



2025 MDISA Team Race Qualifier

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the current Racing Rules of Sailing, including Appendix D. The ISSA Procedural Rules, the Scholastic Dinghy Class Rules, and Code of Conduct, this NOR and the Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence. This modifies RRS 63.7.
- 1.2 RRS Appendix D 1.1(d) will be in effect.
- 1.3 On-the-water umpire decisions are final and not protestable.

2 NOTICES TO COMPETITORS

- 2.1 Official notices including changes to the sailing instructions will be posted on the Notice Board on Techscore and on the glass wall (Notice Board Window) facing the water.
- 2.2 Changes to the sailing instructions shall be approved by the MDISA Representative, Principal Race Officer, and Race Chair,
 - A They will be posted no later than one half hour prior to the first warning signal of the round it will take effect.
 - B Changes may be made at the Competitors meeting.

3 FORMAT

- 3.1 The number of races each day will be at the discretion of the regatta chair.
- 3.2 Rotation schedules and boat assignments will be posted on Tech Score after the skipper's meeting
- 3.3 The intended initial format for the event is:
 - A Two full round-robin amongst all teams. This may be altered to one round-robins at any time given time and weather constraints.
 - B A gold or "championship" round comprised of a number of teams as determined by the OA, Race Chair and PRO.

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C A silver round comprised of a number of teams as determined by the OA, Race Chair and PRO.

D Scores carry forward from any and all round-robins onwards to any and all gold/championship or silver rounds, as per RRS Appendix D 4.3(c).

3.4 The OA, in consultation with the MDISA Representative, Principal Race Officer and Race Chair, may terminate or alter format in progress, change assigned boats, change the order of races or make such other arrangements as may be necessary to conclude the event. This changes RRS D4.2(b) and ISSA PR 12.3.

4 BOATS & EQUIPMENT

4.1 Z420s will be provided. Competitors shall not modify any boat or cause them to be modified in any way. The tail of the jib halyard shall be led behind the spreader. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1. The Standing Rigging shall not be adjusted.

4.2 The penalty for infringing instruction 4.1 will be disqualification from all races sailed in contravention of those instructions.

4.3 The boats have been equalized in performance potential to the extent possible and organized into fleets.

Claims regarding the performance of the boats will not be grounds for a redress request. This changes rule 62.1(a).

5 COURSE AND MARKS

5.1 Courses will be in accordance with ISSA PR Appendix 6 (Digital N Course)

5.2 All marks will be orange/red hippy-hops, and white hippity-hops for the start/finish line pin.

6 START/FINISH AND SIGNALS

6.1 Races will be started in accordance with ISSA PR 7.9

6.2 ISSA PR 7.9(c) shall not apply.

6.3 The start/finish line will be between an orange flag on a race committee boat and a white hippity hop.

7 BREAKDOWNS

7.1 Breakdown requests shall be filed in the same manner as protests.

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- 7.2 Breakdowns shall be scored in accordance with ISSA PR 11.2. Compensation shall be consistent with ISSA PR Appendix 3.
- 7.3 Competitors are responsible for inspecting their assigned boats before each race for possible breakdowns and missing equipment.
- 7.4 Competitors shall report any damage, breakdown, or loss of equipment, however slight, to the regatta representative managing rotations on the changing dock immediately upon arriving on shore and to the race committee finish-boat on the water immediately after all boats in their race have finished. Compliance with this instruction is required regardless of whether a scoring change for a breakdown is being requested. Failure to make this report will be subject to such penalty as the protest committee may impose, including loss of one or more race wins. This changes RRS 64.1(a).

8 UMPIRING

- 8.1 RRS D2 shall apply for all races.
- 8.2 The red flag requirement is deleted in RRS 61.1(a), D1.2(c) and D5.2, and Appendix D is modified below as follows: RRS D2.2(a) is changed by replacing the phrase "display a red flag" with "display a raised open hand."

9 PROTESTS AND REQUESTS FOR REDRESS

- 9.1 Protests procedure will be in accordance with ISSA PR Part VI and Appendix D2.
- 9.2 An umpire shall signal a decision with long sound and the display of a flag for no penalty as follows: a green flag or a green and white flag. This changes RRS D2.4(a).
- 9.3 In lieu of displaying a black flag, an umpire may hail, "black flag" or "report incident to the protest committee". This changes ISSA PR Appendix 7.
- 9.4 For protests not involving a rule listed in rule D2.2, competitors shall inform an umpire or the race committee at the finish or at the first opportunity prior to rotating boats or going ashore.
- 9.5 The protest time limit for requests for redress on an incident in the racing area that is to be heard on shore and for a breakdown request to be heard on shore is 15 minutes from the time the team rotates out of boats and shall be submitted in writing to the scorer.

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- 9.6 Should a redress, or scoring change hearing be necessary ashore, the time, place and nature of the hearings will be posted on the Official Notice Board no later than 30 minutes after the race committee signal boat docks.
- 9.7 The umpires will, when appropriate, attempt to hear protest, requests for redress, and requests for scoring changes while afloat.
- 9.8 Video, data and/or photographs taken from any source shall not be presented by the competitors as evidence at protest hearings. This changes RRS 63.6.

10 SCORING

- 10.1 Scoring will be in accordance with ISSA PR 12.
- 10.2 Finish in Place: A competitor may be finished in place by the race committee in the interest of time efficiency. Such cases will be advised to each competitor at that time.

11 SAFETY

- 11.1 Competitors shall wear USCG approved Type III or V personal flotation devices (PFDs) at all times while in a boat after departure from the dock until return to the dock. Inflatable type PFDs are not permitted.
- 11.2 Competitors should wear a drysuit or a wetsuit at all times while in a boat after departure from the dock until return to the dock when the combined water and air temperature is less than 120°F. The OA reserves the right to require drysuits/wetsuits when the water temperature is less than 60°F
- 11.3 At its discretion, the Race Committee or Organizing Authority may require a competitor to accept assistance and/or retire from racing if the progress of the regatta is affected or if the competitor is determined to be a risk to their own or others' safety
- 11.3 A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

12 SEAMANSHIP

- 12.1 Contestants are expected to handle boats and equipment in a safe and seamen like manner. Sailing the boats up to the fixed pier or floating docks at more than a dead slow speed will be considered unseamanlike. The Race Committee, afloat or ashore, will protest such actions. Violation of this provision may be grounds for disqualification from the last race sailed or for excluding a team from any or all of the remaining parts of the event.

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- 12.2 Contestants are expected to roll sails on the grass and not drag them on the dock at any time

13 TRASH DISPOSAL

- 13.1 Boats shall not put trash in the water. Sailors ashore shall place trash in the appropriate receptacles. There are recycling and trash bins on the brick patio, inside the clubhouse, and near the front gate.
- 13.2 Breach of this rule will be grounds for disqualification.

14 SUBSTANCE ABUSE & BEHAVIOR

- 14.1 Participants are expected to act in a sportsmanlike manner at all times on and off the water throughout the entire event.
- 14.2 Immediately before, during, and immediately after, no contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation or other discipline expectations occurring during the event may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the MASSA Board of Directors, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

15 DISCLAIMER OF LIABILITY

- 15.1 Competitors participate in the regatta entirely at their own risk. See RRS Part 1 – Fundamental Rules, #4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta, or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

16 RIGHTS TO USE NAME AND LIKENESS

- 16.1 By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.