2016 PCISA Gold Pacific Coast Championship

For the William Wakeman Trophy

US Sailing Center – Long Beach, CA April 16-17, 2016

SAILING INSTRUCTIONS

1. RULES

- **1.1** The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and the current ISSA Procedural Rules (as modified by the PCISA District Rules).
- **1.2** The Organizing Authority (OA) is the Pacific Coast Interscholastic Sailing Association (PCISA) in conjunction with the US Sailing Center Long Beach (USSCLB).

2. COMMUNICATION WITH COMPETITORS

- **2.1** A Competitor's Meeting will be held at USSCLB at 1000 hours on Saturday, April 16th.
- 2.2 Official notices will be posted on the official regatta notice board located at USSCLB.
- **2.3** Questions regarding the Sailing Instructions may be submitted in writing to the race committee. Questions and written responses will be posted on the official regatta notice board.
- **2.4** Any changes to the Sailing Instructions will be posted by 0945 on the day they are to take effect, except any change to Sailing Instruction 3: Schedule of Races, will be posted by 1900 the day before it takes effect.

3. SCHEDULE OF RACES

- **3.1** The regatta format will be a single round robin as per ISSA PR 7.4.
- **3.2** The scheduled time of the first warning signal is 1100 hours on Saturday, April 16th and Sunday, April 17th. There will be no warning signal after 1600 hours on Sunday, April 17th.

4. BOATS & SAILS

- **4.1** Boats will be provided by USSCLB. The standing rigging shall not be adjusted.
- **4.2** Each boat will be issued a set of PCISA sails.
- **4.3** Competitors shall report all loss or damage to equipment, however slight, to the race committee signal boat on the water or the race committee representative on shore at the first reasonable opportunity.
- **4.4** Each team is responsible for rigging the boat they are scheduled to sail first each morning as per the rotation, and unrigging the boat they sail in the last race of each day.

5. ROTATIONS

The rotation of boats will be in accordance with the rotation posted on Techscore.

6. RACING AREA

The racing area will be in the Long Beach Harbor next to the Belmont Memorial Pier. All boats will launch from and return to the USSCLB each day. In the event of unfavorable conditions, the race committee may move the course by displaying Code Flag L and notifying all competitors.

7. COURSES & MARKS

- 7.1 The courses are described on Illustration A.
- 7.2 No later than the warning signal, courses will be announced from the race committee signal boat.
- 7.3 Marks of the course will be inflatable colored buoys.
- 7.4 Leeward Marks can be gates.

8. THE START

Starting System - RRS Appendix S - Sound-Signal Starting System (US SAILING Prescription) shall be used as changed in SI 9.1 below. The start line will be between a staff displaying a solid colored flag or shape on the race committee signal boat and an inflatable mark or a pin with a flag. This flag may also be in/on a 2nd race committee boat.

9. RECALLS

Individual Recall - When, at a boat's starting signal, any part of her hull, crew or equipment is on the course side of the starting line or she must comply with RRS 30.1, the race committee shall promptly display Code Flag X (or a designated flag or device). The flag shall be displayed until all such boats are completely on the pre-start side of the starting line or its extensions and have complied with RRS 30.1, if it applies, but not later than two minutes after the starting signal, whichever is earlier. The race committee may also attempt to notify individual boats by hailing their sail numbers however, it is the responsibility of each yacht to make a proper start. Failure to be hailed or hear a hail is, in itself, insufficient cause for granting redress. (Changes RRS 29.1 and S6).

9.2 General Recall – The race committee may signal a general recall by multiple sounds and the hail of "general recall" and need not display the First Substitute. Following a general recall, the warning for any subsequent start may be initiated at any time. (Changes RRS 29.2) After a general recall, RRS 30.1 (I Flag Rule), shall apply and no signal need be given. (Changes RRS 30.1)

10. THE FINISH

The finish line will be between a staff displaying a flag or shape on a race committee boat and an inflatable buoy or a flag.

11. TIME LIMITS

If a boat is delaying the finish of a race, or the rotation, the race committee may end the race and score the boat in its current position.

12. PENALTY SYSTEM

RRS Appendix P will be in effect as modified by ISSA PR 14 (c).

13. PROTESTS AND REQUESTS FOR REDRESS

- **13.1** Protests and requests for redress shall be written on protest forms supplied by the OA. Protest forms are available from the race committee representative on shore. Protests shall be filed with the race committee representative on shore within 30 minutes of the last boat reaching the rotation site after the set in which the incident occurred. This changes ISSA PR 16.
- **13.2** Protests will be handled in accordance with ISSA Procedural Rules. The Jury may hear protests between races on the water or in a designated location determined by the race committee.

14. COACHING

- **14.1** Coaching during racing shall be done only from the dock at the Belmont Pier, the Pier itself or coach boats provided by the OA.
- **14.2** Any spectators on the water shall have no contact with any competitor except when rendering assistance under RRS Rule 1, or as instructed by the race committee.

15 PARTICIPATION

- **15.1** With the exception of RRS Rule 4, each school shall compete in all scheduled races, or if unable to compete, shall take care of their assigned boat. Any school breaking this rule, without permission of the race committee, is subject to severe disciplinary actions by the PCISA.
- **15.2** Unless competing or serving on the race committee, no competitor shall be on the water.

16. SAFETY

- **16.1** Competitors who require assistance from rescue boats should so signify by waving arms overhead.
- **16.2** A competitor who retires from a race shall notify the race committee as soon as possible.

17. RIGHT OF APPEAL

Pursuant to RRS 70.5(a) in accordance with ISSA Procedural Rule 20 (b) there shall be no appeal of decisions of the Protest Committee or Judges at this event.

Illustration A

