



# MDISA Team Race Regatta

*Organized by the  
Sailing Center Chesapeake (SCC)  
[www.sailingcenterchesapeake.org](http://www.sailingcenterchesapeake.org)  
Sunday, 17 March 2019*

## Sailing Instructions

### 1 RULES

1.1 The regatta will be governed by the Racing Rules of Sailing 2017- 2020, the prescriptions of US SAILING, the ISSA Procedural Rules, the MDISA Procedural Rules, and these Sailing Instructions.

### 2 ELIGIBILITY & ENTRIES

2.1 Schools and sailors must qualify according to MDISA procedures and confirm attendance through the MDISA director by the deadline set by MDISA rules.

2.2 The event is limited to teams from 10 competing schools.

2.3 There is no entry fee for the regatta.

### 3 SCHEDULE

Saturday, 19 May

Report Time 0830

Competitors' Meeting 0850

First Warning ASAP after competitor's meeting

No Race Start After 1630

### 4 FORMAT

4.1 A complete round robin will be attempted, followed by a Final Four round.

### 5 BOATS & EQUIPMENT

5.1 Flying Juniors will be provided. Competitors shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

5.2 The standing rigging shall not be adjusted.

5.3 The penalty for infringing instruction 5.1 or 5.2 will be disqualification from all races sailed in contravention of those instructions.

5.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Signal Boat on the water.

5.5 Breakdowns will be decided using ISSA Procedural Rules. Loss of cotter pins and rings will not be considered a breakdown. Failure of knots (except at the head of the main when it was determined there was not an opportunity to check it) will not be considered as a breakdown.

### 6 ROTATION

6.1 The rotation of boats will be in accordance with the rotation sheet provided at the competitors' meeting and posted on the regatta notice board.



## 7 RACING AREA

7.1 The racing area will be in waters adjacent to the Sailing Center Chesapeake on the Potomac River.

## 8 COURSES & MARKS

8.1 The course used will be the digital N. A course diagram will be posted on the official regatta notice board.

8.2 Course marks will be yellow inflatable balls.

8.3 Starting and finishing marks will be orange inflatable balls.

8.4 The Race Committee may change a mark's position before the leading boat has begun the leg leading to that mark. There will be no signal for a course change. This modifies RRS 33.

8.5 The start and finish lines will be between an orange flag on a Race Committee boat and a nearby mark.

## 9 STARTING SYSTEM AND RECALLS

9.1 Races will be started in accordance with ISSA PR 7.8.

9.2 Individual recalls will be made in accordance with RRS Appendix U.

9.3 General recalls will be signaled by series of short whistles. This modifies RRS 29.2 and Race Signals.

9.4 Note that ISSA PR 7.8(b) states that following a general recall, the "Round-the-Ends Rule" provisions of RRS 30.1 will be automatically in effect for that race. There will be no visual signal. This modifies RRS 30.1 and Preparatory Signals.

9.5 The "Round-the-Ends Rule" provisions of RRS 30.1 may apply for any start if hailed prior to the starting sequence. This signal may be made orally. Flag I need not be displayed (Changes RRS 30.1).

## 10 PROTESTS

10.1 RRS D2.6 Limited Umpiring and RRS D2.2 (Single-Flag Rule) shall apply. Pending a Yellow Flag and a competitor notifying the finish boat of intentions to protest, a 3-minute justice hearing will be held immediately on an umpire's boat or on the dock.

10.2 The red flag requirement is deleted in RRS 61.1(a), D1.2(c) and D5.2 and Appendix D is modified below as follows: RRS D2.2(a) is changed by replacing the phrase "display a red flag" with "display a raised open hand."

10.3 In accordance with rule 70.5(a), the decisions of the protest committee are final.

## 11 SCORING

11.1 Scoring will be in accordance with ISSA PR 11.

## 12 SAFETY

12.1 Competitors shall wear USCG approved Type III or V personal flotation devices (PFDs) at all times while in a boat after departure from the dock until return to the dock. Inflatable type PFDs are not permitted.

12.2 Competitors will be required to wear a dry suit or a wet suit at all times while in a boat after departure from the dock until return to the dock when the water temperature is less than 50° F or the combined water and air temperature is less than 120° F.

12.3 If the safety of the crew or boat is in jeopardy or if the progress of the regatta is affected, the Race Committee may require a boat to accept assistance and retire from the race.

## 13. SEAMANSHIP

13.1 Contestants are expected to handle boats and equipment in a safe and seamanlike manner. Sailing the boats up onto a beach or landing at more than a dead slow speed will be considered unseamanlike. The Race Committee, afloat or ashore, will protest such actions. Violation of this provision may be grounds for disqualification from the



last race sailed or for excluding a team from any or all of the remaining parts of the event.

13.2 Swaps will be conducted off the Potomac-side beach behind the SCC trailer. Contestants will be expected to prevent the boats from running up on the sand during swaps.

#### 14. COACHING

14.1 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

14.2 Coaches, team leaders, chaperones, advisors, parents, or other support personnel may go afloat in the sailing area while acting as umpire or assisting with race management.

14.3 Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, only while on shore or on the docks.

14.4 All support personnel are encouraged to bring their own portable chairs and foul weather gear. Spectators and observers will be ashore without any cover.

#### 15. TRASH DISPOSAL

15.1 Boats shall not put trash in the water. Sailors ashore shall place trash in the appropriate receptacles (Changes RRS 55).

15.2 Breach of this rule will be grounds for disqualification.

#### 16. SUBSTANCE ABUSE AND BEHAVIOR

16.1 Participants are expected to act in a sportsmanlike manner at all times on and off the water throughout the entire event.

16.2 Immediately before, during, and immediately after, no contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation or other discipline expectations occurring during the event may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the MASSA Board of Directors, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

#### 17. DISCLAIMER OF LIABILITY

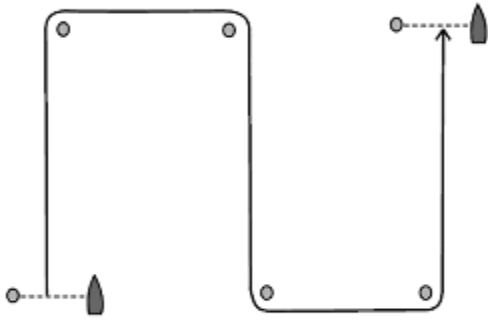
Competitors participate in the regatta entirely at their own risk. See RRS Part 1 – Fundamental Rules, #4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

#### 18. RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

APPENDIX 1

Digital N course



APPENDIX 2

Racing Area

