



## **SAISA HIGH SCHOOL GIRLS CHAMPIONSHIP**

**Jacksonville University**

**May 13-14, 2023**

### **SAILING INSTRUCTIONS**

#### **1. RULES:**

1.1. The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, the SAISA Supplemental Rules, the Notice of Race and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.

1.2. The Organizing Authority (OA) is the South Atlantic Interscholastic Sailing Association in conjunction with Jacksonville University.

1.3. RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).

#### **2. NOTICE TO COMPETITORS:**

2.1. Official notices including changes to sailing instructions will be posted on the official notice board located at [www.scores.hssailing.org](http://www.scores.hssailing.org) Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect.

#### **3. SCHEDULE:**

3.1. Report time for Saturday will be 0930, and 1000 on Sunday. The number of races will be at the discretion of the regatta chairperson.

3.2. Boat assignments will be posted on Tech Score.

#### **4. COURSES AND MARKS:**

4.1. Courses will be in accordance with ISSA PR 7.8.

4.2. The race committee may designate course selection orally.

4.3. Marks will be small cylinders, orange for windward mark, green gate marks & yellow start/finish.

4.4. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

#### **5. START, FINISH, AND RECALLS:**

5.1. Races will start in accordance with ISSA PR 7.9(a).

5.2. Individual recalls will be made in accordance with RRS Appendix U4. Failure to hear, or the timing of the hail shall not be grounds for redress.

5.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.9(c) (Changes RRS 30.1).

5.4. The start & Finish line will be between a boat with a JAX SAILING flag and a yellow cylinder.

5.5 There may be a stand off buoy off the stern of the committee boat which will be an extension of the boat.

## **6. BREAKDOWNS:**

6.1. Breakdown requests shall be filed in the same manner as protests.

6.2. Breakdowns shall be scored in accordance with (ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

## **7. PROTESTS:**

7.1. Protests procedure will be in accordance with ISSA PR Part VI.

7.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

## **8. SCORING:**

8.1. Scoring will be in accordance with ISSA PR 9.

## **9. COACHING:**

9.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

9.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore from the designated areas.

## **10. SAFETY:**

10.1. Competitors shall wear USCG approved lifejackets as outlined in Procedural Rule 2.2.

10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

## **11. FORMAT:**

11.1. The race committee will attempt to complete a full rotation. FJ's will be sailed.

## **12. TROPHIES:**

12.1. Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta. First place winner will have their team name installed on the R.Q. Kress perpetual trophy.