# **EYC JV Regatta** at Eastport Yacht Club Saturday April 14, 2018

## **Sailing Instructions**

#### 1. <u>RULES</u>

The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US SAILING, the Inter Scholastic Sailing Association (ISSA) Procedural Rules, and these Sailing Instructions.

#### 2. ELIGIBILITY & ENTRIES

- 2.1 Schools and sailors must qualify according to MDISA and MASSA procedures and confirm attendance through the MDISA director by the deadline set by MDISA rules.
- 2.2 The event is limited to teams from 10 competing schools
- 2.3 There is no entry fee for the regatta

#### 3. CHANGES IN SAILING INSTRUCTIONS

An attempt will be made to post changes to the sailing instructions prior to the first race they are to take effect. However, RC can make changes by announcement and need not post in order to take effect.

#### 4. <u>SCHEDULE</u>

| Report Time         | 0900 |               |
|---------------------|------|---------------|
| Competitors Meeting | 0930 |               |
| First Warning       | 1000 | (Approximate) |
| No Race Start After | 1500 |               |

Any change to the schedule will be posted no later than 1700 on Techscore on the day before it is to take place.

#### 5. FORMAT

- 5.1 A complete round robin will be attempted (20 races).
- 5.2 Two "A" Division races will be sailed followed by two "B" Division races, unless an odd number of races are sailed by each division.
- 5.3 The Race Committee has the option of sailing three races in one rotation thus modifying the posted rotation.

#### 6. BOATS & EQUIPMENT

- 6.1 Flying Juniors will be provided. Competitors shall not modify any boat or cause them to be modified in any way without consent of the race committee. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2 The standing rigging shall not be adjusted.
- 6.3 The penalty for infringing 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/ boat committee immediately after arriving on shore or the

Race Committee Boat on the water.

6.5 Breakdowns will be decided using ISSA Procedural Rules. Loss of cotter pins and rings will not be considered a breakdown. Failure of knots (except the head of the main when it was determined there was not an opportunity to check it) will not be considered as a breakdown.

#### 7. <u>ROTATION</u>

The rotation of boats will be in accordance with the rotation sheet provided on TechScore and posted on the regatta notice board.

#### 8. RACING AREA

The racing area will be the mouth of Spa Creek in Severn River off of Eastport Yacht Club.

#### 9. COURSES & MARKS

- 9.1 The preferred course will be W4 unless the race committee hails an alternate course prior to the warning signal of a given race. W2 or W3 is an option W4 (Start/Windward/Offset/Gate/Windward/Offset/Finish)
- 9.2 Marks will be red, blue and orange inflatable marks.
- 9.3 Starting and Finishing Marks will be an orange flag on the Race Committee Boat and a nearby mark.
- 9.4 Change to 7.7 of the ISSA Procedural Rules. Courses may be shortened. Sailors will be notified at least one leg ahead of the finish. Notification will be done by the markset boats hailing it at the mark before the new finish.

#### 10. STARTING SYSTEM AND RECALLS

- 10.1 Races will be started in accordance with ISSA PR 7.8. (3-minute dinghy start)
- 10.2 The starting line will be between a designated mark and an orange flag on a staff on the RC boat.

#### 11. <u>RECALLS</u>

- 11.1 RRS 29.1 is modified as follows: When at a boat's starting signal any part of her hull, crew or equipment is on the course side of the starting line or she must comply with rule 30.1, the race committee shall display flag X with one sound. The flag shall be displayed until all such boats have properly restarted, but no later than one minute after the starting signal.
- 11.2 RC will attempt to hail sail numbers along with displaying flag X. Not hailing and/or a vessel not hearing her number hailed shall not be grounds for redress.
- 11.3General recalls will be signaled by series of short whistles. This modifies RRS 29.2 and Race Signals
- 11.4Note that ISSA PR 7.8(b) states that following a general recall, the "Roundthe-Ends Rule" provisions of RRS 30.1 will be automatically in effect for that race. There will be no visual signal. This modifies RRS 30.1 and Preparatory Signals.
- 11.5The "Round-the-Ends Rule" provisions of RRS 30.1 may apply for any start if hailed prior to the starting sequence. This signal may be made orally. Flag "I" need not be displayed (Changes RRS 30.1).

#### 12. PROTESTS AND REQUESTS FOR REDRESS

- 12.1 A boat need not fly a red flag immediately after an incident to signify a protest, but she must comply with PR 16(a) and RRS 61.1. The boat shall hail the infringing boat and inform her of the protest. The infringing boat then has the opportunity to perform the required actions to exonerate herself at that time. If the infringing boat does not agree with the protest she must acknowledge the protest and decline the protest. At that time the original boat will need to follow up with a formal protest. A boat must notify the Race Committee immediately after finishing about her intention to protest and must identify the party or parties being protested. This modifies PR 16(b).
- 12.2 Written protests, including requests for redress and breakdowns, must be filed within 30 minutes of the last competitor's arrival ashore. This applies during a rotation. Forms will be available in the EYC Junior Fleet Office.
- 12.3Hearings will be held on the shore as soon as possible and may be held between sets of races.
- 12.4A boat being protested may perform a One-Turn Penalty per PR 10 and RRS 44.2.

#### 13. SCORING

Scoring will be in accordance with ISSA PR 11

- 14. <u>SAFETY</u>
  - 14.1 Competitors shall wear USCG approved Type III or V personal flotation devices (PFDs) at all times while in a boat after departure from the dock until returning to the dock. Inflatable type PFDs are not permitted.
  - 14.2 Competitors may be required to wear a dry suit or a wet suit at all times while in a boat after departure from the dock until returning to the dock, as direct by the Race Committee at the Competitors Meeting.
  - 14.3 Failure to comply with 11.1 and/or 11.2 will be grounds for disqualification from all races sailed in contravention of those instructions.
  - 14.4 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
  - 14.5 The RC reserves the right to require any competitor to retire from racing for safety reasons.
  - 14.6 Un-seamanlike, unsafe, and/or reckless boat handling that damages and/or risks damage to boats and/or may endanger competitors and/or spectators may be grounds for disqualification and removal from the event.

#### 15. <u>SEAMANSHIP</u>

15.1Contestants are expected to handle boats and equipment in a safe and seamanlike manner. Sailing the boats into the dock used for rotations at more than a dead slow speed will be considered unseamanlike. The Race Committee, afloat or ashore will protest such actions. Violation of this provision may be grounds for disqualification from the last race sailed or for excluding a team from any or all of the remaining parts of the event.

#### 16. <u>COACHING</u>

- 16.1 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 16.2 Coaches, team leaders, chaperones, advisors, parents, or other support personnel may go afloat in the sailing area while assisting with race management.
- 16.3 Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, only while on shore or on the docks.
- 16.4 All support personnel are encouraged to bring their own portable chairs and foul weather gear.

#### 17. TRASH DISPOSAL

- 17.1 Boats shall not put trash in the water. Sailors ashore shall place trash in the appropriate receptacles (Changes RRS 55).
- 17.2 Breach of this rule will be grounds for disqualification.

#### 18. SUBSTANCE ABUSE AND BEHAVIOR

- 18.1 Participants are expected to act in a sportsmanlike manner at all times on and off the water throughout the entire event.
- 18.2 Immediately before, during, and immediately after, no contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation or other discipline expectations occurring during the event may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the MASSA Board of Directors, and the protest committee chairperson.
- 18.3 Participants, coaches and guests may bring their own food however use of grills, stoves and other cooking devices is strongly discouraged. The lower deck will be under maintenance and off limits. The EYC Bar & Dining Room will be open to HS guests from 12noon till 3pm.

#### 19. DISCLAIMER OF LIABILITY

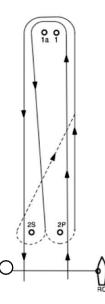
Competitors participate in the regatta entirely at their own risk. See RRS Part 1-Fundamental Rules, #4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

#### 20. RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

### **Attachment 1 - Courses**

Course W4



For Course A the gate may be replaced by a single leeward mark. If a single leeward mark is used, the boats will leave the leeward mark to port when rounding. On legs 1 & 4 the gate marks or leeward mark are not marks of the course. (The gate is open.)