

ISSA HIGH SCHOOL NATIONAL INVITATIONAL TOURNAMENT
For the
FOUNDERS TROPHY

To be held at
Norfolk Yacht and Country Club
7001 Hampton Blvd, Norfolk, VA 23505
May 17-18, 2025

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing including Appendix D*, the [ISSA Procedural Rules](#), the [ISSA National Championship General Conditions](#) and the [Scholastic Dinghy Class Rules](#) and the ISSA code of Conduct (**PR Appendix 1**). In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.
- 1.2. All races will be umpired. **RRS D2** applies.
- 1.3. **RRS D 1.1 (d)** shall apply. "When stated in the sailing instructions, rule 20.4 is changed so that the following arm signals are required in addition to the hails: (1) for room to tack, repeatedly and clearly pointing to windward; and (2) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.
- 1.4. The red flag requirement is deleted in RRS, D1.2(2), D2.1(c) and D5.2. **RRS D2.1(b)** is changed by replacing the phrase "display a red flag" with "display a raised open hand".

2. NOTICE TO COMPETITORS:

- 2.1. Official notices will be posted on the official notice board located on Tech Score, and on the Official Notice Board located in front of the sailing center.
- 2.2. Changes to the sailing instructions shall be approved by the Chief Umpire and the MASSA representative and posted to the Official Notice Board later than one half hour prior to the first warning signal on the day it will take effect.

3. SCHEDULE and FORMAT:

- 3.1. Report times each day are listed in the NOR.
- 3.2. The number of races each day will be at the discretion of the PRO.
- 3.3. Rotation schedules and boat assignments will be posted on Tech Score after the competitor's meeting.
- 3.4. Scores will carry over for all complete round robins. Rank groups will be established prior to top, bottom, and/or final rounds.
- 3.5. PLAN A: Two full qualifying round robins of all 10 teams followed by a final four phase will be attempted. (96 races)
- 3.6. In accordance with ISSA **PR 11.3**, if conditions make the PLAN A format unmanageable, the PRO and Chief Umpire may alter the format at any time as they deem fair to ensure an equitable determination of the winner. If it is necessary to change the format, the priority protocol is as follows:
 - 3.6.1. Plan B: Two full round robins. (90 races)
 - 3.6.2. Plan C: One full round robin with a top 6, bottom 4, and a final 4. (72 races)
 - 3.6.3. Plan D: One full round robin with a top 6, and a final 4. (66 races)

- 3.6.4. Plan E: One full round robin and a final 4. (51 races)
- 3.6.5. Plan F: If only the Qualifying Round has been completed, the results will stand as the championship. **If any of the subsequent round robins (Championship, Silver, or Bronze) have been completed, the results of the completed round robins will stand. If the final round of the regatta has been 80% completed, results of this round will stand. Otherwise,** results from incomplete round robins may be used in tiebreakers. This changes ISSA **PR 11.1(c)**.
- 3.6.6. Plan G: If the PRO, Chief Umpire, and ISSA Representative deem that it is unmanageable to complete the Qualifying Round in the time allotted, then the regatta reverts back to the results through Race #20. At that point each school will have sailed against each of the four other schools in their predetermined divisions. Schools will be ranked 1st through 5th within each division, and one of the following Sail-off Options will be chosen in the following priority order:
 - 3.6.6.1. Option 1: The top two schools in each division will sail a Final Four Round (single or double round-robin as time allows. If time allows, additional round robins may be sailed to determine places 5-8 and 9-12.
 - 3.6.6.2. Option 2: The top school from each division will sail off for first and second place, and then the second-place school in each division will sail off for third and fourth place. These sail-offs will be best two of three. If time allows, other races to determine places 5-12 may then be scheduled.
 - 3.6.6.3. Option 3: If time and conditions do not permit any more races, the top school in each division will tie for the Championship and the second-place team from each division will tie for third place. This changes **PR 11.1**.
 - 3.6.6.4. The divisions for 3.5.6 are:
 - Division A: Hampton Roads Academy, Stony Brook, Barrington, East Greenwich, and New Trier
 - Division B: Severna Park, Norfolk Academy, Green Farms, Gig Harbor, and Arrowhead

4. COURSES AND MARKS:

- 4.1. Courses will be in accordance **with ISSA PR 7.8 and ISSA PR Appendix 10 (Digital N Course)**
- 4.2. All marks will be orange balls. Starting and Finishing pins will be white.

5. START/FINISH AND SIGNALS:

- 5.1. Races will start in accordance with **ISSA PR 7.9**.
- 5.2. The start line will be between an orange staff on the race committee boat and a white pin. The finish line will be between a blue flag on the finish boat and a white pin.

6. BREAKDOWNS:

- 6.1. Requests for redress shall be filed in the same manner as protests.
- 6.2. Breakdowns shall be scored in accordance with **ISSA PR 11.2**. Compensation shall be consistent with **ISSA PR Appendix 5**.
- 6.3. **Rule D5** applies to breakdowns. However, **rules D5.3 and D5.4** are changed as follows – in each, “race committee” is changed to “protest committee.”
- 6.4. Competitors are responsible for inspecting their assigned boats before each race for possible breakdowns and missing equipment.
- 6.5. Competitors shall report any damage, breakdown, or loss of equipment, however slight, to the regatta representative managing rotations on the changing dock immediately upon arriving on shore and to the race committee finish-boat on the water immediately after all boats in their race have finished. Compliance with this instruction is required regardless of whether a scoring

change for a breakdown is being requested. Failure to make this report will be subject to such penalty as the protest committee may impose, including loss of one or more race wins. [DP]

7. PROTESTS AND REQUESTS FOR REDRESS:

- 7.1. Protests procedure will be in accordance with **ISSA PR Part VI and RRS D2**.
- 7.2. In lieu of a green and white flag, an umpire may display a green flag. This changes **RRS D2.4(a)**.
- 7.3. In lieu of a black and white flag, an umpire may display a black flag. This changes **RRS D2.4(c) and D1.2(b)(1)**.
- 7.4. For protests not involving a rule listed in rule D2.2, competitors shall inform an umpire or the race committee at the finish or at the first opportunity prior to rotating boats or going ashore.
- 7.5. The protest time limit shall be 30 minutes from the end of the round in which the incident occurs or when the race committee vessel docks at the end of the day, whichever is sooner. Requests shall be submitted to the scorer at the Official Notice Board.
- 7.6. Should a redress hearing be necessary ashore, the time, place and nature of the hearings will be posted on the Official Notice Board no later than 30 minutes after the race committee signal boat docks.
- 7.7. The umpires may, when appropriate, attempt to hear protest, requests for redress, and requests for scoring changes while afloat.
- 7.8. Video, data and/or photographs taken from any source shall not be presented by the competitors as evidence at protest hearings. This changes **RRS 63.4**.

8. SCORING:

- 8.1. Scoring will be in accordance with **ISSA PR 11**.

9. SAFETY:

- 9.1. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 9.2. At its discretion, the Race Committee or Organizing Authority may require a competitor to accept assistance and/or retire from racing if the progress of the regatta is affected or if the competitor is determined to be a risk to their own or others' safety.