

Sailing Instructions – 2025 Zimba MBL Fleet Race Championship

1. Rules

The regatta shall be governed by the RRS, ISSA PR, NESSA PR and By-laws, including Article L, and these sailing instructions.

2. Registration

- 2.1 All teams must check-in at the registration upon arrival on both Monday and Tuesday.
- 2.2 Teams not based at CBI must submit a completed "Waiver" form.
- 2.3 There is no entry fee or charge for food.

3. Notice to Competitors and Changes to the Sailing Instructions

Adjustments to the format (if necessary) will be posted on the bulletin board and will be given orally to the coaches at the appropriate time during the event.

4. Schedule of Races

Monday, May 19, 2025

- 1500-1545 Registration/check in at CBI
There will be NO competitors' meeting
- 1600 First warning signal
- 1800 Approximate end of racing

Tuesday, May 20, 2025 (Please check in when you arrive.)

- There will be no competitor's meeting**
- 1600 First warning signal
- 1730 Approximate end of racing
- 1800 Light dinner for competitors
- 1830 Announcement of results and awards

5. Format

- 5.1 Racing shall occur in 4 fleets or divisions: 420 A, 420 B, Mercury Gold, and Mercury Silver.
- 5.2 **The 420 A Division will race on Monday only. The 420 B Division will race on Tuesday only.** The Race Committee will attempt to have an equal number of races for each 420 Division, but all races will be counted even if the numbers of races in the two divisions are not equal.
- 5.3 **The Mercury Gold and Mercury Silver Divisions will sail both days, using the same sail numbers.**
- 5.4 **Sailors may not sail in more than one division, but in the Mercury divisions, different (additional) sailors may be used on the second day.**

6. Boats and Equipment

- 6.1 420's and Cape Cod Mercury's will be used. CBI will ferry 420 sailors to their boats. Mercs will be at the dock.
- 6.2 Standing rigging may not be adjusted by the competitors. Mainsheet purchases may not be adjusted by the competitors.
- 6.3 Competitors must report all damage or loss of equipment, however slight, to the Race Committee finish boat, the mark boat, or to the dock master upon returning to dock. Breakdowns resulting from anything that could have been reasonably prevented by a thorough inspection by the sailors before racing shall not be subject to redress.
- 6.4 Merc sails can be put on any Merc hull and may be found in the lockers. 420 sail location will be noted at CBI.

7. Rotation

There will be no rotation of boats. On Tuesday, teams will be assigned a different 420 than their team sailed on Monday. The Mercury sails assigned to each team at registration will be used on both days of the regatta. Mercury hulls may be chosen from the available hulls. Mercury hull numbers do not need to match sail numbers.

8. Racing Area

The racing area will be in Charles River Basin.

9. Marks

Marks will be as described by the Race Committee on each course.

10. Course

- 10.1 The 420 course will probably be windward-leeward with start-finish line in the middle. An offset mark and/or a leeward gate may be used at the discretion of the Race Committee.
- 10.2 The Mercury Gold and Mercury Silver courses will be modified port triangles or as described above for the 420s.
- 10.3 The start and finish lines will be between the mast of the Committee Boat and the nearby mark.

11. Starting System

Races will be started in accordance with RRS Appendix S – Sound-Signal Starting System.

12. Recalls

- 12.1 Individual recalls shall be signaled by the hail of the sail number in accordance with RRS Appendix S – Sound-Signal Starting System.
- 12.2 After a General Recall, the “round the ends rule” provisions of RRS 30.1 shall apply. Flag I need not be displayed. (This changes RRS 30.1.) The “round the ends rule” shall apply for the remainder of the day.

13. Protests and Requests for Redress

- 13.1 Protesting boats must hail the protested boat at the time of the incident and upon completion of the race must notify the Race Committee and the protested boat that they are being protested. Failure to do so may be grounds for disallowing the protest.
- 13.2 Protests and requests for redress must be filed orally with Committee Boat and in writing at the registration/scorer’s desk within 10 minutes of returning to the dock. Protest forms will be available at the registration/scorer’s desk. Protesting boats may drop their sails and temporally secure their boats in order to meet the 10 minute time limit.
- 13.4 Coaches of the interested parties shall not be on the Protest Committee.
- 13.5 Race Committee Protests -A member of the race committee or protest committee intending to protest a boat, following an incident that is observed in the racing area, may (but is not required to), at the first reasonable opportunity, inform the boat by making a sound signal, hailing "protest" and her sail number. The signaled boat is then allowed to take an alternate penalty, as available under RRS 44 as amended here (Changes RRS 61.1(b).)
- 13.6 In any of the fleets, there may be a judge boat on the course.
- 13.7 **Alternative Penalty: The two turn penalty shall be changed to a one turn penalty for fouls outside the zone and a two turn penalty for fouls inside the zone. (Changes RRS44.1)**

14. Safety

- 14.1 Competitors who need assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 14.2 Starts will not be delayed to accommodate competitors who capsize their boat.
- 14.3 If a rescue boat deems it appropriate to offer assistance to a competitor, the competitor may not refuse said assistance.
- 14.4 **All 420 sailors are required to wear helmets while sailing.** Helmets need not be specifically made for sailing. Teams that have them should wear their pinnies.

15. Coaching

- 15.1 ISSA PR 8 shall apply.
- 15.2 RP must be completed in TechScore by a coach for each team before the regatta is done. Each division will be set up as a separate regatta on TechScore, and sail number assignments and scores for the four divisions will also appear there. Teams not registered with NESSA, and thus not in TechScore, will appear as Unregistered NESSA – MBL Coop #. Translation of an unregistered team’s MBL Coop # to the actual team name will appear in the TechScore regatta summaries.

Appendix A

