



MID-ATLANTIC SCHOLASTIC SAILING ASSOCIATION

SAILING INSTRUCTIONS

“MASSA District Spring Silver Championship”

APRIL 16-17, 2016

Hosted by the:
Washington College Sailing Team



1. RULES:

1.1 The regatta will be governed by the Racing Rules of Sailing 2013-2016, the prescriptions of US SAILING, the Inter-Scholastic Sailing Association (ISSA) Procedural Rules, the MASSA Procedural Rules, this Notice of Race, and the Sailing Instructions. The regatta is classified as a Category A event.

2. ELIGIBILITY:

2.1 Eighteen (18) MASSA teams are invited. Selection of teams will be through the home league Mallory qualifier regatta. The number of teams attending will mirror the number attending the MASSA Mallory qualifier. If your league is sending its top three teams to the MASSA Qualifier – the next three finishers will attend this regatta. The number of teams from each MASSA League shall be determined by the MASSA Procedural Rules and is based on number of active teams in each League.

2.2 Selection of competing schools will be by League elimination. Each school must qualify within its MASSA League pursuant to its local league's qualification rules. Schools should contact their League directors to find out details on League qualifiers.

2.3 All competing teams must meet the following requirements: (1) Teams must be members of MASSA and ISSA and in good standing including completed registrations and payment of dues, (2) Teams must be comprised of sailors from a single school – combined teams are not eligible to compete, and (3) Teams must comply with all ISSA championship eligibility rules and requirements. Pursuant to ISSA PRs, students below 9th grade may not participate in this regatta.

2.4 Teams must be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school.

3. ENTRY AND COMMUNICATIONS:

3.1. A school must qualify for this event through its local MASSA League. Each league must fill its allocated slots at the district event by the Monday before the event, **April 11, 2016**. League directors must notify their eligible teams who must then sign up via the Google Docs sign up sheet:

https://docs.google.com/spreadsheets/d/1li13ZSWFiiOqOnaRJPaiEeOjdFOEb5p0P-_ovSkCBU4/edit?usp=sharing

Contact Dr. Randall Nunn at: MASSADistrict@gmail.com if there are any questions or changes with registration.

4 ENTRY FEE: There will be no entry fee.

5 DAMAGE:

5.1 Collisions causing serious damage will be dealt with by jury with regard to RRS rule 14, 68 & 69. 6

6. BOATS:

6.1 Eighteen FJs as supplied by the Washington College Sailing Team.

7 SCHEDULE:

7.1 Saturday, April 16, 2016

0900 Check in/registration

0930 Rigging of boats

1000 Skipper's meeting

1045 First warning and schedule for the day (last races per wind, weather & daylight)

Sunday, April 17, 2016

0830 Rigging of boats

0930 First Warning and schedule for the day.

1400 No race will start after this time

Trophy presentation to follow immediately afterwards

7.2 Boats will be launched out of the Washington College waterfront. Launch your boats before mounting your rudders and attaching tillers. Rotations will take place on the floating dock on the end of the pier. Please *ease the vang's off* and remember to *step into the cockpit, not on the deck* of the FJ's.

7.3 Changes to the schedule will be posted on the official notice board outside the sailing center.

8 RACING AREA:

8.1 Races will be sailed on the Chester River in front of Sailing Center.

9. **COURSES:** Based on conditions, the Race Committee will determine the courses as prescribed in ISSA PR 7.7. W4 Course is the preferred course that will be used. See Appendix 1

10 SHORTENING AND ABANDONING RACES:

10.1 In accordance with ISSA PR 7.7(d) races will not be shortened. They may be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible. This modifies RRS 32.

11 START, FINISH, AND RECALLS:

11.1 Races will start in accordance with ISSA PR 7.8(a).

11.2 Individual recalls will be made in accordance with RRS Appendix S6. This modifies RRS 29.1.

11.3 General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR

- 11.4 The start line will be between an orange flag on the start boat and a red ball.
- 11.5 The finish line will be between an orange flag on the finish boat and an orange ball. The start boat and the finish boat may be the same boats depending upon course selected.

12 BREAKDOWNS:

- 12.1 Breakdown requests shall be filed in the same manner as protests.
- 12.2 Breakdowns shall be scored in accordance with ISSA PR 9(f). Compensation shall be consistent with ISSA PR Appendix 3.

13 PROTESTS:

- 13.1 Protests procedure will be in accordance with ISSA PR Part VI.
- 13.2 Competitors shall not communicate with a coach before reporting to the race committee their intent to protest.
- 13.3 Protest forms are available at Official Notice Board
- 13.4 Competitor must file protest in Sailing Office within **15 minutes** of coming ashore for rotation
- 13.5 Hearings will be held between rotations if time permits.

14 SCORING:

- 14.1 Scoring will be in accordance with ISSA PR 9. Scores will be posted online via ISSA TechScore

15 COACHING:

- 15.1 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 15.2 Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore, on the rotation dock, or in a boat in the vicinity of the rotation dock between races.

16 SAFETY:

- 16.1 Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.
- 16.2 Dry-suits or wet suits are recommended, but not mandatory. The Race Committee reserves the right to return sailors who show signs of hypothermia back to the shore facilities.

- 16.3 Sailors who sustain a blow to the head and show signs of concussion will be removed from the racing area and returned to shore and will not be allowed to return until properly evaluated.
- 16.4 A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

17 SEAMANSHIP

- 17.1 Contestants are expected to handle boats and equipment in a safe and seamanlike manner. Sailing the boats up onto a beach or landings at more than a dead slow speed will be considered unseamanlike. The Race Committee or Regatta Committee will protest such actions. Violation of this provision may be grounds for disqualification from the last race sailed or for excluding a team from any or all of the remaining parts of the event.

18 SUBSTANCE ABUSE AND BEHAVIOR

- 18.1 Participants are expected to act in a sportsmanlike manner at all times on and off the water throughout the entire event.
- 18.2 Immediately before, during, and immediately after, no contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation or other discipline expectations occurring during the event may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the MASSA Board of Directors, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

19 DISCLAIMER OF LIABILITY

- 19.1 Competitors participate in the regatta entirely at their own risk. See RRS **Part 1 – Fundamental Rules, #4, Decision to Race**. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

20. **OFFICIAL NOTICES:** No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during **(the scheduled regatta dates)** may be the basis for a hearing under RRS 69.1 The protest committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal

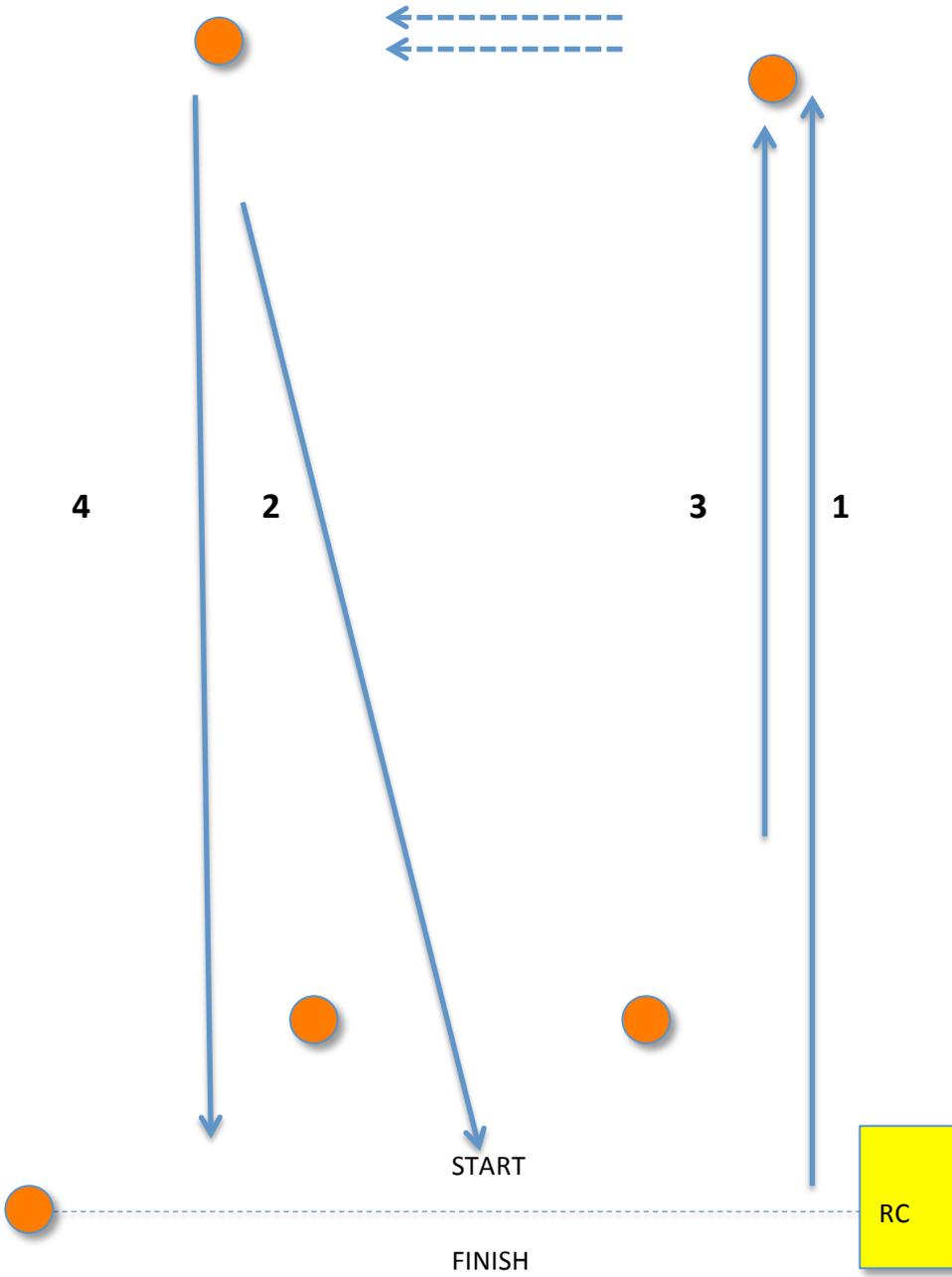
14 REGATTA CONTACTS:

16.1 Regatta Chair, Max Kurland, Head Sailing Coach Washington College
Email mkurland2@washcoll.edu Tel. (410)-778-7245

Dr. Randall W. Nunn MASSA ISSA Rep
Email: MASSADistrict@gmail.com Tel (732) 581-1100

W4 COURSE

Twice around with
downwind finish



Gate is "Open"

W3 COURSE

Once around with
upwind finish

