



Notice of Race

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing, including Appendix D*, the ISSA Procedural Rules, and the NWISA District Rules.
- 1.2 Races will be umpired per the guidelines and protocols outlined in Appendix 7 of the ISSA Procedural Rules.
- 1.3 The US Sailing prescriptions to rule 60, 63.2 and 63.4 are deleted and will not apply.
- 1.4 The official notice board will be at the boat ramp info kiosk at Waterfront Park until racing starts, at which time it will be moved to the rotation float near the race course in Eagle Harbor.

2. ELIGIBILITY

- 2.1 A responsible adult leader must accompany teams at all times.
- 2.2 A team shall be 'active" as defined by the NWISA District rules and shall meet the eligibility requirements of the ISSA Procedural Rules.

3. ENTRY AND COMMUNICATIONS

- 3.1 Eligible schools shall register through the NWISA website link spreadsheet.
- 3.2 All visitors <u>please print, sign, and turn</u> in the waiver at check-in (see Appendix 2, p. 6 of this document). Please collect and turn in all waivers together for your team.
- 3.3 All participants must fill out the online COVID-19 Medical Questionnaire Saturday morning before arriving at Waterfront Park's launching area.
- 3.4 Teams unable to compete shall notify the regatta chairs as soon as possible.
- 3.5 Each competing program must have a damage deposit on file with NWISA per District Rule 7.3.

4. BOATS

4.1 Races will be sailed in fleets of 420Es and Flying Juniors. 420Es will race against FJs as if they were FJs in this regatta.





- 4.2 There <u>will not</u> be boat rotations among teams, but coaches may swap their sailors in and out within a three-boat team.
- 4.3 Hygiene and cleanliness should be maintained as much as possible.
 - High-touch surfaces should be sanitized when sailors on the same team rotate in and out of their assigned boats as well as at the end of the day.
 - Sailors should wash or sanitize their hands prior to and after sailing and throughout the day during the regatta.
- 4.4 Competitors shall report any damage to a boat or loss of equipment, however slight, to the Dock Captain or Race Committee immediately upon completion of the race in which it occurs.
- 4.5 A pair of sailors exiting a boat shall not leave the boat unattended until the boat is fully secured and put away under the direction of the team which owns the boat.
- 4.6 If boats and/or gear are damaged, the team(s) involved in causing the damage will be held responsible per NWISA District Rules.

5. SCHEDULE

Friday, April 9, 2021

1900 Virtual all-competitors meeting

https://us02web.zoom.us/j/81894448483?pwd=ZkFSaXBBbG9lZXRxN05hWFVaYjAvZz09

Saturday, April 10, 2021

- 0900 Report time, check-in, boat unloading for Bainbridge & Willamette
- 0945 Report time and check-in for Olympia
- 1000 Rigging, launching, and shuttling to floating docks
- 1100 First warning (racing will continue throughout the day)
- 1700 No race will be started after this time

5.1 Special Notes to Schedule

- No awards ceremony after race.
- Sailors should bring their own food and water.
- Sailors will need to eat their lunch on their own boats during breaks between races.
- Any changes to the schedule will be posted on the Official Notice Board as soon as possible with all attempts made to allow at least one hour prior to the change going into effect.





6. RACING AREA

- 6.1 The launching area will be the public dock at Eagle Harbor Waterfront Park (**APPENDIX** 1)
- 6.2 The racing area will be in Eagle Harbor (picture of race course below in **APPENDIX 1**).
- 6.3 Rotation floats with portatoilets will be moored adjacent to the Bainbridge Island Marina (see attached). Teams will be advised which float to use for breaks in order to maintain social distancing.

7. COURSES

7.1 Based on conditions, the race committee will determine the courses as prescribed in ISSA PR Appendix 6.

8. SCORING

8.1 The regatta will be scored in accordance with ISSA Procedural Rules, in particular rule 12 "Team-Racing Rules and Scoring."

9. TEAM TRAVEL Under COVID Transmission Mitigation Rules and Guidelines

- All volunteers, coaches and sailors must fill out the COVID-19 Screening link provided in Section 3.2.
- Carpools should be limited to household units during travel, otherwise masks should be worn or separate vehicles should be used.
- In order to fulfill contract tracing requirements, teams must keep and maintain regatta and practice attendance, including sailing pairs.
- Symptoms and exposure checks must be administered to each athlete, coach, and volunteer prior to a practice or regatta.
- Hygiene and cleanliness should be maintained as much as possible.
 - Shared equipment should be cleaned and sanitized on a regular basis.
 - Sailors should wash their hands prior to and after sailing and throughout the day during regattas.
- All team activities should remain outdoors and on-shore interactions between teammates and coaches should be minimised with social distancing whenever possible.

10. FACIAL COVERINGS

- Masks or doubled over gaiters must be worn on shore and on the docks.
- While racing, sailors should follow the policies of their own team.





 During wet or windy conditions, sailors are encouraged to remove face coverings while sailing, especially if multi-layered cotton.

11. COACHING and SPECTATING

- 11.1 Team leaders, chaperones, coaches, parents, and advisors who are not needed in race management support roles shall not be on the race course or communicating with sailors during races from the start of racing Saturday until the end of racing UNLESS an exception has been explicitly permitted by the regatta chair or PRO.
- 11.2 Competitors may receive coaching only while on the designated rotation float or on shore.
- 11.3 Viewing area for spectators will be at Pritchard Park on Eagle Harbor Dr. NE, Bainbridge Island, WA 98110 (shown at end of this NOR)

12. AWARDS

12.1 Results will be posted but there will not be awards.

13. OFFICIAL NOTICE FOR ALL PARTICIPANTS

13.1 No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. An alleged breach of this rule and/or other disciplinary matters that occur will be handled according to ISSA Procedural Rule 5.1.

14. REGATTA CONTACTS

Regatta Chairs:

Liz Bergan <u>Lizbergan@yahoo.com</u> Ph: 805-231-9699 John Bergan <u>ibergan@usc.edu</u> Ph: 650-243-7288





APPENDIX 1

Enter boat launch area from Shannon Drive SE (1 block south of Bjune). Volunteers will direct you for trailer parking and boat launching.



Spectators will be based at the Pritchard Park viewing area. Bring your chairs. Rotations will be conducted from the floats adjacent to the park and racing area.





APPENDIX 2

Please print, sign, and turn in the following waiver at CHECK-IN:

Sailor Name:
School Name:
WAIVER OF LIABILITY/RELEASE OF RISK INTERSCHOLASTIC SAILING ASSOCIATION (ISSA)
As the sailor who is at least 18 years old or as the parent/guardian of the above named student, I hereby acknowledge that sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The ISSA and race organizers (organizing authority, race committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the ISSA and race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
Date:
Signature of adult sailor or parent/guardian:
Print name:
Relation to named student (if under 18):



