



**2017 USSCMC Crossroads Regatta**  
February 11, 2017  
Sailing Instructions  
US SAILING Center of Martin County  
1955 NE Indian River Dr. Jensen Beach, FL 34957



## 1. RULES

- 1.1 This regatta will be governed by the current ISSA Procedural Rules and SAISA Supplementary Rules, *The Racing Rules of Sailing*, the prescriptions of US SAILING, the Notice of Race, and as modified by these Sailing Instructions.

## 2. NOTICE TO COMPETITORS

- 2.1 Notices will be posted on the Official Notice Board at the US Sailing Center of Martin County.

## 3. CHANGES IN THE SAILING INSTRUCTIONS

- 3.1 Any changes in the Sailing Instructions will be posted on the Official Notice Board by the end of the competitors meeting on Saturday.

## 4. SCHEDULE OF RACES

- 4.1 Saturday, February 11
- |      |                                    |
|------|------------------------------------|
| 0900 | Arrival and check-in, boat rigging |
| 0930 | Competitors' meeting               |
| 1000 | Start of first race of the day     |
- Cookout to follow the day of racing

Saturday, February 12 (Make-Up Date)

## 5. BOATS

- 5.1 This regatta will utilize 13 USSCMC 420s with sails. Additional boats are to be provided by the registrants, with jibs provided by the venue.
- 5.2 The shroud standing rigging should be set in the 3rd hole aft down from the top (or the same rake dimension if shroud lengths differ), the travellers shall be fixed/tied at the center-line and mast steps shall be in the 2nd position from the front. In addition, these settings may not be changed at any time during the course of the regatta
- 5.3 Standing rigging shall not be adjusted once rigged.
- 5.4 Equipment problems should be reported to a race committee representative as soon as possible. Breakdowns will be handled per ISSA procedural rules.

## 6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed on the flagpole at the of the USSCMC dock.
- 6.2 When AP flag is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the race signal AP.

## 7. RACING AREA

- 7.1 The racing area will be on the Indian River adjacent to the Sailing Center.

## 8. ROTATION

- 8.1 After each set of two races competitors will rotate boats.
- 8.2 The format for rotation of boats will be distributed at the Competitor's Meeting on Saturday and will be posted on the Official Notice Board as well.
- 8.3 Boats will be identified by the sail number for the rotation.

## 9. THE COURSE

- 9.1 Courses shall be approximately 15 minutes in length.
- 9.2 Course diagrams can be found in Appendix A.
- 9.3 The courses will be announced orally.
- 9.4 Rounding marks will be red marks

## **10. START**

- 10.1 The starting line will be between a staff displaying an orange flag on the race committee boat, and a yellow mark.
- 10.2 Races will be started in accordance with ISSA Procedural Rule 7.8 which states: RRS Appendix S - Sound-Signal Starting System shall be used.

## **11. RECALLS**

- 11.1 The Race Committee may also attempt to notify individual boats by hailing their sail numbers.

## **12. THE FINISH**

- 12.1 The finish line will be between a staff displaying a flag on the Race Committee Finish boat and a yellow finishing buoy.
- 12.2 If one or more boats are unreasonably delaying the completion of a race, the race committee may score the boat(s) in place and terminate the race. This changes RRS 35 and A4.

## **13. SAFETY AND CONSERVATION**

- 13.1 A boat which retires from a race is asked to notify the race committee before leaving the course area.
- 13.2 Competitors who require assistance from a safety boat should so signify by waving their arms overhead.
- 13.3 Competitors are strongly encouraged to use reusable water bottles. Multiple coolers of cold water will be available for refilling.

## **14. SCORING**

- 14.1 Scoring will be in accordance with ISSA Procedural Rule 9 and 11.
- 14.2 Three races must be completed to constitute a regatta in accordance with ISSA Procedural Rule 17.4(c)

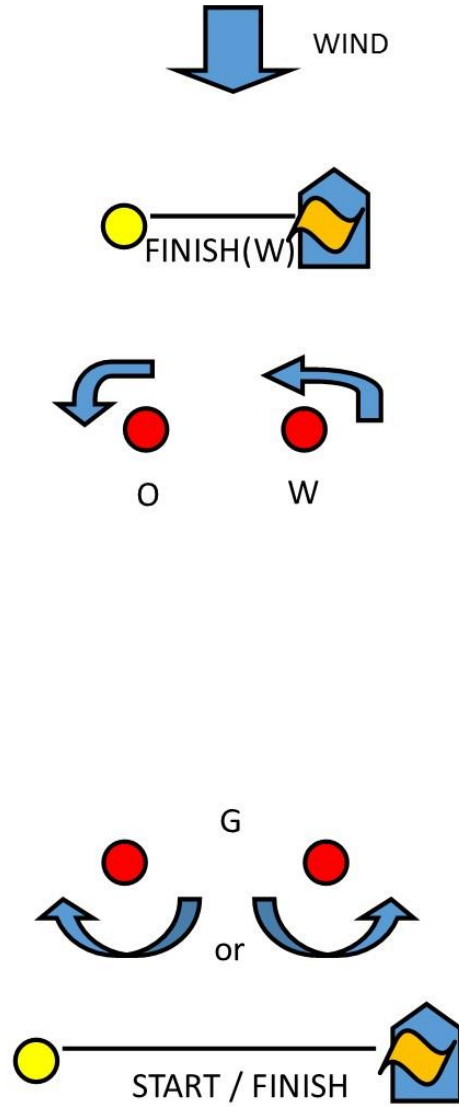
## **15. PROTESTS AND REQUESTS FOR REDRESS**

- 15.1 Protest procedure will be in accordance with ISSA Procedural Rules Section 16.
- 15.2 Procedure and compensation for breakdown points shall be in accordance with ISSA Procedural Rule 9(e) and ISSA Appendix 3.

## **16. COACHING**

- 16.1 Unless it is with the permission of the Race Committee: team leaders, coaches and other support personnel shall not go afloat in the racing area during the event.
- 16.2 All coaching, crew rotations, exchange of clothing / food / drink, and communication shall occur from land or as instructed by the Race Committee.

APPENDEX A



W3: START - W - O - G - FINISH(W)

W4: START - W - O - G - W - O - FINISH

W5: START - W - O - G - W - O - G - FINISH(W)

