Race committee may modify this course to a W3 or W5 in order to finish on a beat to windward. This would typically be done to facilitate rotations.