

SEISA Girls Championship  
Hosted by Community Sailing New Orleans

March 28, 2025

**Sailing Instructions**

**1. RULES:**

1.1. The regatta will be governed by the Racing Rules of Sailing 2025-2028, the prescriptions of US SAILING, the ISSA Procedural Rules, the SEISA district rules, this Notice of Race, and these Sailing Instructions. RRS Appendix P is in effect modified per ISSA Procedural Rule 14(c).

1.2. The organizing authority is SEISA in conjunction with Community Sailing New Orleans

**2. NOTICE TO COMPETITORS:**

2.1. The Official notice board will be in the CSNO classroom on the 2nd floor of the building

**3. SCHEDULE:**

- Saturday, March 18:
  - 9:00-9:30 Check-in and rigging at Community Sailing New Orleans
  - 9:30 Competitors Meeting
  - 10:30 First Warning. Racing throughout the day. Competitors will come to shore for a lunch break if racing begins on time. 7 Races will be attempted. Awards to follow as soon as possible after racing.

**4. COURSES AND MARKS:**

4.1. Course will be WL as listed in the ISSA PR Appendix 9. The course is also shown at the end of these sailing instructions. Note that the offset mark (O) may or may not be used. If mark O is not in the water, than boats shall sail the course as Start-W-Gate-Finish

4.2. Boats may sail through the start/finish line while on the downwind leg of the course.

4.3. All marks will be balls of any color

4.4. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

## **5. SHORTENING AND ABANDONING RACES:**

5.1. In accordance with ISSA PR 7.8(d) races will not be shortened, they will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.

## **6. START, FINISH, AND RECALLS:**

6.1. Races will start in accordance with ISSA PR 7

6.2. After a general recall, RRS 30.1 shall be in effect except that flag I need not be displayed in accordance with ISSA 7.9(c). (Changes RRS 30.1)

6.3. The start line will be between the staff from which an orange flag is displayed on the race committee signal boat and the course side of the start/finish mark.

6.4. The finish line will be between the staff from which an orange flag is displayed on the race committee signal boat and the leeward side of the start/finish mark.

## **7. PROTESTS:**

7.1. Per procedural rule 8(b), competitors shall not communicate with a coach before reporting the race committee their intent to protest.

## **10. SCORING:**

10.1. Scoring will be in accordance with ISSA Procedural Rule 9.

## **11. RECORD OF PARTICIPATION:**

11.1. ISSA PR 4.3 – Record of Participation applies.

## **12. COACHING:**

12.1. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or location on the water to be designated at the Competitors' Meeting. Spectators are permitted to go on the water, but must remain outside the course and start area. Space will be available on Community Sailing Powerboats for coaches and extra sailors. All personnel are encouraged and expected to render assistance to any boat in need, regardless of Team. [Modifies ISSA PR 8(a)].

## **13. SAFETY:**

13.1. All competitors must wear USCG approved wearable lifejackets at all times while on the water, except to quickly change clothing; see PR 2.2.

13.2. A boat that retires from a race shall notify the race committee either before leaving the course or as soon as possible.

13.3. The Race Committee may require the use of reduced area sails and/or mast floats as provided

#### 14. WAIVER OF LIABILITY:

14.1. Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

14.2. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

#### 15. RIGHTS TO USE NAME AND LIKENESS:

15.1. By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

#### 16. COURSE DIAGRAM:

