

2021 CONNECTICUT STATE HIGH SCHOOL SAILING CHAMPIONSHIP FOR GIRLS FLEET RACING



Hosted at Grass Island Town Park by the Greenwich High School Varsity Sailing Team
5/23/21

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing ("RRS"), the prescriptions of US SAILING, the ISSA Procedural Rules ("ISSA PR"), the Notice of Race ("NOR"), and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
- 1.2. The Organizing Authority (OA) is the Fairfield County Sailing League and NESSA Connecticut Group in conjunction with host Greenwich High School Varsity Sailing Team.
- 1.3. Code of Conduct: Competitors and support persons shall comply with reasonable requests from race officials.

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board located on TechScore at the following link:

<https://scores.hssailing.org/s21/2021-ct-state-girls-fleet-racing/notices/>

3. SCHEDULE:

Sunday, May 23rd

0900 - Report Time

0900-0930 - Rigging of boats

0930-0945 - Competitors and Coaches Meeting

1020 - First Warning (the number of races shall be at the discretion of a vote by all coaches present)

1450 - No race will start after this time

1530 - Anticipated Departure

4. COURSES AND MARKS:

- 4.1. It is the firm intention of the race committee ("RC") to run races on the LA2 course described in ISSA PR 7.8, with the RC reserving the right to make modifications as described in the Notice of Race ("NOR"). **The ISSA Example Course Card is provided at the end of these Sailing Instructions for reference.**
- 4.2. The race committee may designate course selection orally.
- 4.3. All marks shall be bright red spherical buoys.
- 4.4. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

5. START, FINISH, AND RECALLS:

- 5.1. Races will start and recalls will be made as needed in accordance with ISSA PR 7.9. However, preparatory signals (i.e. P Flag and I Flag) may be used.
- 5.2. The start & finish line will be between the course side of a yellow flag on the RC boat and the course side of a burgee displaying the regatta logo that shall be attached to a buoy.
- 5.3. The RC may opt to swap out the buoy mentioned in 5.2 with an orange spherical buoy

6. BREAKDOWNS:

- 6.1. Breakdown requests shall be filed in the same manner as protests.
- 6.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

7. PROTESTS:

- 7.1. Protests will follow a modified "3 Minute Justice Format" as described in the NOR
- 7.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

- 8. SCORING:** The regatta will be scored in accordance with ISSA Procedural Rules. Scores will be available on TechScore.

9. COACHING:

- 9.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from 0900 until 1515 on Sunday, May 23rd, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.
- 9.2. Coaching is only permitted between races, and shall not hold up sequential races.
- 9.3. Competitors may not converse with their coach in any way before they report a protest to the RC after the completion of a race.
- 9.4. Communication during a race, from a coach, or teammate that is not racing, is considered coaching and a protestable offense

10. SAFETY:

- 10.1. Competitors shall wear USCG approved lifejackets as outlined in Procedural Rule 2.2.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11. FORMAT:

- 11.1. This regatta shall be a two division fleet race event, with A & B divisions racing separately. Teams shall be ranked in order of combined results.

11.2. Each team shall be provided two boats, with one to be used for A Division races and the other to be used for B Division races. Boats shall not rotate between teams nor divisions.

12. WAIVER OF LIABILITY: Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 3, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law

COURSE CARD

Course	Mark Rounding Order
WA2	Start-1-1a-2s/2p-Upwind Finish
LA2	Start-1-1a-2s/2p-1-1a-Downwind Finish
WA3	Start-1-1a-2s/2p-1-1a-2s/2p-Upwind Finish

