

**NATIONAL INVITATIONAL TOURNAMENT**  
**for**  
**The FOUNDERS TROPHY**  
**Indian Harbor YC (Greenwich, CT)**

**MAY 26-28, 2017**

**SAILING INSTRUCTIONS**

**1. RULES:**

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, including Appendix D, the prescriptions of US Sailing, the ISSA Procedural Rules, the NESSA Procedural Rules and District Rules, the Notice of Race, and these Sailing Instructions.
- 1.2. The Organizing Authority (OA) is the NESSA in conjunction with the host.
- 1.3. In accordance with ISSA PR 12, RRS D2.6 (Limited Umpiring) & RRS D2.2 (single flag procedure) shall apply.
- 1.4. RRS D2.2(a) is changed to "She shall hail 'Protest' and conspicuously display a raised open hand at the first reasonable opportunity for each."
- 1.5. The red flag requirement in RRS 61.1(a). RRS D1.2(c) and D5.2 is changed by replacing the phrase "a red flag" with "a raised open hand."
- 1.6. In accordance with rule 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.
- 1.7. ISSA PR 2.5 (Team Uniforms) is in effect.

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board located in the main entryway at the Indian Harbor YC and posted on Tech Score. Changes to the sailing instructions shall be approved by the Chief Umpire and posted no later than one half hour prior to the first warning signal on the day it will take effect.

**3. SCHEDULE & FORMAT:**

- 3.1. Report time for Saturday and Sunday will be 0900. Sailors meeting will follow shortly afterwards.
- 3.2. The number of races each day will be at the discretion of the regatta chair.
- 3.3. A ten team double-round-robin followed by a 5 team gold round(s) and a 5 team silver round(s) is the planned format.
- 3.4. If above is not possible in the allotted time, an alternate format will be announced by the PRO.

**4. COURSES AND MARKS:**

- 4.1. Courses will be the Digital N in accordance with Appendix 6 of the ISSA PR.
- 4.2. All marks will be described at the sailors meeting.
- 4.3. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

**5. START, FINISH, AND RECALLS:**

- 5.1. Races will start in accordance with ISSA PR 7.8(a).
- 5.2. Individual recalls will be made in accordance with RRS Appendix U4.
- 5.3. After a general recall, ISSA PR 7.8(b) shall not apply.
- 5.4. The start line & finish lines will be between a mark and a flag on the RC boat(s).

**6. BREAKDOWNS:**

- 6.1. Breakdown requests shall be filed in the same manner as protests.
- 6.2. Breakdowns shall be scored in accordance with ISSA PR 12.2. Compensation shall be consistent with ISSA PR Appendix 3.

- 7. PROTESTS:** Protests procedure will be in accordance with ISSA PR Part VI, RRS Appendix D2.2, & RRS Appendix D2.6.

**8. SCORING:**

- 8.1 Scoring will be in accordance with ISSA PR 12.
- 8.2 ISSA PR 12.1 addresses TIES.

**9. COACHING:**

- 9.1. Boston Whalers or similar will be made available for coach use. Coaches shall be two per boat.
- 9.2. Whenever possible, coaches shall serve as umpires during races.
- 9.3. Coaching is allowed from powerboats between races.
- 9.4. For an umpire call, a disagreement between coaches acting as umpires shall be signaled as a yellow flag, which will initiate a separate hearing after the race.

**10. SAFETY:**

- 10.1. Per Procedural Rule 2.2, competitors shall wear USCG approved Type III or V lifejackets. Inflatable type lifejackets are not permitted.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

**11. TROPHIES:**

- 11.1 Prizes will be awarded to the top three schools at both regattas.
- 11.2 The top school will get the Founders trophy until next year's regatta at which time it must be returned.

- 12. WAIVER OF LIABILITY:** Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.