

Indian Harbor Yacht Club on-the-water EMERGENCY Procedure

PREREQUISITES

- Once on the water, coach(es) should assume they will not be supported by IHYC shore-side assets.
- All personnel participating in IHYC-sanctioned events have been trained on and are familiar with the procedure defined below.
- All coaches are certified in First Aid and CPR, and will serve as on-the-water First Responders.
- All coach/safety boats are properly equipped, and all coach(es) are properly outfitted.
- Coaches are within 1.5 miles of IHYC e.g. Inside Captain Harbor – outside of this range, hailing Greenwich Marine Police on VHF channel 16 may be the most appropriate course of action.

PROCEDURE

Injured Sailor(s) Signal For Help

- Any sailor who experiences an accident or injury that requires assistance from the coaching staff will signal for help using a whistle and/or by slowly and repeatedly raising an lowering both arms and/or by lowering sails.

Coach(es) Assist Injured Sailor(s)

- The coach closest to those in need will proceed to the scene and render assistance.
- While enroute to the scene, communicate with other coaches (if available) via VHF radio and inform them of the nature of the emergency. Have them prepare to call for shore-side assistance.

If Required, call 203-622-8044 to obtain assistance from Greenwich Marine Police Emergency Personnel

- If it becomes obvious that assistance will be required from shore-side emergency personnel, direct another coach to CALL 203-622-8044. If alone, direct an available sailor to board the safety boat and task them to CALL 203-622-8044. Continue to render assistance to the injured sailor(s).
- The person making the call shall inform the operator of the nature of the emergency and what assistance is required. For example:

I am currently rendering assistance to an injured sailor. (See Chart On The Reverse)

I require the support of emergency medical personnel. I am transporting the injured sailor to the Indian Harbor Yacht Club at 710 Steamboat Rd., Greenwich CT, 06830. My

contact information is: _____ (Give Cell Phone Number), IHYC Front Desk 203-869-2484 or Sailing Director cell 203-496-0126 (if it has been established Sailing

Director is on site).

If required, transport injured sailor(s) to the IHYC North Dock (by cranes), and inform shoreside personnel of situation

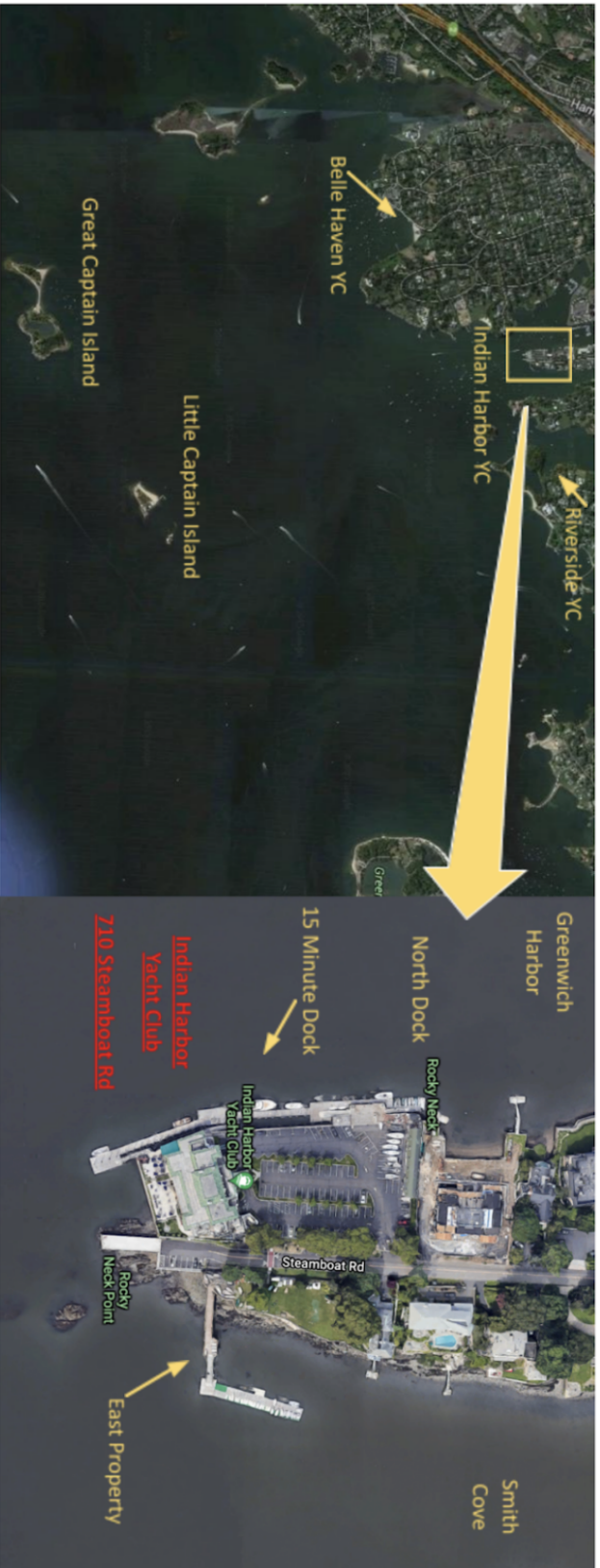
- Marine Department Manager (Dustin) cell phone number 631-949-3262.
- Using techniques appropriate to the injury, bring the injured sailor(s) aboard the safety boat.
- Proceed at maximum safe speed (traffic dependent) to the IHYC North Dock.
- Continue to render assistance to the injured sailor(s).

Debrief incident with Sailing Director and/or General Manager.

OPTIONS If IHYC Shore-side Support is Available: Call for IHYC shore-side support by cell phone or VHF radio.

Other Sailing Activity is Occurring In The Vicinity of the Accident: Call for support from others in the vicinity using the VHF channels and/or cell phones. (Contact information is provided on the reverse).

Captain Harbor and Detail of Indian Harbor Yacht Club



Organization	VHF Channel	Phone	Alt. Phone
Marine Police / Emergency	16	203-622-8044	911
IHYC Launch / Marine	68	203-869-2484 x219	631-949-3262
IHYC Sailing Director	68	203-496-0126	
Belle Haven Yacht Club	72	203-861-5353	
Riverside Yacht Club	74	203-637-1706	908-783-7572