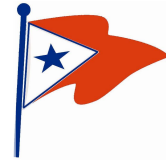


SAILING INSTRUCTIONS
2018 PCISA HIGH SCHOOL SILVER
DOUBLE HANDED CHAMPIONSHIP



Hosted by the Encinal Yacht Club (EYC) &
the Pacific Coast Interscholastic Sailing Association (PCISA)
April 21-22, 2018

1. RULES

1.1 The regatta will be governed by the current ISSA Procedural Rules (as modified by the PCISA Supplemental Rules), the 2017-20 Racing Rules of Sailing, the prescriptions of US Sailing, and by the Sailing Instructions.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board in the EYC Regatta Room on the ground floor, or made orally to all competitors on the water.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the SIs will be posted by 1000 hours on the day it will take effect, except that any change in the schedule of races will be posted by 1800 on the day before it will take effect.

4. ROTATION

4.1 Boats will be rotated between races. A rotation schedule will be found on the PCISA techscore website.

4.2 Rotations will be made on the EYC docks.

5. BOATS

5.1 All boats need to be inspected by a designated regatta representative before launching for racing.

5.2 All teams will be responsible for rigging and derigging the boat that they sail in the first rotation of the regatta each evening and morning. In most cases this will be the boat that was brought, borrowed or chartered for the regatta.

5.3 Each team will be issued a set of PCISA sails and jib sheets. Teams will be responsible for their originally issued set of sails and jib sheets and for returning those items at the end of racing on Sunday. Final race results will not be posted until all sets of sails have been returned. Sails should be clean, dry (if possible), and rolled carefully on a clean surface (not on blacktop), and placed in their bags (unless otherwise instructed). Sails **MUST BE STORED INSIDE** the boat they are assigned to during the night on Saturday unless specific other instructions are given by the Race Committee.

5.4 Competitors shall report any damage or loss of equipment, however slight, to the race committee / regatta organizing authority's representative immediately upon completion of the race in which it occurs. Failure to properly care for boats and/or sails may subject a team to protest under this SI.

6. SCHEDULE

| Saturday, April 21, 2018 | | Sunday, April 22, 2018 | |
|---------------------------------|-------------------------------------|-------------------------------|---------------------|
| 0830 - 0945 | Registration / Rigging / Inspection | 0830-0930 | Rigging of boats |
| 1000 | Competitors Meeting (Mandatory) | 0930 | Competitors Meeting |
| 1030 | Leave Dock | 1015 | First Warning |

| | | | |
|------------------|--------------------------------|------------------|--------------------------------|
| 1045 | First Warning | 1230-1330 | Lunch served between rotations |
| 1230-1330 | Lunch served between rotations | 1600 | No Start after this time |
| 1800 | Dinner & Pool Party | 1700 | Awards Ceremony |

All times are approximate. Changes will be posted on the Regatta Notice Board.

7. RACING AREA/VENUE

- 7.1 The sailing area will be the Oakland/Alameda Estuary in front of front Encinal Yacht Club.
- 7.2 Team members, coaches and spectators will be able to watch the racing from EYC's docks, upper deck, and from a small grassy park just south of EYC's boatyard. No outside food will be allowed on the upper deck.

8. COURSES/FORMAT

- 8.1 Diagrams in Attachment A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left. The number of the course to be sailed will be hailed or displayed from the Race Committee boat before each race.
- 8.2 Marks of the course will be orange cylindrical buoys, with the exception of mark 1a, which will be an orange ball.
- 8.3 No warning signals for a new race will be given after 1600 on Sunday, April 17, 2016. Until this time, the Race Committee will run as many races as possible up to a complete Round Robin.

9. START

- 9.1 The starting line will be between a staff displaying an orange flag on the RC signal boat and EITHER a staff displaying an orange flag on the Pin Boat or a small white inflatable pin buoy (if the Pin Boat has moved off station).
- 9.2 Races will be started in accordance with RRS Rule Appendix S.

10. RECALLS

- 10.1 Each yacht's recall number shall be her sail number.
- 10.2 Individual recalls will be made in accordance with RRS Appendix Q6, which states: "Individual recalls shall be signaled by the hail of the sail number (or some other clearly distinguishing feature) of each recalled boat. Flag X need not be displayed."
- 10.3 A General Recall will be signaled by multiple sound signals. In accordance with ISSA Procedural Rules, after a General Recall, the "Round-the-Ends Rule" provisions of RRS 30.1 shall apply. Flag I need not be displayed (this changes RRS 30.1). The 3minute starting sequence signal will begin soon after.

11. SHORTENING, ABANDONING OR RESAILING A RACE

- 11.1 In accordance with ISSA PR 7.7 (d) races will not be shortened; they will be abandoned.

12. THE FINISH

- 12.1 For windward finishes (see courses on Attachment A), the finish line will be between a staff displaying an orange flag on the Race Committee Finish boat and a white inflatable pin buoy.
- 12.2 For leeward finishes (see courses on Attachment A), the finish line will be between a staff displaying an orange flag on the Race Committee boat and EITHER a staff displaying an orange flag on the Pin Boat or a small white inflatable buoy (if the Pin Boat has moved off station).

13. PROTESTS & REDRESS REQUESTS

- 13.1 Protests will be handled in accordance with ISSA Procedural Rules Section 16.
- 13.2 Protest forms are available at the scoring table in the EYC Regatta Room. Completed protest forms shall be returned to the same location within the protest time limit.
- 13.3 Competitor protests must be filed in writing within 20 minutes after the last boat reaches the dock for each rotation.
- 13.4 Any Race Committee protest of a competitor will be lodged within 30 minutes after the RC boat reaches the dock after the last race of the day.
- 13.5 The schedule of protest hearings will be posted on the official notice board in the EYC Regatta Room. Hearings will be held in the Jury Room located just outside the EYC Regatta Room.

14. SCORING

- 14.1 Scoring will be in accordance with ISSA Procedural Rules

15. SAFETY

- 15.1 U.S. Coast Guard Approved PFDs are required in accordance with ISSA PR 2.2
- 15.2 A competitor who retires from a race shall notify the Race Committee as soon as possible

16. COACHING & SPECTATING

- 16.1 Coaches/coach boats are not allowed on the water at any time during racing.
- 16.2 Given the confined racing area and excellent land-based viewing, spectator boats will not be allowed in the vicinity of the racing area.
- 16.3 All coaching, crew rotation, exchange of clothing/food/drink and communication shall occur between race rotations on the docks at EYC unless otherwise instructed by the Race Committee.
- 16.4 No outside food will be allowed on the upstairs deck of the yacht club.

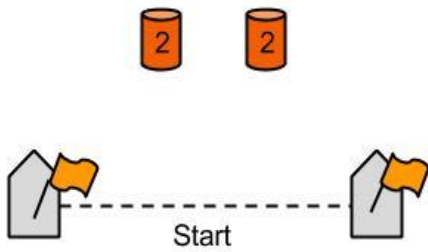
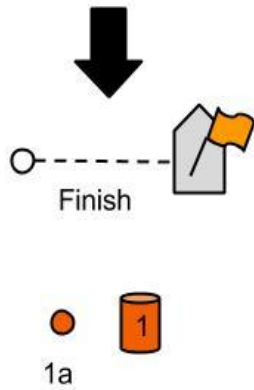
17. PRIZES

- 17.1 Prizes will be awarded to schools placing 1st, 2nd, and 3rd. The Steve Grove perpetual Silver PCC trophy will be awarded to the top school that doesn't have a team competing in Gold PCCs.

18. OFFICIAL NOTICE FOR ALL PCC PARTICIPANTS:

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. Infringements of this regulation and/or other discipline expectations occurring during April 15, 16 or 17, 2016 may be the basis for disciplinary action. Discipline problems and this regulation's enforcement will be handled promptly by an adult Discipline Hearing Board which will consist of three adult members; the Regatta Chairperson, a PCISA Officer and the Chief Judge. Said Board shall, at a time and method selected by them, meet to hear said problem and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the entire regatta, shall be final without appeal permitted.

Attachment A



Courses:

- #1: Start, 1, 1a, 2 (gate), Windward Finish
- #2: Start, 1, 1a, 2 (gate), 1, 1a, Leeward Finish
- #3: Start, 1, 1a, 2 (gate), 1, 1a, 2 (gate), Windward finish

Note: except for leeward gate, all marks left to port