



**NWISA Fleet Race District Championship  
May 4-5, 2019  
Anacortes, WA**

**SAILING INSTRUCTIONS**

**1. RULES:**

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020, the ISSA Procedural Rules, and the NWISA District Rules.
- 1.2. The US Sailing prescriptions to rule 60, 63.2 and 63.4 are deleted and will not apply.
- 1.3. Under rule 70.5(a), the right of appeal is denied.
- 1.4. Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 14(c) will be in effect.
- 1.5. The Organizing Authority is the Northwest Interscholastic Sailing Association (NWISA) in conjunction with host Anacortes Parks and Recreation.

**2. NOTICE TO COMPETITORS:**

Official notices, including changes to the sailing instructions or the schedule, will be posted on the official notice board located on the East entry door of the Seafarer's Park building. Any change to the sailing instructions will be posted not later than 1000 on Saturday and 0900 on Sunday. Signals made ashore will be displayed on the committee boat tied up to the staging dock at Seafarer's Park. When the AP is displayed ashore, "1 minute" is replaced by "Not less than 30 minutes" in race signal AP.

**3. SCHEDULE:**

**Friday, May 3**

1530	Early registration, boat drop off/inspection begins.
1630	Practice races begin
1800	Registration ends.
1830	Practice races end.
1830	<b>NWISA DISTRICT MEETING</b>
1900	Boat drop off/inspection ends.

**Saturday, May 4**

0900	<u>Report time.</u> Registration, boat drop off/inspection begins.
0945	Mandatory Competitors' Meeting.
1000	Registration, boat drop off/inspection ends.
1030	First warning; sailing will continue throughout the day. Dinner served after racing ends (tentatively 1900)

**Sunday, May 5**

0830	<u>Report time.</u>
0930	First warning.
1500	No race will be started after this time.
1530	Results and awards presentation.

#### **4. BOATS:**

- 4.1. Races will be sailed in FJs. It is each team's responsibility to ensure their boat is in good working order prior to the first race.
- 4.2. Per Procedural Rule 7.10, the standing rigging of boats shall not be altered without approval of the Race Committee. The penalty for breaking Procedural Rule 7.10 will be disqualification from all races sailed in which that rule was broken.

#### **5. COURSES AND MARKS:**

- 5.1. Courses will be in accordance with ISSA PR 7.7. See diagram below.
- 5.2. The Start/Finish line will be unrestricted.
- 5.3. The race committee may designate course selection orally or on a placard affixed to the committee boat.
- 5.4. All marks will be round buoys or tetrahedrons of various colors.
- 5.5. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.

#### **6. SHORTENING AND ABANDONING RACES:**

- 6.1. In accordance with ISSA PR 7.7(d) races will not be shortened, but a race may be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.
- 6.2. If a boat is delaying the finish of a race, the race committee may end the race and score the boat in its current position, or score the boat DNF at its discretion. And, a boat shall not start later than 4 minutes after her starting signal. A boat that starts later than 4 minutes after her starting signal shall be scored DNS. This changes Rule A4.

#### **7. START, FINISH, AND RECALLS:**

- 7.1. Races will start in accordance with ISSA PR 7.8(a).
- 7.2. Individual recalls will be made in accordance with RRS 29.1.
- 7.3. General recalls will be signaled by a series of short whistles or horns. The first substitute flag may not be flown. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b).
- 7.4. The start line will be between a staff displaying an orange flag on a race committee boat and the course side of a orange buoy on the pin end.
- 7.5. The finish line will be between a staff displaying an orange flag on a race committee boat and the course side of a orange buoy on the pin end.

#### **8. BREAKDOWNS:**

- 8.1. Breakdown requests shall be filed in the same manner as protests.
- 8.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). The protest committee will follow the guidelines in ISSA PR Appendix 3.
- 8.3. If boats and/or gear are damaged, the Race Committee shall be notified as soon as possible after the damage occurred. Damage to boats or equipment will be handled per the NWISA District Rules.

#### **9. PROTESTS:**

- 9.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 9.2. Protests will be heard at the end of the day, or during postponements by the protest committee.
- 9.3. The protest time limit for submitting written protests shall be 30 minutes after the Signal Boat docks at the end of the day.

#### **10. SCORING:**

- 10.1. Scoring will be in accordance with ISSA PR 9.

10.2. To comply with ISSA PR 4.3 Record of Participation, RP information must be completed online at [ts.hssailing.org](https://ts.hssailing.org) and should be updated as soon as possible during racing but shall be complete by 1700 on Sunday, May 5th.

**11. COACHING:**

- 11.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 11.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore.

**12. SAFETY:**

- 12.1. Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.
- 12.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

