



SPRING 2023 WRSC TIER 1 REGATTA

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), the Interscholastic Sailing Association Procedural Rules (ISSA PR), and the MASSA Procedural Rules. The Organizing Authority is MDSA.

2 NOTICES TO COMPETITORS

- 2.1 The Official Notice Board will be on the glass wall facing the water. All changes and announcements will be announced to everyone.

3 CHANGES IN SAILING INSTRUCTIONS

- 3.1 An attempt will be made to post/ hail changes to the sailing instructions near the rotation dock prior to the first race they are to take effect. However, RC can make changes by announcement and need not post in order to take effect.

4 SCHEDULE OF EVENTS

- 4.1

<u>Saturday</u>	<u>April 29TH, 2022</u>
0900	Report Time
0930	Competitor's Meeting
1000	First Warning Signal
1600	No Race Start After
- 3.2 There will be food and snacks for sale - while supplies last.

5 FORMAT

- 5.1 A full round robin will be attempted (12 races). After that, as many races as the RC decides before the "no start after" time
- 5.2 Two A-Division races will be sailed followed by two B-Division races, unless an odd number of races is sailed by each division. The Race Committee has the option of sailing three races in one rotation thus modifying the posted rotation
- 5.3 3 races in each division will constitute a regatta.

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6 BOATS & EQUIPMENT

- 6.1 Z420s will be provided. Competitors shall not modify any boat or cause them to be modified in any way. The tail of the jib halyard shall be led behind the spreader. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2 The Standing Rigging shall not be adjusted.
- 6.3 The penalty for infringing instruction 5.1 or 5.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 Competitors shall report all damage or loss of equipment, however slight, to the WRSC member appointed at the Competitor's meeting immediately after arriving on shore or to Race Committee Signal Boat on the water.
- 6.5 Breakdowns will be decided using ISSA Procedural Rules. Loss of cotter pins and rings will not be considered a breakdown. Failure of knots (except at the head of the main when it was determined there was not an opportunity to check it) will not be considered a breakdown.

7 ROTATION

- 7.1 The rotation of boats will be in accordance with the rotation sheets available on the Notice Board and also available on Techscore.
- 7.2 Rotation will be made off the WRSC dock. Please dock/rotate on the leeward side.

8 RACING AREA

- 8.1 The racing area will be in the waters off of the WRSC dock.



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9 COURSE AND MARKS

- 9.1 Course Diagrams will be posted on the Official Regatta Notice Board, located on the window of the waterfront glass wall and in Appendix D. The race committee, before the warning signal of each race, will hail the course to be sailed for that race.
- 9.2 Marks will be red inflatable balls.
Starting and finishing marks will be orange/pink inflatable balls.
- 9.3 The Race Committee may change a mark's position before the leading boat has begun the leg leading to that mark. There will be no signal for a course change. This modifies RRS 33.
- 9.4 The start and finish lines will be between an orange flag on the Race Committee Boat and a nearby mark.

10 STARTING SYSTEM AND RECALLS

- 10.1 Races will be started in accordance with ISSA PR 7.8.
- 10.2 Individual recalls will be made in accordance with RRS Appendix U.
- 10.3 General recalls will be signaled by a series of short whistles. This modifies RRS 29.2 and Race Signals.
- 10.4 Note that ISSA PR 7.8(b) states that following a general recall, the "Round-the-Ends Rule" provisions of RRS 30.1 will be automatically in effect for that race. There will be no visual signal. This modifies RRS 30.1 and Preparatory Signals.
- 10.5 The "Round-the-Ends Rule" provisions of RRS 30.1 may apply for any start if hailed prior to the starting sequence. This signal may be made orally. Flag I need not be displayed (Changes RRS 30.1).

11 PROTESTS AND REQUESTS FOR REDRESS

- 11.1 A boat need not fly a red flag immediately after an incident to signify a protest, but she must comply with PR 16(a) and RRS 61.1. A boat must notify the Race Committee immediately after finishing about her intention to protest and must identify the party or parties being protested. This modifies PR 16(b). Protests and requests for redress (including breakdowns) must be submitted to the Race Committee at the regatta desk within 30 minutes of the protestor reaching the beach following the set of races involved in the incident. Forms will be available at the regatta desk.
- 11.2 Hearings will be held in the Conference Room as soon as possible and may be held

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between sets of races.

12 SCORING

12.1 Scoring will be in accordance with ISSA PR II.

13 SAFETY

13.1 Competitors shall wear USCG approved Type III or V personal flotation devices (PFDs) at all times while in a boat after departure from the dock until return to the dock. Inflatable type PFDs are not permitted.

13.2 Competitors will be required to wear a dry suit or a wet suit at all times while in a boat after departure from the dock until return to the dock when the water temperature is less than 60°F or the combined water and air temperature is less than 120°F. Those not wearing a drysuit on the water will be asked to sail in and put one on which could also lead to a DNC or DSQ score.

13.3 If the safety of the crew or boat is in jeopardy or if the progress of the regatta is affected, the Race Committee may require a boat to accept assistance and retire from the race.

14 SEAMANSHIP

14.1 Contestants are expected to handle boats and equipment in a safe and seamanlike manner. Sailing the boats up to the fixed pier or floating docks at more than a dead slow speed will be considered unseamanlike. The Race Committee, afloat or ashore, will protest such actions. Violation of this provision may be grounds for disqualification from the last race sailed or for excluding a team from any or all of the remaining parts of the event.

14.2 Contestants are expected to roll sails on the grass and not drag them on the dock at any time

15 COACHING

15.1 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

15.2 Coaches, team leaders, chaperones, advisors, parents, or other support personnel may go afloat in the sailing area while assisting with race management.

15.3 Competitors may receive coaching, including instruction, assistance, equipment,

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or sustenance, only while on or near the WRSC Docks.

- 15.4 All support personnel are encouraged to bring their own portable chairs and foul weather gear. Spectators and observers will be ashore without any cover.

16 TRASH DISPOSAL

- 16.1 Boats shall not put trash in the water. Sailors ashore shall place trash in the appropriate receptacles (Changes RRS 55). There are recycling and trash bins on the brick patio, inside the clubhouse, and near the front gate.

- 16.2 Breach of this rule will be grounds for disqualification.

17 SUBSTANCE ABUSE & BEHAVIOR

- 17.1 Participants are expected to act in a sportsmanlike manner at all times on and off the water throughout the entire event.

- 17.2 Immediately before, during, and immediately after, no contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation or other discipline expectations occurring during the event may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the MASSA Board of Directors, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

18 DISCLAIMER OF LIABILITY

- 18.1 Competitors participate in the regatta entirely at their own risk. See RRS Part 1 – Fundamental Rules, #4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta, or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

19 RIGHTS TO USE NAME AND LIKENESS

- 19.1 By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

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APPENDIX D

Courses will be Windward-Leewards as drawn to the left and will be designated by the letter W posted on the starboard side of the signal boat. The number of legs will be designated after the letter (i.e. "W4" indicates windward, leeward, windward, then finish to leeward). The course will be posted prior to the Warning signal.

Race Committee reserves the right to add an offset at the windward mark

